



Counseling, Social Work and Human Services

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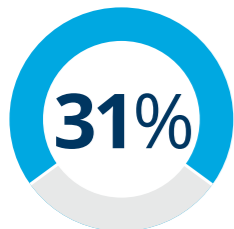


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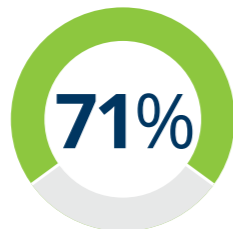


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COUNSELING

ASSESSMENT AND TESTING

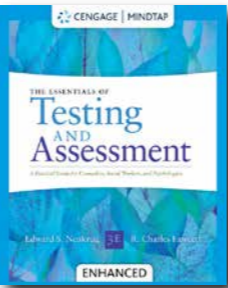
ESSENTIALS OF TESTING AND ASSESSMENT, 3E

A Practical Guide for Counselors, Social Workers, and Psychologists, Enhanced

Edward S. Neukrug, *Old Dominion University*; R. Charles Fawcett, *University of Virginia*

© 2020, 368pp, Paperback, 9781285454245

CENGAGE | MINDTAP ebook



Neukrug and Fawcett's ESSENTIALS OF TESTING AND ASSESSMENT: A PRACTICAL GUIDE FOR COUNSELORS, SOCIAL WORKERS, AND PSYCHOLOGISTS, ENHANCED, 3rd Edition, offers a comprehensive and easy-to-read introduction to the concepts and applications of assessment and testing. Case vignettes, samples of real tests, and additional activities and exercises help you grasp and understand the material.

CONTENTS

Section I: UNDERSTANDING THE ASSESSMENT PROCESS: HISTORY, ETHICAL AND PROFESSIONAL ISSUES, DIAGNOSIS, AND THE ASSESSMENT REPORT. 1. History of Testing and Assessment. 2. Ethical, Legal, and Professional Issues in Assessment. 3. Diagnosis in the Assessment Process. 4. The Assessment Report Process: Interviewing the Client and Writing the Report. Section II: TEST WORTHINESS AND TEST STATISTICS. 5. Test Worthiness: Validity, Reliability, Cross-Cultural Fairness, and Practicality. 6. Statistical Concepts: Making Meaning Out of Raw Scores. 7. Statistical Concepts: Creating New Scores to Interpret Test Data. Section III: COMMONLY USED ASSESSMENT TECHNIQUES. 8. Assessment of Educational

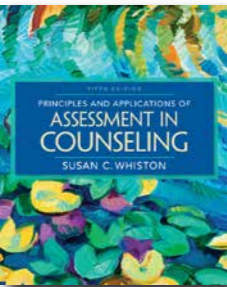
Ability: Survey Battery, Diagnostic, Readiness, and Cognitive Ability Tests (Updated). 9. Intellectual and Cognitive Functioning: Intelligence Testing and Neuropsychological Assessment (Updated). 10. Career and Occupational Assessment: Interest Inventories, Multiple Aptitude, and Special Aptitude Tests (Updated). 11. Clinical Assessment: Objective and Projective Personality Tests (Updated). 12. Informal Assessment: Observation, Rating Scales, Classification Methods, Environmental Assessments, Records and Personal Documents, and Performance-Based Assessment.

PRINCIPLES AND APPLICATIONS OF ASSESSMENT IN COUNSELING, 5E

Susan C. Whiston, *Indiana University*

© 2017, 416pp, Paperback, 9780357670637

CENGAGE | MINDTAP ebook



Created specifically for counseling students, this text provides you with a comprehensive introduction to assessment and focuses on the importance of using assessment results to monitor and evaluate the efficacy of counseling. Case studies throughout the book help you learn to apply principles to real life. Updated throughout to prepare you for your future work, this edition includes material on the DSM-5 and corresponds to the 2014 Standards for Educational and Psychological Testing as well as to the 2016 CACREP Standards. MindTap, an online learning experience built on the book's content, is available with the text. MindTap guides you through the course and helps you master concepts by combining readings, video examples and other multimedia, applied activities, and assessments into a singular Learning Path.

CONTENTS

1. Assessment in Counseling. 2. Basic Assessment Principles. 3. Reliability. 4. Validity and Item Analysis. 5. Ethical and Legal Issues in Assessment. 6. Issues Related to Assessment with Diverse Populations. 7. Selecting, Administering, Scoring, and Communicating Assessment Results. 8. Initial Assessment in Counseling. 9. Intelligence and General Ability Testing. 10. Assessing Achievement and Aptitude: Applications for Counseling. 11. Assessment in Career Counseling. 12. Appraisal of Personality. 13. Behavioral Assessment. 14. Assessment in Marriage and Family Counseling. 15. Diagnosis. 16. Monitoring and Evaluating Counseling. Appendix A: Section E, ACA Code of Ethics. Appendix B: z scores. Appendix C: Standards for Multicultural Assessment, Fourth Revision, 2012. References.

CAREER COUNSELING

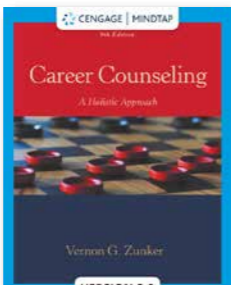
CAREER COUNSELING, 9E

A Holistic Approach

Vernon G. Zunker, Emeritus, Southwest Texas State University

© 2016, 512pp, Hardback, 9781305087286

CENGAGE | MINDTAP ebook



Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, 9th Edition equips you with a solid understanding of the theoretical models of career counseling as well as practical techniques on how

to effectively counsel clients. The text's innovative holistic or "whole person" approach demonstrates how to consider a client's values, temperament, talents, and passions when trying to determine his or her best career fit. Thoroughly revised and updated, the ninth edition includes chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life. The text is also packed with exercises, tables, and other tools to help you maximize your success in class-and on the licensing exam.

CONTENTS

Part I: FOUNDATIONS AND RESOURCES. 1. Historical Development and Some Basic Issues. 2. Theories of Career Development. 3. Career Counseling Models. 4. Integrating Career and Personal Counseling. 5. Career Counseling Intake Interview. 6. Using Standardized Tests and Self-Assessment in Career Counseling. 7. The Impact of New Technology on Work, Career Development, and Learning Platforms. 8. On Being an Ethical Career Counselor. Part II: CAREER COUNSELING FOR SPECIAL POPULATIONS. 9. Career Counseling for Multicultural Groups. 10. Gender Issues and

Dual Careers. 11. Career Counseling for Gay, Lesbian, Bisexual, and Transgendered Clients. 12. Career Counseling for individuals with Disabilities. Part III: CAREER TRANSITIONS AND ADULT DEVELOPMENT CONCERNS. 13. Job Loss and Transitions. 14. Career Development and Transitions of Working Adults. Part IV: CAREER COUNSELING IN EDUCATIONAL SETTINGS. 15. Career-Related Programs for Career Development in Elementary Schools. 16. Career-Related Programs for Career Development in Middle School. 17. Career-Related Programs for Career Development in High School and Beyond.

USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 9E

Debra S. Osborn, University of South Florida; Vernon G. Zunker, Emeritus, Southwest Texas State University

© 2016, 272pp, Paperback, 9781305397774

ebook



Reflecting the latest practices from the field, USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 9th Edition vividly illustrates how to use assessment instruments to increase your clients' self-awareness and help them make rational

career choices. Extremely practical, this hands-on text delivers detailed information on using assessment results in a wide variety of counseling situations. Case studies, charts, bulleted and numbered lists, dialogues, and agency addresses help you effectively apply your knowledge of tests and measurements in clinical settings-ensuring that you truly master the use of assessment instruments.

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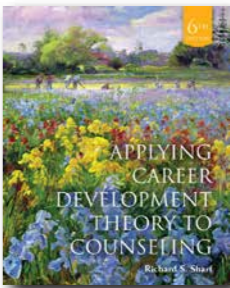
1. A Conceptual Model for Using Assessment Results. 2. Interpreting Assessment Results. 3. Some Measurement Concepts. 4. Ethics and Assessment. 5. Aptitude and Achievement Tests. 6. Interest Inventories. 7. Using Personality Inventories. 8. Career Beliefs and Decision-Making Inventories. 9. Computer-Assisted Career Guidance and Online Assessments. 10. Card Sorts and Other Non-Standardized Approaches in Career Counseling. 11. Combining Assessment Results.

APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING, 6E

Richard S. Sharf, University of Delaware

© 2014, 544pp, Hardback, 9781285075440

CENGAGE | MINDTAP ebook



A must-read for counselors in training, Sharf's APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING, 6th Edition, shows you how to apply the principles of career development to a variety of counseling settings. This book is clearly

written, filled with useful case examples, and includes integrated diversity coverage to give you the advantage in your course and your career. You'll find information about websites on internships, education, counseling organizations, and jobs. The book's Companion Website supports your studying and learning by providing case studies, tutorial quizzes, and relevant links. Available with InfoTrac® Student Collections <http://gocengage.com/infotrac>.

CONTENTS

1. Introduction. 2. Trait and Factor Theories. 3. Occupations: Information and Theory. 4. Work Adjustment Theory. 5. Holland's Theory of Types. 6. Myers-Briggs Type Theory. 7. Career Development in Childhood. 8. Adolescent Career Development. 9. Late Adolescent and Adult Career Development. 10. Adult Career Crises and Transitions. 11. Constructivist and Narrative Approaches to Career Development. 12. Relational Approaches to Career Development. 13. Krumboltz's Social Learning Theory. 14. Social Cognitive Career Theory. 15. Career Decision-Making Approaches. 16. Theories in Combination.

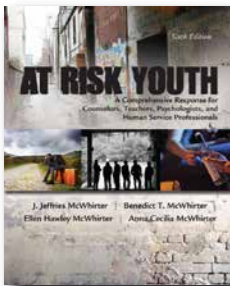
CHILDREN & ADOLESCENTS

AT RISK YOUTH, 6E

J. Jeffries McWhirter, Arizona State University; Benedict T. McWhirter, University of Oregon; Ellen Hawley McWhirter, University of Oregon

© 2017, 448pp, Paperback, 9781305670389

ebook



This text provides the conceptual and practical information on key issues and problems that you will need to prepare effectively for work with at-risk youth. Each chapter has resources that direct you to interesting and informative You Tube, TEDTalk, and research sites to expand upon and illustrate the written information. The authors describe and discuss the latest research-supported, evidence-based prevention and intervention techniques that will help you perform your job successfully and improve the lives of young people at risk.

CONTENTS

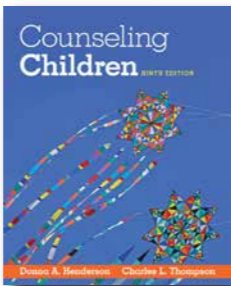
Part I: AT-RISK CHILDREN AND YOUTH: THE ECOLOGY OF PROBLEMS. 1. An Introduction to At-Risk Issues. 2. Environmental/Societal Factors That Contribute to Risk. Part II: FAMILIES, SCHOOLS, SKILLS. 3. Family Problems of At-Risk Children and Youth. 4. School Issues That Relate to At-Risk Children and Youth. 5. Individual Characteristics of High-Risk and Low-Risk Children and Youth. Part III: AT-RISK CATEGORIES. 6. School Dropout. 7. Substance Use and Addiction. 8. Risky Sexual Behavior: Teenage Pregnancy and STDs. 9. Youth Violence: Antisocial Behavior, Delinquency, and Youth Gangs. 10. Youth Suicide. Part IV: PREVENTION, INTERVENTION, AND TREATMENT APPROACHES. 11. A Prevention/Early Intervention/Treatment Framework and Other Environmental Considerations. 12. Core Components of Programs for Prevention and Early Intervention. 13. Peer Interventions. 14. Family Interventions.

COUNSELING CHILDREN, 9E

Donna A. Henderson, Wake Forest University; Charles L. Thompson, Late of, University of Tennessee, Knoxville

© 2016, 768pp, Hardback, 9781285464541

ebook



COUNSELING CHILDREN covers the most practical and up-to-date methods for developing effective approaches to counseling children. To help prepare you for your career, the authors translate theory into practice by focusing on the application of ideas and current knowledge. This easy-to-read guide includes useful strategies and case studies to provide you with a realistic look at the counseling field. It also presents a development approach to counseling that considers age and stage differences in counseling children, adolescents, and adults. The

ninth edition includes 2014 ACA ethical standards, best practice guidelines, and fresh ideas that facilitate your understanding of the world of the child. Expanded coverage of children who have special concerns and of family interventions provides you with effective ways to deliver interventions across multiple settings.

CONTENTS

Part I: INTRODUCTION TO COUNSELING CHILDREN. 1. Counseling. 2. Introduction to a Child's World. 3. The Counseling Process. 4. Legal and Ethical Considerations. Part II: COUNSELING THEORIES AND TECHNIQUES. 5. Psychoanalytic Counseling. 6. Person-Centered Counseling. 7. Gestalt Therapy. 8. Behavioral Counseling. 9. Reality Therapy: Counseling with Choice Theory. 10. Brief Counseling: Solution Focused. 11. Individual Psychology. 12. Rational-Emotive-Behavioral Therapy. 13. Cognitive Behavioral Therapy. 14. Transactional Analysis. 15. Family Counseling. 16. Consultation and Collaboration. 17. Play Therapy. 18. Group Counseling with Children. 19. Counseling Children with Special Concerns. 20. Counseling Children with Special Needs.

COMMUNITY & AGENCY COUNSELING

PROMOTING COMMUNITY CHANGE: MAKING IT HAPPEN IN THE REAL WORLD, 6E

Mark S. Homan, Retired, Pima Community College

© 2016, 624pp, Paperback, 9781305101944

ebook



Improve the lives of individual clients and their communities with the skills you learn in PROMOTING COMMUNITY CHANGE, 6th Edition. This practical--and often humorous--text addresses the real-world issues facing professionals in social work, human services, and community health. It also emphasizes the role a strengthened community can play in preventing and solving the problems commonly experienced by individuals and families. By teaching you to identify the issues related to change, this text provides you with the tools you need to bring clients, families, and other community members together to build healthier communities for themselves, their families, and their neighbors.

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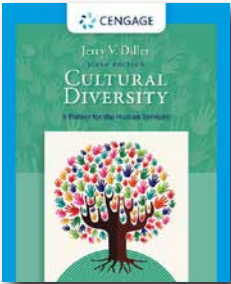
Preface. Part I: RESPONDING TO THE NEED FOR COMMUNITY CHANGE. 1. Understanding the Challenge to Change. 2. Theoretical Frameworks for Community Change. 3. Relating Community Change to Professional Practice. 4. Putting Yourself in the Picture. Part II: PUTTING THE PIECES TOGETHER. 5. Knowing Your Community. 6. People--The Most Valuable Resource. 7. Power. 8. Powerful Planning. 9. Raising Other Resources. 10. Getting the Word Out. 11. Building the Organized Effort. 12. Taking Action-Strategies and Tactics. Part III: A CLOSER LOOK AT TYPICAL CHANGE CONTEXTS. 13. Enhancing the Quality of Neighborhoods. 14. Increasing the Effectiveness

of Health and Human Services Organizations. 15. Lobbying for Change. References. Index.

COUNSELING DIVERSE POPULATIONS

CULTURAL DIVERSITY, 6E
A Primer for the Human Services
Jerry V. Diller, The Wright Institute, Berkeley, California
© 2019, 464pp, Paperback, 9781337563383

CENGAGE | MINDTAP ebook



Author Jerry Diller’s practical text offers you a balance of clinical and theoretical information, focusing on effective methods of providing cross-cultural services. CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES, 6th Edition, covers the general principles of cultural diversity, the process of cross-cultural service delivery and cultural information on specific client populations. You’ll also find practical clinical suggestions and cautions through interviews with professionals from different ethnic backgrounds. Finally, you’ll gain a better understanding of your own prejudices so that you can be a more effective counselor when working with clients from different cultures.

CONTENTS

- 1. Introduction. 2. What It Means to Be Culturally Competent. 3. Working with Culturally Diverse Clients. 4. Understanding Racism, Prejudice, and White Privilege. 5. Understanding Culture and Cultural Differences. 6. Working with Culturally Diverse Parents and Families. 7. Culturally Sensitive Treatment with Children. 8. Bias in Service Delivery. 9. Mental Health Issues. 10. Treating Victims of Ethnic Conflict, Genocide, and Mass Violence. 11. Working with Latino/a Clients: An Interview

with Roberto Almanzan. 12. Working with Native American Clients: An Interview with Jack Lawson. 13. Working with African American Clients: An Interview with Veronique Thompson. 14. Working with Asian American Clients: An Interview with Dan Hocoy. 15. Working with Arab and Muslim American Clients: An Interview with Marwan Dwairy. 16. Working with South Asian American Clients: An Interview with Sumana Kaipa. 17. Working with White Ethnic Clients: An Interview with the Author. 18. Some Closing Thoughts.

COUNSELING & DIVERSITY

Devika Dibya Choudhuri, Eastern Michigan University;
Azara Santiago-Rivera, University of Wisconsin-Milwaukee;
Dr. Michael Garrett, Eastern Band of the Cherokee Nation,
Counselor and Private Consultant
© 2012, 352pp, Paperback, 9780618470365

ebook



Packed with real-world applications and excerpts from original sources, COUNSELING AND DIVERSITY addresses the three dimensions of multicultural counseling competency (awareness, knowledge and skills) while increasing your understanding of oppression and the structures of power. This innovative book addresses the constructs of culture, worldview, race, ethnicity, gender, age, sexual orientation, physical and mental ability, socioeconomic class, and spirituality and religion as complex dimensions of social and personal identity. In addition, a unique “satellite” series of monographs provide a thorough introduction to issues in counseling with specific populations, including Arab Americans, African Americans, Asian Americans, Latino/a Americans, Native Americans, and LGBTQ Americans. In this way, COUNSELING AND DIVERSITY equips you with a historical, sociopolitical, and psychological overview of each aspect of identity that will have

resonance in counseling, psychotherapy, and other helping professions, and empowers you with the knowledge and tools to be confident in counseling in a multicultural setting.

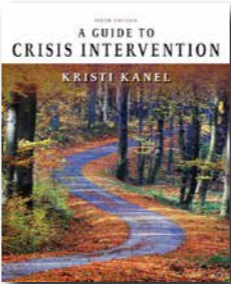
CONTENTS

- 1. Orientation to Counseling & Diversity. 2. Culture. 3. Worldview & Identity. 4. Oppression, Power, and Privilege. 5. Race & Ethnicity. 6. Age. 7. Gender & Sexuality. 8. Sexual Orientation. 9. Social Class. 10. Spirituality & Religion. 11. Disability. 12. Multicultural Counseling Competence.

CRISIS INTERVENTION

A GUIDE TO CRISIS INTERVENTION, 6E
Kristi Kanel, California State University, Fullerton
© 2019, 352pp, Paperback, 9781337566414

CENGAGE | MINDTAP ebook



Handle any crisis situation with the help of this practical, nuts-and-bolts guide. A GUIDE TO CRISIS INTERVENTION, 6th Edition covers the fundamentals of situational and developmental crises, how they occur and how you can manage them. Author Kristi Kanel discusses traditional counseling models as they relate to crisis intervention, and shows how they’re incorporated into her ABC Model of Crisis Intervention—which you can use in any mental health setting with anyone in crisis. Examples illuminate the psychological and behavioral dynamics associated with crisis situations. Cases and scripts help you learn exactly what to say to clients, whether the crisis is developmental; related to trauma, post-traumatic stress disorder (PTSD), substance abuse or other factors; or arises from personal victimization. You’ll also learn how to conduct suicide assessments and mental status exams.

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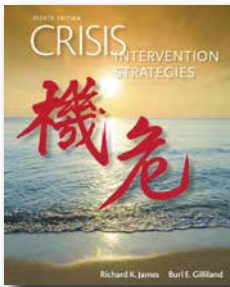
- 1. An Overview of Crisis Intervention. 2. Ethical and Professional Issues. 3. The ABC Model of Crisis Intervention. 4. Intervening with Crises Related to Danger to Self, Others, or Being Gravely Disabled. 5. Developmental and Cultural Crises. 6. Crises of Loss: Death, Relationship Breakups, and Economic Loss. 7. Community Disaster, Trauma, and Post Traumatic Stress Disorder. 8. Crises Related to Military Service. 9. Crises Related to Personal Trauma. 10. Crises Related to Sexuality. 11. Substance Use Related Disorders and Crises. 12. Crises Related to Aging, Physical Illness, and Disabilities.

CRISIS INTERVENTION STRATEGIES, 8E

Richard K. James, University of Memphis; Burl E. Gilliland, Late of University of Memphis

© 2017, 752pp, Paperback, 9780357670651

CENGAGE | MINDTAP ebook



This authoritative, best-selling text presents the latest skills and techniques for handling crisis situations. The authors' task model clearly illustrates and elucidates the process of dealing with people in crisis, from defining the problem to obtaining commitment.

Using this model, the authors build specific strategies for handling a myriad of different crisis situations, accompanied in many cases with the dialogue that a practitioner might use when working with the individual in crisis. This book puts you on the front lines with the crisis worker throughout the chapters, and then illuminates the techniques and strategies the worker used. New videos in MindTap (available with the text) correlate with the text and demonstrate crisis intervention techniques, ensuring that you not only understand the theoretical underpinnings of crisis intervention theories, but also know how to apply them in crisis situations.

CONTENTS

Part I: BASIC TRAINING: CRISIS INTERVENTION THEORY AND APPLICATION. 1. Approaching Crisis Intervention. 2. Culturally Effective Helping. 3. The Intervention and Assessment Models. 4. Tools of the Trade. 5. Crisis Case Handling. 6. Telephone and Online Crisis Counseling. Part II: HANDLING SPECIFIC CRISES: GOING INTO THE TRENCHES. 7. Posttraumatic Stress Disorder. 8. Crisis of Lethality. 9. Sexual Assault. 10. Partner Violence. 11. The Family in Crisis. 12. Personal Loss: Bereavement and Grief. 13. Crisis in Schools. Part III: ON THE HOMEFRONT: CRISIS IN THE HUMAN SERVICES WORKPLACE. 14. Violent Behavior in Institutions. 15. Legal and Ethical Issues

in Crisis Intervention. 16. Human Service Workers in Crisis: Burnout, Vicarious Traumatization, and Compassion Fatigue. 17. Disaster Response. 18. Chemical Dependency: The Crisis of Addiction (Online in MindTap). 19. Crisis/Hostage Negotiation (Online in MindTap).

ETHICS & LEGAL ISSUES

AE ISSUES AND ETHICS IN THE HELPING PROFESSIONS, 10E

Gerald Corey, California State University, Fullerton (Emeritus); Marianne Schneider Corey, Licensed Therapist, Private Practice; Cindy Corey

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Cengage ASIATITLE



Up-to-date and comprehensive, this practical best seller provides students with the basis for discovering their own guidelines for helping within the broad limits of professional codes of ethics and divergent theoretical positions. Respected authors Gerald Corey, Marianne Corey, and Cindy Corey raise what they consider to be central issues, present a range of diverse views on the issues, discuss their position, and provide opportunities for students to refine their thinking and develop an informed position. With new material in every chapter and an emphasis on critical thinking, ISSUES AND ETHICS IN THE HELPING PROFESSIONS, 10th Edition, is useful for students as well as practicing professionals. This edition features MindTap®, the digital learning solution that helps instructors engage and transform today's students into critical thinkers and successful helpers.

CONTENTS

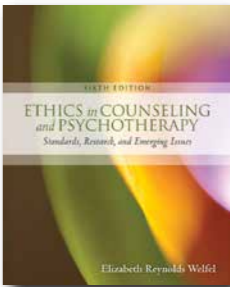
1. Introduction to Professional Ethics. 2. The Counselor as a Person and as a Professional. 3. Values and the Helping Relationship. 4. Multicultural Perspectives and Diversity Issues. 5. Client Rights and Counselor Responsibilities. 6. Confidentiality: Ethical and Legal Issues. 7. Managing Boundaries and Multiple Relationships. 8. Professional Competence and Training. 9. Ethical Issues in Supervision. 10. Issues in Theory and Practice. 11. Ethical Issues in Couples and Family Therapy. 12. Ethical Issues in Group Work. 13. Community and Social Justice Perspectives.

ETHICS IN COUNSELING & PSYCHOTHERAPY, 6E

Elizabeth Reynolds Welfel, Cleveland State University

© 2016, 624pp, Paperback, 9781305089723

ebook



Welfel's ETHICS IN COUNSELING AND PSYCHOTHERAPY prepares you to deal effectively with the complex ethical and legal issues that you will confront in practice. The book's ten-step model for ethical decision making guides you as you work

through and analyze complicated ethics cases and challenging dilemmas. Coverage includes legal research and the professional literature of major topics in ethics (such as consent, confidentiality, and multiple relationships) and in applied settings (such as community mental health, private practice, schools, and teaching/research). Among other changes, the sixth edition integrates the new 2014 ACA Code of Ethics and includes updated discussions of technology and ethics, as well as culturally competent ethical practice.

CONTENTS

Part I: A FRAMEWORK FOR UNDERSTANDING PROFESSIONAL ETHICAL VALUES AND STANDARDS. 1. Introduction to Professional Ethics: A Psychology and Philosophy for Ethical Practice. 2. A Model for Ethical Practice: Using Resources to Enhance Individual Judgment and Ethical Resolve. 3. Ethical Practice in a Multicultural Society: The Promise of Justice. Part II: MAJOR ETHICAL ISSUES FOR COUNSELORS AND THERAPISTS. 4. Competence to Practice: Building a Foundation for Doing Good and Avoiding Harm. 5. Confidentiality: Supporting the Client's Right to Privacy. 6. Informed Consent: Affirming the Client's Freedom of Choice. 7. Sexual Contact with Clients, Students, Supervisees, and Research Participants: Violations of Power and Trust. 8. Nonsexual Multiple Relationships and Boundary Issues: Risking

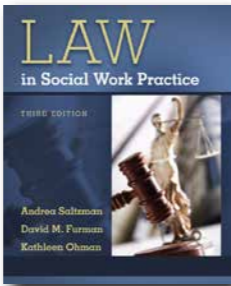
Objectivity and Client Welfare. 9. Interventions with Groups, Couples, and Families: Unique Ethical Responsibilities. 10. The Ethics of Assessment: Using Fair Procedures in Responsible Ways. Part III: WHEN PREVENTION FAILS: ETHICAL RESPONSES TO UNETHICAL BEHAVIOR.. 11. Responsibilities for Self and Colleagues: Reporting, Recover, and Rehabilitation of Misconduct. Part IV: ETHICAL ISSUES IN SPECIAL SETTINGS. 12. Ethics in Community, College, Addiction, and Forensic Settings: Avoiding Conflicts of Interest. 13. The Professional School Counselor: Applying Professional Standards to the Educational Culture. 14. The Ethics of Supervision and Consultation: Modeling Responsible Behavior. 15. Counselors and Therapists as Teachers and Researchers: Integrity, Science, and Care. Appendix A: American Counseling Association, Code of Ethics, and Standards of Practice. Appendix B: American Psychological Association, Ethical Principles of Psychologists and Code of Conduct. Appendix C: Ethical Standards for School Counselors. Appendix D: List of Specialized Ethics Codes and Guidelines in Mental Health Disciplines.

LAW IN SOCIAL WORK PRACTICE, 3E

Andrea Saltzman, University of California, Berkeley; David M. Furman, University of Denver; Kathleen Ohman, University of Illinois, Urbana-Champaign

© 2016, 544pp, Paperback, 9781133312611

ebook



Written by an author team educated in both the law and social work, this book acquaints you with major state and federal laws, regulations, and court opinions that directly affect social work practice. LAW IN SOCIAL WORK PRACTICE, 3rd Edition

helps you understand how to work within the legal system to benefit clients and further client interests, recognize certain client problems as legal, and work effectively with lawyers, as well as how the law shapes and restricts clients' actions. It also addresses how the law regulates social work practice, and how to recognize and respect the rights of clients and others affected by a practitioner's actions.

CONTENTS

Part I: BASIC LEGAL CONCEPTS, PRINCIPLES, AND SKILLS FOR SOCIAL WORKERS. 1. Understanding the Law and the Legal System. 2. Skills in Finding, Reading, and Citing the Law. 3. Understanding the Hearing Process. 4. Skills for Competent Practice in the Hearing Process. 5. Understanding the Constitution. Part II: LAW IMPACTING ALL FIELDS OF SOCIAL WORK PRACTICE. 6. Regulation of Practice. 7. Confidentiality and Other Legal and Ethical Obligations. 8. Sanctions for Illegal, Unethical, and Unprofessional Practice. Part III: LAW RELATED TO SPECIFIC FIELDS OF SOCIAL WORK PRACTICE. 9. Criminal Justice. 10. Juvenile Justice. 11. Protection of Children. 12. Adoption of Children. 13. Parentage and Child Support. 14. Adult Domestic Relations. 15. Custody of Children. 16. Education of Children. 17. Health Care. 18. Commitment and

Treatment of Persons with Mental Disorders. 19. Guardianship and Protection of Vulnerable Adults.

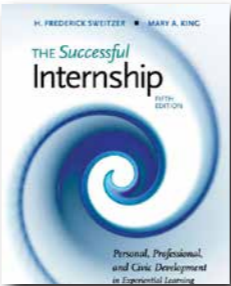
FIELD / PRACTICUM / INTERNSHIP

THE SUCCESSFUL INTERNSHIP, 5E

H. Frederick Sweitzer, University of Hartford; Mary A. King, Fitchburg State University

© 2019, 480pp, Paperback, 9781305966826

CENGAGE | MINDTAP ebook



THE SUCCESSFUL INTERNSHIP: PERSONAL, PROFESSIONAL, AND CIVIC DEVELOPMENT, 5th Edition, is more than a resource for finding and interviewing for internships--it covers the entire internship experience, how you fit into it and how you

can get the most out of it. It addresses the concerns, emotions, needs and unique personal challenges that you'll experience and focuses on the internship as a vehicle for your development as a civic professional. The authors detail the path that you'll embark on and the challenges you'll face along the way. A four-stage model of the internship process--anticipation, exploration, competence and culmination--places the material in a framework that helps you understand the work you'll be doing.

CONTENTS

Foreword. Preface. About the Co-Authors. 1. The Big Picture. 2. The Anticipation Stage: Venturing Forth. 3. HQI Essentials - The Learning Contract, Supervision, the Seminar, & Reflection. 4. HQI ToolKit - Being Informed, Staying Engaged, & Becoming Professional. 5. HQI Essentials - Self-Awareness as an Asset and an Outcome. 6. The Exploration Stage: Branching Out. 7. HQI Resources - Working with Clients. 8. HQI ToolKit - Advanced

Tools for Moving Ahead. 9. HQI Resources - Widening the Context. 10. The Competence Stage: Soaring Upward. 11. HQI Resources - Ethical and Legal Matters: Being Informed and Making Reasoned Decisions. 12. The Culmination Stage: Celebrating the Achievements, Embracing the Experience. Glossary. Index.

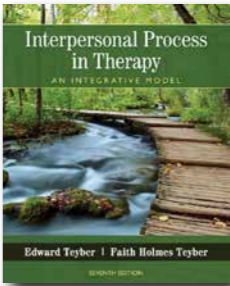
INTERPERSONAL PROCESS IN THERAPY, 7E

An Integrative Model

Edward Teyber, California State University, San Bernardino (Emeritus); Faith Holmes McClure, California State University, San Bernardino (Emeritus)

© 2017, 512pp, Hardback, 9781305271531

CENGAGE | MINDTAP ebook



Therapy that effects change must authentically involve you, the therapist. Engaging, readable, and immediately helpful with clients, INTERPERSONAL PROCESS IN THERAPY: AN INTEGRATIVE MODEL brings together various theories into a cohesive

framework that centers on the therapeutic relationship. It shows you practical ways to intervene with your clients, while addressing and alleviating the concerns new therapists often have -- such as worrying about making "mistakes." It also provides clear guidelines for effective (and ineffective) ways to establish a working alliance, address resistance and resolve ruptures in the therapeutic relationship, help clients transition from surface conversation to their key concerns, respond to clients' painful feelings, develop a focus for treatment, and more. Featuring new case examples and updated research, the seventh edition's extensive clinical vignettes and sample therapist-client dialogues will bring you "in the room" with the therapist.

CONTENTS

Part I: INTRODUCTION AND OVERVIEW. 1. The Interpersonal Process Approach. Part II: RESPONDING TO CLIENTS. 2. Establishing a Working Alliance. 3. Honoring the Client's Resistance. 4. An Internal Focus for Change. 5. Helping Clients with Their Feelings. Part III: CONCEPTUALIZING CLIENT PROBLEMS AND DEVELOPING A TREATMENT FOCUS. 6. Familial and Developmental Factors. 7. Inflexible Interpersonal Coping Strategies. 8. Relational Themes and Reparative Experiences. Part IV: RESOLUTION AND CHANGE. 9. An Interpersonal Solution. 10. Working-Through and Termination. Glossary. APPENDICES: A. Process Notes. B. Case Formulation Guidelines.

THE HUMAN SERVICES INTERNSHIP, 4E

Getting the Most from Your Experience
Pamela Myers Kiser, *Elon University*
© 2016, 384pp, Paperback, 9781305087347

ebook



An internship can be transformative, and this book helps you make sure that's the case. With THE HUMAN SERVICES INTERNSHIP: GETTING THE MOST FROM YOUR EXPERIENCE, 4th Edition as your guide, you'll make a meaningful connection

between your classroom learning and fieldwork experience. This practical, hands-on text features a unique six-step model that guides you in enhancing self-awareness, integrating the knowledge and values of the profession, recognizing challenging and dissonant situations, decision-making, and follow-through. With exercises and activities designed to get you thinking reflectively about your day-to-day internship experiences right from the start, the author offers you tools to analyze and apply the lessons you've learned to your future career. Chapters focused on ethics, diversity, communication skills, stress management, and other key topics help you integrate your classroom knowledge with your experiences in the field. Supporting you through every stage of the internship process, the book explains what to expect at various points in the internship's development, offers tips for avoiding potential pitfalls, and includes examples of other students' experiences.

CONTENTS

1. Getting Started. 2. Getting Acquainted. 3. Developing Ethical Competence. 4. Learning to Learn from Experience: Learning Styles and the Integrative Processing Model. 5. Using Supervision. 6. Communicating in Your Internship. 7. Developing Cultural Competence. 8. Writing and Reporting within Your Field Agency. 9. Taking Care of Yourself.

10. Ending Your Internship. 11. Planning Your Career. Appendices.

GROUP COUNSELING

AE THEORY AND PRACTICE OF GROUP COUNSELING, 9E

Gerald Corey, *California State University, Fullerton (Emeritus)*
© 2020, 544pp, Paperback, 9789814878159

CENGAGE | MINDTAP

Cengage
ASIA TITLE



THEORY AND PRACTICE OF GROUP COUNSELING, 9th Edition, gives students an in-depth overview of the eleven group counseling theories. In addition to illustrating how to put these theories into practice, this best-selling text guides students in developing their

own syntheses of various aspects of the theories. With Corey's clear, straightforward writing style, students are able to grasp each theoretical concept and its relationship to group practice with ease.

CONTENTS

Part I: BASIC ELEMENTS OF GROUP PROCESS: AN OVERVIEW. 1. Introduction to Group Work. 2. Group Leadership. 3. Ethical and Professional Issues in Group Practice. 4. Early Stages in the Development of a Group. 5. Later Stages in the Development of a Group. Part II: THEORETICAL APPROACHES TO GROUP COUNSELING. 6. The Psychoanalytic Approach to Groups. 7. Adlerian Group Counseling. 8. Psychodrama in Groups. 9. The Existential Approach to Groups. 10. The Person-Centered Approach to Groups. 11. Gestalt Therapy in Groups. 12. Transactional Analysis in Groups. 13. Cognitive Behavioral Approaches in Groups. 14. Rational Emotive Behavior Therapy in Groups. 15. Choice Theory/Reality Therapy in Groups. 16.

Solution-Focused Brief Therapy and Motivational Interviewing in Groups. Part III: INTEGRATION AND APPLICATION. 17. Comparisons, Contrasts, and Integration. 18. The Evolution of a Group: An Integrative Perspective.

CTE GROUPS, 10E

Process and Practice with CB VitalSource eBook
Marianne Schneider Corey, *Licensed Therapist, Private Practice*; Gerald Corey, *California State University, Fullerton (Emeritus)*; Cindy Corey
© 2018, 320pp, Paperback, 9789814792554

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Please note that the digital access code that comes with the print book is valid for use in a specific Asia territory only. CB VitalSource eBook – The ultimate eBook experience has arrived! Easily access our eBooks with features that will improve your

reading experience, and tools to help you take notes and organize your studies. Learn to blend theory with practice in group work with Marianne, Gerald, and Cindy Corey's GROUPS: PROCESS AND PRACTICE. Focusing on the "what is" and the "how to" of group counseling, the authors use up-to-date examples, guidelines, insights, and an enhanced diversity perspective to show you how group leaders can apply the key concepts of the group process to a variety of groups. You'll receive practical guidance on working with groups of children, adolescents, and adults in both school settings and community settings. Many new activities encourage active learning, enabling you to see clinical applications come to life in the content that is covered. Also available: the MindTap® online learning experience, which includes videos of group counseling sessions that further help to prepare you for professional practice.

CONTENTS

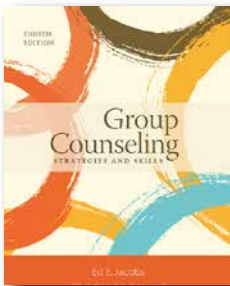
1. Introduction to Group Work. 2. The Group Counselor. 3. Ethical and Legal Issues in Group Counseling. 4. Theories and Techniques of Group Counseling. 5. Forming a Group. 6. Initial Stage of a Group. 7. Transition Stage of a Group. 8. Working Stage of a Group. 9. Final Stage of a Group. 10. Groups in School Settings. 11. Groups in Community Settings.

GROUP COUNSELING, 8E
Strategies and Skills

Ed E. Jacobs, West Virginia University, Morgantown; Christine J. Schimmel, West Virginia University; Robert L. Masson, West Virginia University, Morgantown; Riley L. Harvill

© 2016, 496pp, Paperback, 9781305087309

CENGAGE | MINDTAP ebook



GROUP COUNSELING: STRATEGIES AND SKILLS, Eighth Edition, provides an in-depth look at group counseling with an emphasis on practical knowledge and techniques for effective group leadership. The authors discuss the many facets of group counseling and provide examples of how each skill can be applied in a wide range of group settings to produce effective and efficient group sessions. The book focuses on the skills necessary for starting and ending a session, as well as on how to make the middle phase productive and meaningful. Its practical, active approach is supported by nearly 50 video segments—including several new ones—that demonstrate specific skills as well as the integration of multiple skills and techniques. Through its integration of traditional theories and concepts of group process with thoughtful strategies and specific skills, this reader-friendly book and video clips meet the needs of practicing or future counselors, social workers, psychologists, and others who are leading or preparing to lead groups in a variety of settings.

CONTENTS

1. Introduction. 2. Stages of Groups, Group Process, and Therapeutic Forces. 3. Purpose of Groups. 4. Planning. 5. Getting Started: The Beginning State and Beginning Phase. 6. Basic Skills for Group Leaders. 7. Focus. 8. Cutting Off and Drawing Out. 9. Rounds and Dyads. 10. Exercises. 11. Introducing, Conducting, and Processing Exercises. 12. Leading the Middle Stage of a Group. 13. Using Counseling Theories in Groups. 14. Counseling and Therapy in Groups. 15. Closing a Session or Group. 16. Dealing with Problem Situations. 17. Working with Specific Populations.

GROUP TECHNIQUES, 4E

Gerald Corey, California State University, Fullerton (Emeritus); Marianne Schneider Corey; Patrick Callanan, California State University, Fullerton; J. Michael Russell, California State University, Fullerton

© 2015, 240pp, Paperback, 9780534612696

ebook



More than a recipe book of techniques that group leaders can pull out at the right time, this book encourages readers to use techniques sensitively and creatively in their own groups, and to go one step further to invent their own techniques. The authors draw on their combined experiences as teachers, as consultants to mental-health professionals, and as private practitioners to provide a realistic approach to group work. Emphasizing that techniques are means, not ends, the book is designed to enhance the group leader's ability to generate a therapeutic and human rapport between leader and members.

CONTENTS

1. The Role of Techniques. 2. Ethical Issues in Using Group Techniques. 3. Techniques for Forming Groups. 4. Techniques for the Initial Stage. 5. Techniques for the Transition Stage. 6. Techniques for the Working Stage. 7. Techniques for the Final Stage.

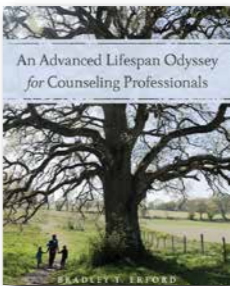
HUMAN GROWTH AND
DEVELOPMENT

AN ADVANCED LIFESPAN ODYSSEY
FOR COUNSELING PROFESSIONALS

Bradley T. Erford, Loyola University, Maryland; Irvin B. Tucker, University of North Carolina, Charlotte

© 2017, 576pp, Hardback, 9781285083582

CENGAGE | MINDTAP ebook



Written specifically for counselors-in-training, this practical new text features an engaging writing style with real-life cases and applications. AN ADVANCED LIFESPAN ODYSSEY FOR COUNSELING PROFESSIONALS, 1st Edition, covers the typical lifespan topics, but with a focus on developmental issues you'll encounter as a counseling professional -- and the strategies and techniques to deal with them. Case studies and discussions of current issues anchor the material in the real world. Reflections from parents and current counselors further enhance the text's applied emphasis, giving you ideas for how to integrate the theories and other information into real-life practice. This is a book you'll want to keep on hand long after you leave the course.

CONTENTS

1. Important Fundamental Principles in Lifespan Development. 2. Theories of Human Development: Psychosocial, Sociocultural, Multicultural, Biological, and Learning Theories. 3. Theories of Human Development: Cognitions, Morality and Faith, and the Human Experience. 4. Genetics, Heredity, and Prenatal Development. 5. Physical and Cognitive Development in the Infancy and Toddlerhood Years. 6. Emotional and Social Development in the Infancy and Toddlerhood Years. 7. The Preschool Years of Early Childhood Physical and Cognitive Development. 8. The Preschool Years: Early

Childhood Emotional and Social Development. 9. Middle Childhood: Physical and Cognitive Development. 10. The Elementary Years of Middle Childhood: Emotional and Social Development. 11. The Adolescent Years: Physical and Cognitive Development. 12. The Adolescent Years: Emotional, Identity, and Social Development. 13. Young Adulthood: Physical and Cognitive Development. 14. Young Adulthood: Social, Emotional, and Career Development. 15. Middle Adulthood: Physical and Cognitive Development. 16. Middle Adulthood: Social/Emotional, Family, Career, and Spiritual Development. 17. Later Adulthood and Old Age: Physical, Cognitive and Social Developmental Aspects of Aging. 18. Later Adulthood and Old Age: Psychosocial and Work/Retirement Development.

INTRODUCTION TO COUNSELING

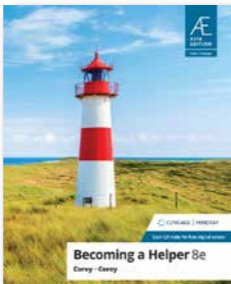
NEW EDITION

AE BECOMING A HELPER, 8E

Marianne Schneider Corey, *Licensed Therapist, Private Practice*; Gerald Corey, *California State University, Fullerton (Emeritus)*

© 2021, Paperback, 9789814896955

Cengage
ASIA TITLE



Ideal for anyone beginning or considering a career in the helping professions, *BECOMING A HELPER*, Eighth Edition, provides an overview of the stages of the helping process while equipping students with the skills and knowledge to become successful professionals.

Drawing on their years of experience, Corey and Corey focus on the struggles, anxieties and uncertainties students often encounter on the road to becoming effective helpers. Emphasizing self-reflection, they provide a candid look at the demands and strains of real-world practice – helping students decide if this is the right career for them. It is an excellent resource for those planning a career in human services, counseling, social work, psychology, couples and family therapy, or related professions and helpers just starting their careers. In addition, MindTap empowers students with anywhere, anytime digital learning resources.

CONTENTS

1. Are the Helping Professions for You? 2. Helper, Know Thyself. 3. Knowing Your Values. 4. Understanding Diversity. 5. Common Concerns of Beginning Helpers. 6. The Helping Process. 7. Theory Applied to Practice. 8. Ethical and Legal Issues Facing Helpers. 9. Managing Boundary Issues. 10. Getting the Most From Your Fieldwork and Supervision. 11. Working With Groups. 12. Working in the Community. 13. Stress, Burnout, and Self-Care. 14. Managing Crisis: Personally and Professionally.

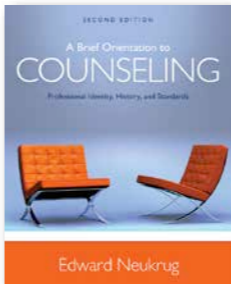
A BRIEF ORIENTATION TO COUNSELING, 2E

Professional Identity, History, and Standards

Edward S. Neukrug, *Old Dominion University*

© 2017, 240pp, Paperback, 9781305669055

CENGAGE | MINDTAP ebook



A BRIEF ORIENTATION TO COUNSELING provides the unique knowledge and skills you need as you begin your journey toward building an identity as a professional counselor. Neukrug clearly and concisely addresses 13 critical areas related to Professional Orientation

and Ethical Practice that will form the foundation for your success in practice. Along the way, he provides real-world advice, vignettes to reflect upon, experiential activities, and case studies that will help you prepare for a career in the helping professions.

CONTENTS

Part I: PROFESSIONAL IDENTITY OF THE COUNSELOR. 1. What Is Counseling and Who Is the Counselor. 2. Professional Associations in Counseling and Related Fields. 3. Characteristics of the Effective Counselor. Part II: HISTORY AND CURRENT TRENDS IN THE COUNSELING PROFESSION. 4. Predecessors to the Counseling Profession: From Antiquity to Early Social Work, Psychology, and Psychiatry. 5. History of the Counseling Profession. 6. Current Issues and Future Trends in the Counseling Profession. Part III: STANDARDS IN THE COUNSELING PROFESSION. 7. Accreditation in Counseling and Related Fields. 8. Credentialing in Counseling and Related Fields. 9. Ethics in Counseling. 10. Multicultural Counseling and Social Justice Work: The Fourth and Fifth Forces. Afterword: Applying to Graduate School and Finding a Job.

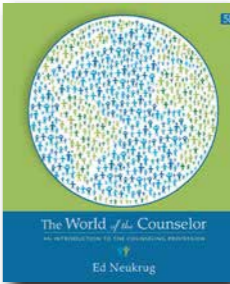
THE WORLD OF THE COUNSELOR, 5E

An Introduction to the Counseling Profession

Edward S. Neukrug, *Old Dominion University*

© 2016, 752pp, Paperback, 9780357671085

ebook



Get an unparalleled look at the practicalities of the counseling profession with *THE WORLD OF THE COUNSELOR*. Thorough and research-based, this text presents the key concepts and material about the counseling profession with clarity and

insight, while keeping you involved through illustrative case examples and personal narratives. To ensure that you are thoroughly prepared for your career, salient topics such as specializations within counseling, finding a counseling job, and future trends in counseling are included.

CONTENTS

Section I: PROFESSIONAL ORIENTATION. 1. The Counselor's Identity: What, Who, and How? 2. The Counseling Professions Past, Present, and Future. 3. Standards in the Profession: Ethics, Accreditation, Credentialing, and Multicultural/Social Justice Competencies. Section II: THE HELPING RELATIONSHIP I: THEORIES AND SKILLS. 4. Individual Approaches to Counseling. 5. Counseling Skills. Section III: THE HELPING RELATIONSHIP II: THE COUNSELOR WORKING IN SYSTEMS. 6. Couples and Family Counseling. 7. Group Work. 8. Consultation and Supervision. Section IV: THE DEVELOPMENT OF THE PERSON. 9. Development Across the Lifespan. 10. Abnormal Development, Diagnosis, and Psychopharmacology. 11. Career Development: The Counselor and the World of Work. Section V: RESEARCH, PROGRAM EVALUATION, AND ASSESSMENT. 12. Testing and Assessment. 13. Research and Evaluation. Section VI: SOCIAL AND CULTURAL FOUNDATIONS IN COUNSELING. 14. Theory and Concepts of Multicultural Counseling.

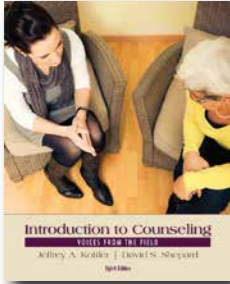
15. Knowledge and Skills of Multicultural Counseling. Section VII: SELECT SPECIALITY AREAS IN COUNSELING. 16. School Counseling. 17. Clinical Mental Health Counseling. 18. Student Affairs and College Counseling (Post-Secondary Counseling). Afterword: A LOOK TOWARD YOUR FUTURE: APPLYING FOR GRADUATE PROGRAMS AND FINDING A JOB.

INTRODUCTION TO COUNSELING, 8E
Voices from the Field

Jeffrey A. Kottler, *California State University, Fullerton*; David S. Shepard, *California State University, Fullerton*

© 2015, 560pp, Paperback, 9781285084763

ebook



This overview of the counseling profession exposes you to real challenges faced by experienced practitioners and gives you an unparalleled look at what your professional future may hold. INTRODUCTION TO COUNSELING: VOICES FROM THE FIELD, Eighth Edition, explains what counseling is as well as its history, theoretical orientations, applications, and professional issues. As you become engaged in the process of learning and applying counseling concepts, you'll examine the day-to-day realities of being a counselor as well as your own motivation for choosing the profession. "Voices from the Field" sections offer further insight into the real challenges faced by experienced practitioners, as well as the ways in which those challenges were resolved. Videos, available at the book's CourseMate website, bring topics to life. Finally, experiential exercises integrated into every chapter help you reflect on the material.

CONTENTS

Part I: THE PROFESSIONAL COUNSELOR. 1. What Counseling Is and How It Works. 2. Foundations of Counselors. 3. Settings for Counseling. 4. The Therapeutic Relationship. Part II: COUNSELING APPROACHES. 5. Insight-Oriented Approaches. 6. Action-Oriented Approaches. 7. Integrating Theory and Counseling Skills. 8. Assessment, Testing, and the Diagnostic Process. Part III: COUNSELING APPLICATIONS. 9. Group Counseling. 10. Couples, Family, and Sex Counseling. 11. Career Counseling. 12. Addictions Counseling and Psychopharmacology. 13. Counseling Diverse Clients. Part IV: PROFESSIONAL PRACTICE. 14. Ethical and Legal Issues. 15. Toward Closure: Advice for the Passionately Committed Counseling Student.

MARRIAGE & FAMILY COUNSELING

MASTERING COMPETENCIES IN FAMILY THERAPY, 3E

A Practical Approach to Theory and Clinical Case Documentation

Diane R. Gehart, *California State University, Northridge*

© 2018, 688pp, Paperback, 9781305943278

CENGAGE | MINDTAP ebook



MASTERING COMPETENCIES IN FAMILY THERAPY: A PRACTICAL APPROACH TO THEORY AND CLINICAL CASE DOCUMENTATION, 3rd Edition enables faculty to easily measure clinical competencies as required

by accrediting bodies for counseling, family therapy, psychology, and social work. Using an inviting and engaging tone, Diane R. Gehart introduces students to family therapy theories using real-world clinical forms, which are incorporated into the text. Diversity and research considerations are integrated into theoretical discussions and practical applications to facilitate a more holistic understanding of couple and family therapy. To enhance student understanding, a new cross-theoretical comparison model has been added based on the work of Karl Tomm. The text is also offered through the MindTap® online platform, creating a comprehensive interactive learning experience including videos that teach specific clinical techniques and exercises that allow students to participate in virtual role plays.

CONTENTS

1. Competency and Theory in Family Therapy. 2. Research and Ethical Foundations of Family Therapy Theories. 3. Philosophical Foundations of Family Therapy Theories. 4. Systemic and Strategic Therapies. 5. Structural Family Therapies. 6. Experiential Family Therapies. 7. Intergenerational and Psychoanalytic Family Therapies. 8. Cognitive-Behavioral and Mindfulness-Based Couple and

Family Therapies. 9. Solution-Based Therapies. 10. Collaborative and Narrative Therapies. 11. Case Conceptualization. 12. Clinical Assessment. 13. Treatment Planning. 14. Evaluating Progress in Therapy. 15. Document It: Progress Notes.

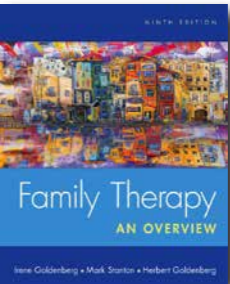
FAMILY THERAPY, 9E

An Overview

Irene Goldenberg, *UCLA Neuropsychiatric Institute*; Mark Stanton, *Azusa Pacific University*; Herbert Goldenberg, *California State University, Los Angeles, Emeritus*

© 2017, 608pp, Hardback, 9781305092969

CENGAGE | MINDTAP ebook



This current, engaging, and practice-oriented text is your complete resource for mastering the many facets of family therapy. In this ninth edition, the authors examine and explain key viewpoints, perspectives, values, intervention techniques, and goals of

family therapy -- featuring practice-oriented content to help you become an empathic and effective family therapist. Color-coded boxes highlight key aspects of family therapy, such as family diversity, evidence-based practice research, "Thinking Like a Clinician" exercises, case studies, clinical notes, and therapeutic encounters. Examples illustrate family therapists from many professions, including social work, MFT, psychology, and counseling. You'll also find up-to-date material representing the latest thinking on central issues and topics, including increased attention to LGBTQ families and alternative forms of family life and to gender, culture, and ethnic considerations.

CONTENTS

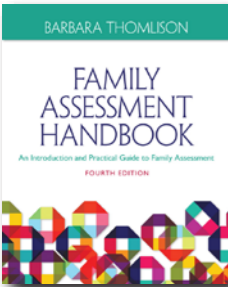
1. Adopting a Family Relationship Framework. 2. Family Development: Continuity and Change. 3. Diversity in Family Functioning. 4. Systems Theory and Systemic Thinking. 5. Origins and Growth

of Family Therapy. 6. Professional Issues and Ethical Practices. 7. Psychodynamic Models. 8. Transgenerational Models. 9. Experiential Models. 10. The Structural Model. 11. Strategic Models. 12. Behavioral and Cognitive-Behavioral Models. 13. Social Construction Models I: Solution-Focused Therapy And Collaborative Therapy. 14. Social Construction Models II: Narrative Therapy. 15. Population-Based Family Treatments. 16. Evidence-Based Family Therapy. 17. Comparative View of Family Theories and Therapies.

FAMILY ASSESSMENT HANDBOOK, 4E
An Introductory Practice Guide to Family Assessment
Barbara Thomlison, Florida International University

© 2016, 304pp, Paperback, 9781285443973

ebook



Prepare to work effectively with families with **FAMILY ASSESSMENT HANDBOOK: AN INTRODUCTION AND PRACTICAL GUIDE TO FAMILY ASSESSMENT**, Fourth Edition. Providing practical information and theoretical foundations established on evidence-based methodology, the text presents a step-by-step approach to family practice that teaches you to be a critical thinker for the study and practice of family work. You'll learn to develop multiple views of a problem, and to integrate common skills from traditional, post-modern, and evidence-based systemic family models. The evidence base for this edition reflects a resilience-based and integrated family systems approach to practice. First, you'll study relevant systems theory and concepts that guide family practice, building a foundation that will assist you in case assessment. Next, you'll be introduced to evidence-based assessment measures and interventions for common family issues. You'll also study the important role of reflection and disclosure

writing skills for engaging families. New cases demonstrate the process of assessment and interventions, and exercises help you hone your skills. In addition, you'll find examples of assessment reports, intervention contracts, and capstone assessment case presentations in Appendices.

CONTENTS

Part I: INTRODUCING FAMILY ASSESSMENT AND INTERVENTION. 1. Family Contexts. 2. A Framework for Understanding Families. 3. The Family System. 4. Core Tasks of Family Assessment. 5. Setting Goals and Selecting Family Interventions. Part II: EFFECTIVE FAMILY STRENGTHENING INTERVENTIONS: FAMILIES COPING WITH DIFFICULT LIFE STRESSORS. 6. Standardized Measures. 7. Common Practice Approaches to Family Practice. 8. Families, Life Stressors, and Older Adults. 9. Evidence-Based Interventions for Strong Families. Part III: THE ROLE OF REFLECTIONS AND DISCLOSURE WRITING SKILLS FOR ENGAGING WITH FAMILIES. 10. Reflective Thinking and Reflective Writing. 11. Getting Connected With Your Own Family Systems. Part IV: PRACTICING FAMILY ASSESSMENT THROUGH CASE STUDIES. 12. Sharon and Her Family. 13. The Foxx Family: Physical Abuse, Aggression, and Parent/Child Management. 14. The Fernandez Family: Supporting an Older Adult. 15. The Del Sol Family: Marital Conflict and Parenting Concerns. 16. The McCoy Family: Coping with Role Change after a Mother's Death. 17. The Jacques Family: Assessment and Intervention in Intimate Partner Violence. 18. Brief Case Studies: Brittany and Her Family, Melissa and Her Family, Jeanine and Her Family. Appendix A: Checklist of Ethical Concerns. Appendix B: Contract for Goals and Service. Or, Sample Assessment and Plan for Service ?? noted in manuscript of final preface, dated 8-11-14? Appendix C: Assessment Report. Or, "Sample Assessment Reports" as noted in final preface (manuscript)? References. Index.

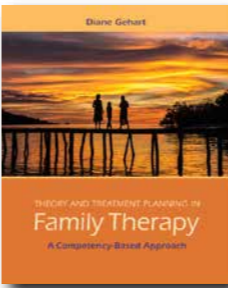
THEORY AND TREATMENT PLANNING IN FAMILY THERAPY

A Competency-Based Approach

Diane R. Gehart, California State University, Northridge

© 2016, 480pp, Hardback, 9781285456430

ebook



THEORY AND TREATMENT PLANNING IN FAMILY THERAPY: A COMPETENCY-BASED APPROACH prepares you for the realities of practicing therapy. This book's learning-centered, outcomes-based approach engages you in an active learning process, introducing family therapy theories using theory-specific case conceptualization and treatment planning. These assignments empower you to apply theoretical concepts and develop real-world skills as early as possible in your training. The author uses a down-to-earth style to explain concepts in clear and practical language. She also includes extensive discussions about how diversity issues and research inform contemporary practice of family therapy.

CONTENTS

Part I: INTRODUCTION TO COMPETENCY, THEORY, AND TREATMENT PLANNING. 1. Competency and Theory in Family Therapy. 2. Research and Ethical Foundations of Family Therapy Theories. 3. Theory-Specific Case Conceptualization and Treatment Planning. Part II: FAMILY THERAPY THEORIES. 4. Philosophical Foundations of Family Therapy Theories. 5. MRI and Milan Systemic Therapies: Systemic Therapies Part I. 6. Strategic Therapy: Systemic Therapies Part II. 7. Structural Family Therapy. 8. Satir's Human Growth Model: Experiential Family Therapies Part I. 9. Symbolic-Experiential and Internal Family Systems: Experiential Family Therapies Part II. 10. Intergenerational and Psychoanalytic Family Therapies. 11. Cognitive-Behavioral and Mindfulness-Based Couple and

Family Therapies. 12. Solution-Based Therapies. 13. Narrative Therapy: Postmodern Therapies Part I. 14. Collaborative Therapy and Reflecting Teams: Postmodern Therapies Part II. 15. Evidence-Based Treatments in Couple and Family Therapy. 16. Evidence-Based Group Treatments for Couples and Families. Part III: CROSS-THEORETICAL CASE CONCEPTUALIZATION AND INTEGRATION. 17. Cross-Theoretical Case Conceptualization and Integration. Appendix A. Appendix B.

RESEARCH AND STATISTICS

RESEARCH DESIGN IN COUNSELING, 4E

P. Paul Heppner, University of Missouri, Columbia; Bruce E. Wampold, University of Wisconsin, Madison; Jesse Owen, University of Denver; Mindi N. Thompson, University of Wisconsin

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ebook



Quell any fears you may have about science and research design with this clear introduction to the basics of research design today. With enlightening examples and illustrations drawn from the counseling literature, **RESEARCH DESIGN IN COUNSELING**, 4th Edition fully addresses the most common issues that counseling researchers encounter. The authors' accessible approach provides you with an understanding of the various types of research, including both quantitative and qualitative approaches. Filled with helpful examples that utilize a broad variety of research designs, this book provides the fundamentals of conducting research while providing clear instruction on the strengths and weaknesses of different designs, choosing variables, ethics, writing, and publishing your work in the top professional counseling journals.

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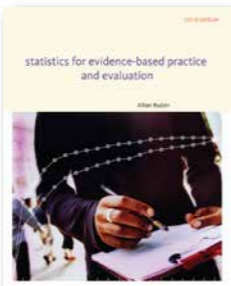
Part I: PHILOSOPHICAL, ETHICAL, TRAINING, AND PROFESSIONAL ISSUES. 1. Science and Counseling. 2. Research Training. 3. Ethical Issues in Counseling Research. 4. Professional Writing. Part II: GETTING STARTED: ESTABLISHING THE FOUNDATION FOR A STUDY. 5. Identifying and Operationalizing Research Topics. 6. Choosing Research Designs. 7. Validity Issues in Research Design. 8. Population Issues. 9. Conceptual and Methodological Issues Related to Multicultural Research. 10. Scale Construction. Part III: MAJOR RESEARCH DESIGNS. 11. True Experimental Designs. 12. Quasi-Experimental and Time Series Designs. 13. Quantitative Descriptive Designs. 14. Analogue Research. 15. Single-Subject Designs. 16. Qualitative Designs. 17. Mixed Methods. Part IV: METHODOLOGICAL ISSUES. 18. Designing and Evaluating the Independent Variable. 19. Designing or Choosing/Selecting the Dependent Variable. 20. Outcome Research: Strategies and Methodological Issues. 21. Design Issues Related to Counseling Process Research. 22. Program Evaluation. 23. Investigator, Experimenter, and Participant Bias. Appendix A: Ethical Standards of the American Counseling Association. Appendix B: Ethical Principles of Psychologists and Code of Conduct.

STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION, 3E

Allen Rubin

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Both practical and easy to read, Rubin's social work-specific STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION provides you with a step-by-step guide that will help you succeed in your course. Practice illustrations and exercises

support your ability to study and retain core concepts, while practical examples provide you with the opportunity to see how and when data analysis and statistics are used in the real world.

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Part 1: INTRODUCTION AND EVIDENCE-BASED PRACTICE. 1. Why Study Statistics? 2. Use of Statistics in Evidence-Based Practice. 3. Review of Key Research Methodology Concepts and Terms. Part 2: DESCRIPTIVE STATISTICS. 4. Frequency Distributions. 5. Graphs and Charts. 6. Measures of Central Tendency. 7. Measures of Dispersion. 8. Types of Distributions. 9. z-Scores, Percentiles, and Effect Size. Part 3: INFERENTIAL DATA ANALYSIS: CONCEPTUAL FOUNDATION. 10. Probability and Sampling Distributions. 11. Hypothesis Testing and Statistical Significance. 12. Type I and Type II Errors. 13. Interpreting the Strength and Importance of Relationships. Part 4: INFERENTIAL DATA ANALYSIS: PARAMETRIC AND NONPARAMETRIC PROCEDURES. 14. The t-Test. 15. Analysis of Variance. 16. Cross-Tabulation and Chi-Square. 17. Correlation. 18. Regression Analysis. 19. Applications to Single-System Evaluation Designs. Appendix A: Review of Some Math Basics. Appendix B: Statistical Symbols. Appendix C: A Conceptual Overview of Factor Analysis. Appendix D: A Conceptual Overview of Discriminant Analysis. Appendix E:

A Conceptual Overview of Logistic Regression. Appendix F: A Conceptual Overview of Multilevel Modeling (Hierarchical Linear Models). Appendix G: A Conceptual Overview of Path Analysis. Appendix H: A Conceptual Overview of Structural Equation Modeling. Appendix I: A Conceptual Overview of Event History Analysis (Survival Analysis). Appendix J: Reporting Your Statistical Findings. Appendix K: Preparing Data for Analysis. Appendix L: Hypothetical Data Set for SPSS. Appendix M: SPSS Instructions and Exercises. Glossary. References. Index.

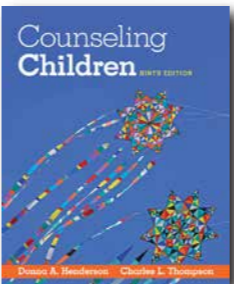
SCHOOL COUNSELING

COUNSELING CHILDREN, 9E

Donna A. Henderson, Wake Forest University; Charles L. Thompson, Late of, University of Tennessee, Knoxville

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COUNSELING CHILDREN covers the most practical and up-to-date methods for developing effective approaches to counseling children. To help prepare you for your career, the authors translate theory into practice by focusing on the application of ideas and

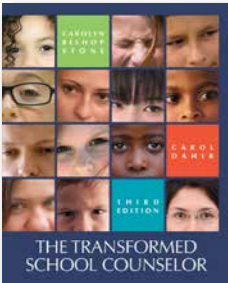
current knowledge. This easy-to-read guide includes useful strategies and case studies to provide you with a realistic look at the counseling field. It also presents a development approach to counseling that considers age and stage differences in counseling children, adolescents, and adults. The ninth edition includes 2014 ACA ethical standards, best practice guidelines, and fresh ideas that facilitate your understanding of the world of the child. Expanded coverage of children who have special concerns and of family interventions provides you with effective ways to deliver interventions across multiple settings.

CONTENTS

Part I: INTRODUCTION TO COUNSELING CHILDREN. 1. Counseling. 2. Introduction to a Child's World. 3. The Counseling Process. 4. Legal and Ethical Considerations. Part II: COUNSELING THEORIES AND TECHNIQUES. 5. Psychoanalytic Counseling. 6. Person-Centered Counseling. 7. Gestalt Therapy. 8. Behavioral Counseling. 9. Reality Therapy: Counseling with Choice Theory. 10. Brief Counseling: Solution Focused. 11. Individual Psychology. 12. Rational-Emotive-Behavioral Therapy. 13. Cognitive Behavioral Therapy. 14. Transactional Analysis. 15. Family Counseling. 16. Consultation and Collaboration. 17. Play Therapy. 18. Group Counseling with Children. 19. Counseling Children with Special Concerns. 20. Counseling Children with Special Needs.

THE TRANSFORMED SCHOOL COUNSELOR, 3E
Carolyn Bishop Stone, University of North Florida; Carol A. Dahir, New York Institute of Technology
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ebook



Preparing you for real-world practice, THE TRANSFORMED SCHOOL COUNSELOR, Third Edition teaches you to effectively use theories, data-driven decision-making, leadership, advocacy, and consultation to improve your future clients' scholastic achievement and foster social justice. Thoroughly integrating the ASCA National Model throughout, the text provides an excellent overview of how the school counseling profession has transformed to successfully meet the needs of 21st-century students. It challenges you, as a pre-service counselor, to view your sphere of influence from a systemic perspective and develop awareness of the major societal and educational changes impacting the school counselor—including economy, technology, family structures, standards-based education, and diversity. Completely current and aligned with 2016 CACREP standards, the book is packed with new case studies, Voices From the Field insights, the latest data available, and real-world illustrations.

CONTENTS

- 1. Working in Today's Schools. 2. Counseling Theory in Schools. 3. Counseling Practice in Schools. 4. School Counselors as Leaders. 5. School Counselors as Advocates. 6. Legal and Ethical Issues for School Counselors. 7. Implementing the ASCA National Model. 8. Accountability and Data-Driven Decision Making. 9. Diversity Matters. 10. Working with Special Needs Students. 11. Creating a Safe, Supportive, and Respective School Culture and Environment. 12. School Counselors as Consultants. 13. School

Counselors as Coordinators, Collaborators, and Managers of Resources. 14. All Students College and Career Ready. 15. Transitioning into the Field of School Counseling.

EXPLORING SCHOOL COUNSELING, 2E

Tamara E. Davis, Marymount University
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Get a realistic front-line look at what it means to be a school counselor. Emphasizing an action-oriented approach, this text concentrates on the practical aspects of school counseling by focusing on the roles of the counselor. Each chapter includes an excerpt from the author or a contributor that relates a personal experience in a school setting. These first- and second-hand accounts throughout the text support the theory, practice, and skills for school counseling and illustrate the many roles and responsibilities counselors assume in schools. EXPLORING SCHOOL COUNSELING, 2nd Edition features a greater emphasis on CACREP standards as well as the ASCA National Model and School Counselor Competencies.

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- 1. School Counseling as a Career: A New Chapter in Your Story. 2. The School Counselor as Ethical Practitioner: Responsibilities to Students. 3. The School Counselor as Ethical Practitioner: Responsibilities to Others, Self, and the Profession. 4. The ASCA National Model: Foundation and Framework for a Comprehensive School Counseling Program. 5. Direct Student Services: Providing the School Counseling Core Curriculum and Counseling. 6. Indirect Student Services: Consultation,

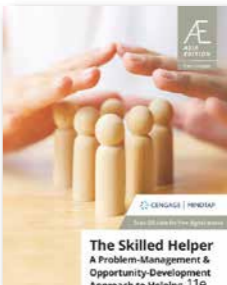
Coordination, and Noncounseling Roles. 7. The Culturally Competent School Counselor: Working with Diversity and Special Needs. 8. School Counselor Collaboration with School Personnel. 9. School Counselor Collaboration with Parents/Guardians and the Community. 10. The Effective School Counselor: Accountability in Action. 11. The School Counselor as Advocate: Taking A Stand. 12. The School Counselor as Leader: Promoting Systemic Change. 13. The School Counselor as Responsive Leader: School Violence Prevention and Crisis Intervention. 14. Becoming a School Counselor: Your Personal and Professional Journey.

SKILLS, TECHNIQUES, & PROCESS

AE THE SKILLED HELPER: A PROBLEM-MANAGEMENT AND OPPORTUNITY-DEVELOPMENT APPROACH TO HELPING, 11E

Gerard Egan, Professor Emeritus, Loyola University of Chicago; Robert J. Reese, University of Kentucky
© 2020, 456pp, Paperback, 9789814834483

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THE SKILLED HELPER has taught thousands of students a proven, step-by-step counseling process that equips them to become more confident and competent helpers. Internationally recognized for its successful problem-management and opportunity development approach to effective helping, the text emphasizes the collaborative nature of the therapist-client relationship and uses a practical, three-stage framework that drives client problem-managing and opportunity-developing action. As they read, students also gain a feeling for the complexity inherent in any helping relationship. In the eleventh edition, Gerard Egan and new co-author Robert J. Reese emphasize the "power of basics," which are the key ingredients of successful therapy. The authors name, simplify, clarify and organize these basics, showing students what they need to understand and DO to be effective helpers.

CONTENTS

- Part I: THE POWER OF BASICS. 1. The Power of Basics: Explore the Ingredients of Successful Helping. 2. Review the Problem-Management and Opportunity-Development Process. 3. Commit Yourself to the Helping Relationship and the Values That Drive It. Part II: THE THERAPEUTIC DIALOGUE: MASTER COMMUNICATION

AND RELATIONSHIP-BUILDING SKILLS. 4. Therapeutic Presence: Tune in to Clients and Listen Carefully. 5. Empathic Responding: Work at Mutual Understanding. 6. Master the Art of Probing and Summarizing. 7. Help Clients Challenge Themselves: From New Perspectives to New Behavior. Part III: THE STAGES AND TASKS OF THE PROBLEM-MANAGEMENT AND OPPORTUNITY-DEVELOPMENT MODEL. 8. The Action Arrow That Permeates the Entire Helping Process: Right from the Beginning Help Clients Turn Talk into Life-Enhancing Action. 9. The Three Tasks of Stage I: Help Clients Tell the Story, the Real Story, and the Right Story. 10. Stage II: Help Clients Design and Set Problem-Managing Goals. 11. Stage III: Help Clients Design the Way Forward.

AE INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A MULTICULTURAL SOCIETY, 9E

Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst; Mary Bradford Ivey; Carlos P. Zalaquett

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Over 500 data-based studies and years of field testing attest to the effectiveness of the microskills model in INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A

MULTICULTURAL SOCIETY, 9th Edition. This hallmark text enables students of many backgrounds to master basic skills in a step-by-step fashion, empowering them to use listening and influencing skills as they conduct full interviews. Students are challenged to re-evaluate their behaviors and perceptions, thereby gaining insight about themselves, their strengths, and areas where they can develop further. After finishing the text, students will have the ability to adapt their skills to address individual and multicultural uniqueness, conduct interviews using different theoretical approaches, and be well on their way to developing a personalized style and theory of interviewing and counseling. Neuroscience and neurobiology, and their applications to counseling, are clearly outlined throughout.

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Preface and Introduction. Demystifying the Helping Process. Section I: THE FOUNDATIONS OF COUNSELING AND PSYCHOTHERAPY. 1. Intentional Interviewing, Counseling, and Psychotherapy. 2. Ethics, Multicultural Competence,

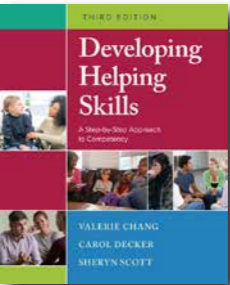
Positive Psychology, and Therapeutic Lifestyle Changes. 3. Attending Behavior and Empathy Skills. 4. Observation Skills. Section II: THE BASIC LISTENING SEQUENCE: HOW TO ORGANIZE A SESSION. 5. Questions: Opening Communication. 6. Encouraging, Paraphrasing, and Summarizing: Active Listening and Cognition. 7. Observing and Reflecting Feelings: The Heart of Empathic Understanding. 8. How to Conduct a Five-Stage Counseling Session Using Only Listening Skills. Section III: FOCUSING AND EMPATHIC CONFRONTATION: NEUROSCIENCE, MEMORY, AND THE INFLUENCING SKILLS. 9. Focusing the Counseling Session: Contextualizing and Broadening the Story. 10. Empathic Confrontation and the Creative New: Identifying and Challenging Client Conflict. Section IV: INTERPERSONAL INFLUENCING SKILLS FOR CREATIVE CHANGE. 11. Reflection of Meaning and Interpretation/Reframing: Helping Clients Restory Their Lives. 12. Action Skills for Building Resilience and Managing Stress: Self-Disclosure, Feedback, Logical Consequences, Directives/Instruction, and Psychoeducation. Section V: SKILL INTEGRATION, THEORY INTO PRACTICE, AND DETERMINING PERSONAL STYLE. 13. Counseling Theory and Practice: How to Integrate the Microskills Approach with Multiple Approaches. 14. Skill Integration and Determining Personal Style. Appendix I: The Ivey Taxonomy: Definitions of the Microskills and Strategies with Anticipated Client Response. Appendix II: Ethics. Appendix III: The Family Genogram. Appendix IV: Counseling, Neuroscience/Neurobiology, and Microskills.

DEVELOPING HELPING SKILLS, 3E

A Step-by-Step Approach to Competency
Valerie Nash Chang, Indiana University, Emeritus; Carol L. Decker, Indiana University; Sheryn T. Scott, Azusa Pacific University

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Whether you are preparing for social work, psychology, counseling, marriage and family therapy, pastoral counseling, human services, or a related helping profession, this book presents the fundamental knowledge and skills you need. The

authors' multilayered learning system integrates reading and discussion with self-assessment and practice. DEVELOPING HELPING SKILLS prepares professionals in training for generalist practice with individuals, families, and groups, including entire communities and organizations. The text also includes a case that helps you learn to think like a professional. Finally, role playing in practice interviews as well as evaluation tools allow you to assess your progress and determine your readiness to apply your skills in real-life settings. If you use the MindTap online learning experience, you'll have access to videos demonstrating application of the skills, flashcards, notetaking, a mobile app, and other resources to help you succeed in the course.

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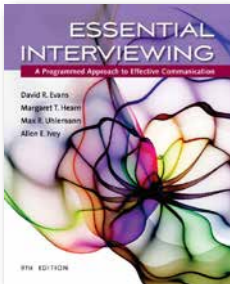
Introduction. Section I: FOUNDATION. 1. Understanding Yourself and Others. 2. Ways of Understanding and Perceiving Self and Others. 3. Values, Ethics, and Legal Obligations. 4. Professionalism and Professional Relationships. Section II: BUILDING PROFESSIONAL RELATIONSHIPS. 5. Developing Relationships. 6. Foundational Interpersonal Skills. 7. Beginning and Ending a Meeting. 8. Demonstrating Active Listening. Section III: EXPLORING AND ASSESSING WITH

CLIENTS. 9. Using Questions. 10. Exploring and Discovering. 11. Thinking about Readiness and Motivation. Section IV: DEFINING THE FOCUS. 12. Identifying Key Problems or Challenges. 13. Establishing Goals. Section V: DOING, EVALUATING, AND ENDING THE WORK. 14. Taking Action. 15. Evaluating and Ending Professional Relationships. Appendix A: Practice Evaluation Scales. Appendix B: Overall Practice Evaluation Form. Glossary. References.

ESSENTIAL INTERVIEWING, 9E
A Programmed Approach to Effective Communication
David R. Evans, University of Western Ontario; Margaret T. Hearn, University of Western Ontario; Max R. Uhlemann, University of Victoria; Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst

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Interviewing is one of the most important skills that you'll use in your career. This proven text gives you the tools you need to conduct successful interviews with diverse clients in a variety of professional settings, including social work, counseling, nursing, personnel work, and human services. With an emphasis on the three major stages of interviewing: exploration, clarification, and action, ESSENTIAL INTERVIEWING offers the same programmed-learning model of interviewing that has successfully trained countless members of the helping professions for nearly 30 years. The text makes interview skills clear and specific -- and exposes you to a variety of client situations and cultures. Each chapter highlights an ethical situation you may confront in your future career, further grounding you in current standards of professional practice.

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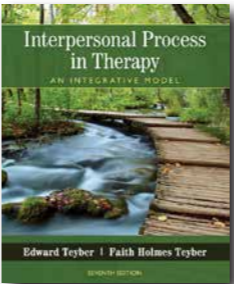
1. Programming a Foundation for Learning. Stage I: LISTENING AND EXPLORATION: HELPING CLIENTS IDENTIFY THEIR EXPERIENCES, ISSUES, AND PROBLEMS 2. Attending Behavior. 3. Questioning. 4. Reflecting Content. 5. Reflecting Feeling. 6. Integrating Your Listening and Exploration Skills. Stage II: CLARIFICATION: HELPING CLIENTS TO CLARIFY THEIR EXPERIENCES AND DEVELOP GOALS. 7. Confronting. 8. Communicating Feeling and Immediacy. 9. Self-Disclosure. 10. Interpreting. Stage III: ACTION: HELPING CLIENTS TO TAKE ACTION. 11. Information Giving. 12. Structuring for Exploration, Clarification, and Action. 13. Enlisting Cooperation. Stage IV: EFFECTIVE COMMUNICATION: FACILITATING CLARIFICATION, EXPLORATION, AND ACTION. 14. Putting It All Together. Additional Resources. Index.

INTERPERSONAL PROCESS IN THERAPY, 7E
An Integrative Model

Edward Teyber, California State University, San Bernardino (Emeritus); Faith Holmes McClure, California State University, San Bernardino (Emeritus)

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Therapy that effects change must authentically involve you, the therapist. Engaging, readable, and immediately helpful with clients, INTERPERSONAL PROCESS IN THERAPY: AN INTEGRATIVE MODEL brings together various theories into a cohesive framework that centers on the therapeutic relationship. It shows you practical ways to intervene with your clients, while addressing and alleviating the concerns new therapists often have -- such as worrying about making "mistakes." It also provides clear guidelines for effective (and ineffective) ways to establish a working alliance, address resistance and resolve ruptures in the therapeutic relationship, help clients transition from surface conversation to their key concerns, respond to clients' painful feelings, develop a focus for treatment, and more. Featuring new case examples and updated research, the seventh edition's extensive clinical vignettes and sample therapist-client dialogues will bring you "in the room" with the therapist.

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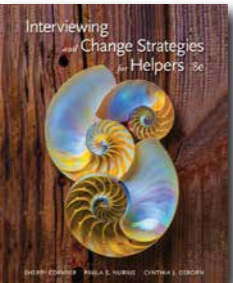
Interpersonal Coping Strategies. 8. Relational Themes and Reparative Experiences. Part IV: RESOLUTION AND CHANGE. 9. An Interpersonal Solution. 10. Working-Through and Termination. Glossary. APPENDICES: A. Process Notes. B. Case Formulation Guidelines.

INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, 8E

Sherry Cormier, West Virginia University, Department of Counseling Psychology; Paula S. Nurius, University of Washington, School of Social Work; Cynthia J. Osborn, Kent State University, Counseling and Human Development Services

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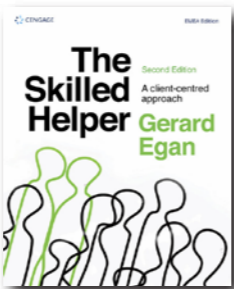
Fully updated to reflect the latest research and issues, INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, Eighth Edition introduces you to the knowledge, skills, values, and tools needed by today's professional helpers. The book's conceptual foundation reflects four critical areas for helpers: core skills and attributes, effectiveness and evidence-based practice, diversity issues and ecological models, and critical commitments and ethical practice, using an interdisciplinary approach that reflects the authors' extensive experience in the fields of counseling, psychology, social work, and health and human services. The text skillfully combines evidence-based interviewing skills and evidence-based intervention change strategies, thus preparing you to work with clients representing a wide range of ages, cultural backgrounds, and challenges in living.

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1. Building Your Foundation as a Helper. 2. Critical Commitments: Diversity Issues and Ethical Practice for Helpers. 3. Ingredients of an Effective Helping Relationship. 4. Listening. 5. Influencing Responses. 6. Assessing and Conceptualizing Client Problems and Contexts. 7. Conducting an Interview Assessment With Clients. 8. Constructing, Contextualizing, and Evaluating Treatment Goals. 9. Clinical Decision Making and Treatment Planning. 10. Strategies for Working With Resistance: Solution Focused Therapy and Motivational Interviewing. 11 Cognitive Change Strategies: Reframing, Cognitive Modeling, and Cognitive Restructuring. 12. Cognitive Approaches to Stress Management: Stress Processes, Problem Solving Therapy, and Stress Inoculation Training. 13. Self-Calming Approaches to Stress Management: Breathing, Muscle Relaxation, and Mindfulness Meditation. 14. Exposure Therapy for Anxiety, Fear, and Trauma. 15. Self-Management Strategies: Self-Monitoring, Stimulus Control, Self-Reward, and Self-Efficacy.

THE SKILLED HELPER, 2E

Gerard Egan, Professor Emeritus, Loyola University of Chicago
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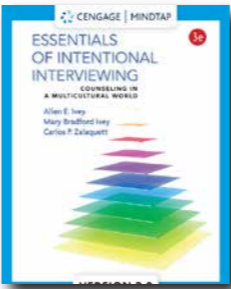
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PART III: THE SKILLED HELPER PROBLEM-MANAGEMENT AND OPPORTUNITY-DEVELOPMENT APPROACH TO HELPING 7 An Introduction to the Problem-Solving and Problem-Management Process 8 Stage I: Helping Clients Explore their Concerns and Tell their Stories 9 Stage II: Helping Clients Design Problem-Managing Outcomes and Set Goals 10 Stage III: Planning the Way Forward 11 How to Implement and Make it all Happen
PART IV: EXERCISES TO ASSIST IN BECOMING A SKILLED HELPER, AND EXTRACT FROM A COUNSELLING CONVERSATION 12 Counselling Skills Exercises 13 Extract from a Counselling Conversation

ESSENTIALS OF INTENTIONAL INTERVIEWING, 3E

Counseling in a Multicultural World
Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst; Mary Bradford Ivey; Carlos P. Zalaquett
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ESSENTIALS OF INTENTIONAL INTERVIEWING, 3rd Edition, is your guide to interviewing in the helping professions. This succinct, reader-friendly text focuses on what you really need to know to begin your journey toward becoming an effective professional in a diverse world. The Third Edition retains the authors' renowned microskills model, which revolutionized modern understanding of the counseling and therapy process by teaching vital interviewing skills step-by-step. This demystifying process breaks down counseling into manageable micro units and builds a bridge between theoretical understanding, mastery of the skills, and the practice of counseling. New to this edition are a chapter on crisis counseling, basic information on neuroscience as it relates to interviewing, new video content, and brief summaries of key theories of helping (with additional information and transcripts available online). In addition, MindTap—an online learning platform with a full array of text-specific study tools—is available with the new edition.

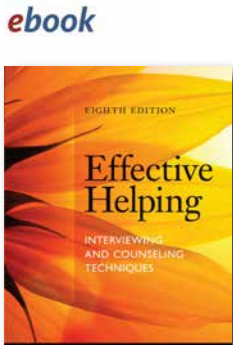
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AND ORGANIZING AN EFFECTIVE INTERVIEW. 4. Questions: Opening Communication. 5. Encouraging, Paraphrasing, and Summarizing: Active Listening and Cognition. 6. Observing and Reflecting Feelings: The Heart of Empathic Understanding. 7. How to Conduct a Five-Stage Counseling Session Using Only Listening Skills. Section III: HELPING CLIENTS GENERATE NEW STORIES THAT LEAD TO ACTION: INFLUENCING SKILLS AND STRATEGIES. 8. Focusing the Interview: Exploring the Story from Multiple Perspectives. 9. Empathic Confrontation: Supporting While Addressing Client Conflict. 10. Reflection of Meaning and Interpretation/Reframing: Restorying Client Lives Through Meaning Making. 11. Empathic Self-Disclosure and Feedback: Relationship, Immediacy, and Genuineness. 12. Directives: Providing Information, Psychoeducation, and Decisional Counseling's Natural and Logical Consequences—Helping Clients Move to Action. Section IV: SKILL INTEGRATION, CRISIS COUNSELING, AND DEVELOPING YOUR OWN STYLE. 13. Skill Integration Through Examining Your Own Session, Treatment Plans, and Case Management. 14. Crisis Counseling and Assessing Suicide Potential. 15. Determining Personal Style in a World of Multiple Theories. Appendix I: The Ivey Taxonomy: Definitions of the Microskills Hierarchy and Predicted Results from Using Skills. Appendix II: The Family Genogram. Appendix III: Counseling, Neuroscience, and Microskills. Glossary.

EFFECTIVE HELPING, 8E

Interviewing and Counseling Techniques
Barbara F. Okun, Northeastern University and Clinical Instructor, Harvard Medical School; Ricki E. Kantrowitz, Westfield State College
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Learn the skills and strategies you need to be an effective and empathic helper with EFFECTIVE HELPING: INTERVIEWING AND COUNSELING TECHNIQUES, Eighth Edition. Today's helpers must have a wider, more diverse range of knowledge and skills than ever before-including an understanding of culturally diverse human behavior and development, the process of change, the power of contemporary forces, and sound theories and methods of helping and communicating. This clear, applied, and respected book will help you master the skills of interviewing and relationship building to prepare you for the reality of what it's like to be a helper. It's also a resource you'll want to hold onto throughout your studies and well into your career.

CONTENTS

- 1. Introduction. 2. The Helping Relationship. 3. Communication Skills. 4. Stage 1: Building Relationships and Establishing Goals. 5. Helping Theory. 6. Current Theoretical Perspectives. 7. Introduction to Strategies. 8. Stage 2: Applying Strategies. 9. Crisis Theory and Intervention. 10. Issues Affecting Helping. Appendix A. Observer's Guide to Rating Communication Skills. Appendix B. Sample Psychotherapy Policies. Appendix C. Sample Client Information Sheet. Appendix D. What Is the HIPAA Privacy Rule?

INTERVIEWING FOR SOLUTIONS, 4E

Peter De Jong, Calvin College; Insoo Kim Berg
© 2013, 464pp, Paperback, 9781111722203



Written in a clear, informative, and informal style, INTERVIEWING FOR SOLUTIONS features a unique solutions-oriented approach to basic interviewing in the helping professions. Peter DeJong and Insoo Kim Berg's proven approach views clients as competent, helps them to visualize the changes they want, and builds on what they are already doing that works. Throughout the book, the authors present models for solution-focused work, illustrated by examples and supported by research. Resources such as an instructional DVD with integrated exercises, demonstration interviews, tools for solution building with clients, and more are available to accompany the text.

CONTENTS

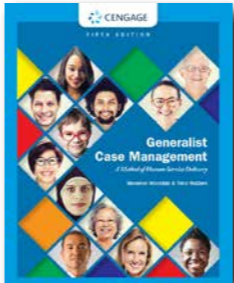
- 1. From Problem Solving to Solution Building. 2. Solution Building, The Basics. 3. Skills for Not Knowing and Leading from One Step Behind. 4. Getting Started: How to Pay Attention to What the Client Wants. 5. How to Amplify What Clients Want: The Miracle Question. 6. Exploring for Exceptions, Building on Client Strengths and Successes. 7. Formulating Feedback for Clients. 8. Later Sessions: Finding, Amplifying, and Measuring Client Progress. 9. Interviewing Clients in Involuntary Situations: Children, Dyads, and the Mandated. 10. Interviewing in Crisis Situations. 11. Outcomes. 12. Professional Values and Human Diversity. 13. Agency, Group, and Organizational Practice. 14. Applications. 15. Theoretical Implications.

SPECIAL TOPICS

GENERALIST CASE MANAGEMENT, 5E

A Method of Human Service Delivery
Marianne R. Woodside, University of Tennessee, Knoxville; Tricia McClam, University of Tennessee, Knoxville
© 2018, 432pp, Paperback, 9781305947214

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Become an effective case manager with GENERALIST CASE MANAGEMENT: A METHOD OF HUMAN SERVICE DELIVERY, 5th Edition. You'll be drawn into the text early on when you meet Sharon Bello, a client involved in the case management process. Realistic and relevant, this text provides you with the fundamental skills and information you need to coordinate and provide services to a variety of populations. Case studies, interviews with human service case managers nationwide, and opportunities to apply what you learn to real-life issues are just a few of the tools that will help you become an effective advocate for your client. You'll also gain practical knowledge to help you prepare for earning C-SWMC certification and the HS-BCP credential.

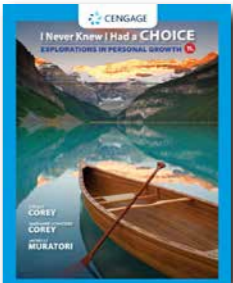
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- Part I: INTRODUCTION TO CASE MANAGEMENT. 1. Introduction to Case Management. 2. Historical Perspectives on Case Management. 3. Methods of Delivering Case Management Services. 4. Ethical and Legal Perspectives. 5. Working with Diverse Populations. Part II: THE CASE MANAGEMENT PROCESS. 6. The Assessment Phase of Case Management. 7. Effective Intake Interviewing Skills. 8. Service Delivery Planning. 9. Building a Case File. 10. Service Coordination. Part III: WORKING WITHIN THE SOCIAL SERVICE DELIVERY SYSTEM. 11. Working within the Organizational Context. 12. The Case Manager's Professional Growth and Development. Appendix. Glossary. Index.

I NEVER KNEW I HAD A CHOICE, 11E

Explorations in Personal Growth
Gerald Corey, California State University, Fullerton (Emeritus); Marianne Schneider Corey, Licensed Therapist, Private Practice; Michelle Muratori, Center for Talented Youth at Johns Hopkins University, Baltimore, Maryland
© 2018, 480pp, Paperback, 9781305945722

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Honest and inspiring, I NEVER KNEW I HAD A CHOICE: EXPLORATIONS IN PERSONAL GROWTH, 11th Edition, will motivate you to focus on your personal growth and create real change. The text covers a broad range of key topics, including personal style of learning, the effects of childhood and adolescence experiences on current behavior and choices, meeting the challenges of adulthood and autonomy, and many other issues related to personal growth and development. The warm yet research-based discussion of significant dimensions of life will help you examine the choices you've made, expand your awareness of the choices available to you, and choose where to go from here. As you work through the text's self-inventories, exercises, and activities -- and read the first-person accounts of the difficult choices real people have made -- you'll gain invaluable insight into your life, beliefs, and attitudes in a personally empowering way.

CONTENTS

- 1. Invitation to Personal Learning and Growth. 2. Reviewing Your Childhood and Adolescence. 3. Adulthood and Autonomy. 4. Your Body and Wellness. 5. Managing Stress. 6. Love. 7. Relationships. 8. Becoming the Woman or Man You Want to Be. 9. Sexuality. 10. Work and Recreation. 11. Loneliness and Solitude. 12. Death and Loss. 13. Meaning and Values.

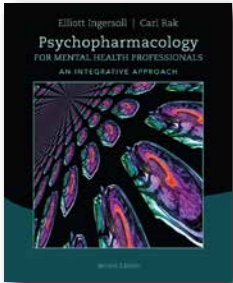
PSYCHOPHARMACOLOGY FOR MENTAL HEALTH PROFESSIONALS, 2E

An Integrative Approach

R. Elliott Ingersoll, Cleveland State University; Carl F. Rak, Cleveland State University

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ebook



Master the basics of psychopharmacology with

PSYCHOPHARMACOLOGY FOR MENTAL HEALTH PROFESSIONALS, Second Edition. Concise yet comprehensive, this counseling text covers the basic principles of psychopharmacology, commonly prescribed psychotropic drugs for adults, and psychotropic medications prescribed to children. Psychological, cultural, and social issues related to psychopharmacology are also addressed. Numerous case examples, study questions, bolded key terms, and a glossary help you understand and applying the material. Practical information about how to talk with clients about medication and compliance as well as hands-on information about how to approach collaboration with prescribing professionals prepares you to apply what you have learned to practice. This edition includes new material on psychosocial treatments that complement the most prescribed medications, expanded discussion of medication of children and the elderly, a new chapter on drug replacement therapies, reference to changes in the DSM-5, and more.

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PART I: AN OVERVIEW OF THE NEW EDITION. 1. Introduction. 2. Introduction to the Nervous System, Neurons, and Pharmacodynamics.

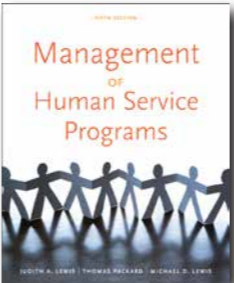
3. Pharmacokinetics: How the Body Acts on Psychotropic Medications. 4. Psychological, Social, and Cultural Issues in Psychopharmacology. PART II: DRUG CLASSIFICATIONS, THERAPEUTIC EFFECTS AND SIDE EFFECTS. 5. The Antidepressant Era. 6. The Age of Anxiety. 7. Antipsychotic Medications. 8. Mood Stabilizers. PART III: NEWER ISSUES. 9. Medicating Children. 10. Herbaceuticals. 11. Pharmacotherapy of Alcohol and Drug Related Disorders. 12. Drug Assisted Psychotherapy. 13. Psychotropic Medication and the Elderly.

MANAGEMENT OF HUMAN SERVICE PROGRAMS, 5E

Judith A. Lewis, Governors State University; Thomas R. Packard, San Diego State University; Michael D. Lewis

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ebook



Practical and easy to use, this human services text provides important guidelines for working within agencies. The authors address important topics germane to management and administration, including evidence-based and empirically based practice, as well as challenges of management, environments of human service agencies, program design, organizational theory and design, human resources, supervisory relationships, finances, information systems, program evaluation, organizational change, leadership, and achieving and maintaining organizational excellence. To help you view issues in action, the authors have included a case example in each chapter, along with reflection questions to help you reflect on how you would handle the scenario.

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1. Facing the Challenges of Management. 2. The Environments of Human Service Organizations. 3. Planning and Program Design. 4. Organizational Theory for Human Service Organizations. 5. Organization Design. 6. Developing and Managing Human Resources. 7. Building Supervisory Relationships. 8. Managing Finances to Meet Program Goals. 9. Designing and Using Information Systems. 10. Evaluating Human Service Programs. 11. Leading and Changing Human Service Organizations. 12. Achieving and Maintaining Organizational Excellence.

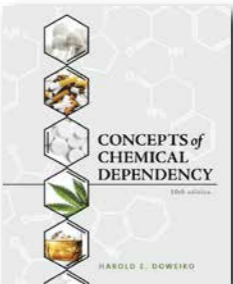
SUBSTANCE ABUSE COUNSELING

CONCEPTS OF CHEMICAL DEPENDENCY, 10E

Harold E. Doweiko, Viterbo University

© 2019, 736pp, Paperback, 9781337563451

CENGAGE | MINDTAP ebook



From inhalants and alcohol to synthetic drugs and opiates, CONCEPTS OF CHEMICAL DEPENDENCY, 10th Edition, reflects the explosion of information regarding the understanding, identification and treatment of substance use disorders. Author Harold Doweiko also examines the use and misuse of tobacco, barbiturates, amphetamines, cocaine and hallucinogens as well as chemicals frequently left out of other books--such as aerosols, steroids and over-the-counter analgesics. One thing you won't find is a judgmental approach preaching that "drugs are bad for you." By studying the facts and concepts in this book, you get the information you need to understand relevant research related to misused substances and help your clients overcome substance misuse challenges.

CONTENTS

1. Why Worry About Substance Misuse or Substance Use Disorders? 2. The Nature of the Beast. 3. A Brief Introduction to the Science of Pharmacology. 4. An Introduction to Alcohol: Man's Oldest Recreational Chemical. 5. The Alcohol Use Disorders. 6. Misuse of Barbiturates and Barbiturate-Like Compounds. 7. Misuse of Benzodiazepines and Similar Agents. 8. Misuse of Central Nervous System Stimulants and Stimulant Use Disorders. 9. Cocaine Misuse and Cocaine Use Disorder. 10. Marijuana Misuse and Cannabis Use Disorder. 11. Opioid Use and Misuse. 12. Hallucinogen Misuse. 13. Misuse of Inhalants

and Aerosols. 14. The Under-Recognized Problem of Steroid Misuse. 15. Tobacco Products and Tobacco Use Disorder. 16. Over the Counter Analgesics. 17. Chemicals and the Neonate. 18. Gender and Substance Use Disorders. 19. Hidden Faces of Substance Use Disorders. 20. Substance Misuse by Children and Adolescents. 21. Substance Use and Substance Use Disorders in College Students. 22. Substance Use Disorders and the Older Adult. 23. Substance Use Disorders and the Family. 24. Codependency and Enabling. 25. The Client with Co-Occurring Disorders: Substance Use Disorders and Mental Illness. 26. The Biopsychosocial Model of the Substance Use Disorders. 27. The Substance Use Disorders as a Disease of the Human Spirit. 28. The Assessment of Suspected Substance Use Disorders. 29. Intervention. 30. Treatment Settings. 31. Treatment Formats. 32. The Process of Treatment. 33. Pharmacological Interventions for Substance Use Disorders. 34. Relapse and Other Problems Frequently Encountered in Substance Rehabilitation. 35. Support Groups to Promote and Sustain Recovery. 36. Substance Use Disorders and Infectious Disease. 37. The Relationship Between Drugs and Crime. 38. The Debate Over Legalization. Appendices. Glossary. References. Index.

SUBSTANCE ABUSE COUNSELING, 6E

Judith A. Lewis, *Governors State University*; Robert Q. Dana, *University of Maine, Orono*; Gregory A. Blevins, *Governors State University*

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This book provides a practical and comprehensive overview of substance abuse counseling--great to keep as a reference after you complete your course. SUBSTANCE ABUSE COUNSELING, 6th Edition, focuses on empirical studies and the importance of

treating clients with a collaborative and respectful approach. These values lay the foundation for individualized treatment planning, attention to the client's social environment, a multicultural perspective and client advocacy. Personalized assessment, treatment planning and behavior change strategies show you how to meet your clients' needs and select the most effective treatment modalities for each individual. And in the MindTap digital learning solution, you can read an ebook version of the text and download useful forms and questionnaires.

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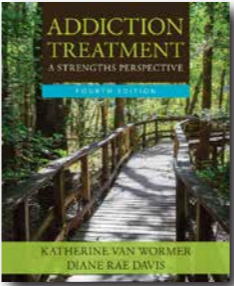
Part I: INTRODUCTION. 1. Substance Abuse Counseling for Today. 2. Drugs and Their Effects. 3. Motivational Interviewing. Part II: THE PROCESS OF BEHAVIOR CHANGE. 4. Assessment and Treatment Planning. 5. Helping Clients Change. 6. Empowering Clients Through Group Work. 7. Maintaining Change in Substance Use Behaviors. Part III: THE CONTEXT OF CHANGE. 8. Working with Families. 9. Successful Service Programs. 10. Preventing Substance Abuse. APPENDICES. A. Psychosocial and Substance Use History. B. Initial Behavioral Assessment and Functional Analysis. C. Comprehensive Drinker Profile. D. Family Drinking Survey. E. Useful Websites. F. Valuable Treatment Manuals.

ADDICTION TREATMENT, 4E

Katherine van Wormer, *University of Northern Iowa*; Diane Rae Davis, *Eastern Washington University*

© 2018, 696pp, Paperback, 9781305943308

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ADDICTION TREATMENT covers the biological, psychological, and social aspects of alcoholism, eating disorders, compulsive gambling, and other addictions. The authors bridge the gap between the popular twelve-step and harm-reduction approaches,

thus illuminating how you, as a future practitioner, can guide your clients down a trusted path that is tailored towards the client's particular needs. Through a number of first-person narratives about the experience of addiction, you will discover a realism and depth not commonly found in textbooks. Interesting and relevant topics -- such as the case against so-called underage drinking laws and an inside story of working in a casino -- draw you into the material and illustrate the importance of reducing harm within the biopsychological framework that ties the text together.

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Part I: INTRODUCTION. 1. The Nature of Addiction. 2. Historical Perspectives. Part II: THE BIOLOGY OF ADDICTION. 3. Substance Misuse, Dependence, and the Body. 4. Substance Misuse with a Co-Occurring Mental Disorder or Disability. 5. Gambling, Eating Disorders, Shopping, and Other Behavioral Addictions. Part III: THE PSYCHOLOGY OF ADDICTION. 6. Addiction Across the Life Span. 7. Screening and Assessment. 8. Strengths- and Evidence-Based Helping Strategies. 9. Mutual Help Groups and Spiritual/Religious Resources. Part IV: THE SOCIAL ASPECTS OF ADDICTION. 10. Family Risks and Resiliencies. 11. Ethnicity, Culture, and the Socioeconomic Determinants of Addiction. 12. Gender and Sexual Orientation Differences. 13. Public Policy. Appendix.

THEORIES

AE CURRENT PSYCHOTHERAPIES, 11E

Danny Wedding; Raymond J. Corsini, *University of Hawaii*

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C U R R E N T PSYCHOTHERAPIES, 11th Edition, helps students learn, compare and apply all major systems of psychotherapy in a way that's meaningful to their classroom experience and their own practice. Used in top Counseling, Psychology

and Social Work programs, the book features an outstanding group of contributors--each of whom is either an originator or a leading proponent of one of the systems. These distinguished figures include Albert Ellis, Carl Rogers, Aaron Beck, Martin Seligman, John Norcross, Larry Beutler and Irvin Yalom. Each contributor presents the basic principles of a system, including how it compares with other systems. A case example in every theory chapter guides students through the problem, evaluation, treatment and follow-up process.

CONTENTS

1. Introduction to 21st Century Psychotherapies--Frank Dumont. 2. Psychoanalytic Psychotherapies--Jeremy D. Safran, Alexander Kriss and Victoria Foley. 3. Adlerian Psychotherapy--Michael P. Maniacci, and Laurie Sackett-Maniacci. 4. Client-Centered Therapy--Nathaniel J. Raskin, Carl R. Rogers and Marjorie C. Witty. 5. Rational Emotive Behavior Therapy--Albert Ellis and Debbie Joffe Ellis. 6. Behavior Therapy--Martin M. Antony. 7. Cognitive Therapy--Aaron T. Beck and Marjorie E. Weishaar. 8. Existential Psychotherapy--Irvin D. Yalom and Ruthellen Josselson. 9. Gestalt

Therapy--Gary Yontef and Lynne Jacobs. 10. Interpersonal Psychotherapy--Helen Verdeli and Myrna M. Weissman. 11. Family Therapy--Irene Goldenberg and Mark Stanton. 12. Meditation and Psychotherapy--Roger Walsh. 13. Positive Psychotherapy--Tayyab Rashid and Martin Seligman. 14. Integrative Psychotherapies--John C. Norcross and Larry E. Beutler. 15. Multicultural Theories of Psychotherapy--Lillian Comas-Diaz. 16. Contemporary Challenges and Controversies--Kenneth S. Pope and Danny Wedding. Glossary. Name Index. Subject Index.

AE THEORY AND PRACTICE OF COUNSELING PSYCHOTHERAPY, 10E

Gerald Corey, California State University, Fullerton (Emeritus)

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Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the

major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases ("Stan" and "Gwen"). With his trademark style, he shows students how to apply theories in practice, and helps them learn to integrate the theories into an individualized counseling style.

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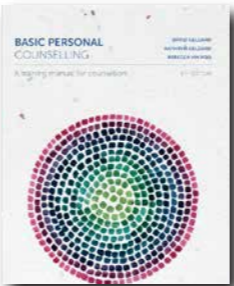
Preface. Part I: BASIC ISSUES IN COUNSELING PRACTICE. 1. Introduction and Overview. 2. The Counselor: Person and Professional. 3. Ethical Issues in Counseling Practice. Part II: THEORIES AND TECHNIQUES OF COUNSELING. 4. Psychoanalytic Therapy. 5. Adlerian Therapy. 6. Existential Therapy. 7. Person-Centered Therapy. 8. Gestalt Therapy. 9. Behavior Therapy. 10. Cognitive Behavior Therapy. 11. Choice Theory/Reality Therapy. 12. Feminist Therapy. 13. Postmodern Approaches. 14. Family Systems Therapy. Part III: INTEGRATION AND APPLICATION. 15. An Integrative Perspective.

BASIC PERSONAL COUNSELLING: A TRAINING MANUAL FOR COUNSELLORS, 8E

David Geldard; Kathryn Geldard, Retired; Rebecca Yin Foo

© 2017, 400pp, Paperback, 9780170364362





Basic Personal Counselling is an easy to read introduction to counselling that reflects current best practice. It teaches core interviewing skills and provides a framework of practical examples and training group exercises to enable students to

progressively build a skill repertoire. The book is designed to prepare students for field placement and therefore has a strong vocational focus. • Introduces counselling skills in a logical sequence and provides practical examples of the skills in action • Discusses the process of change involved in counselling • Provides approaches for counselling people with specific problems such as anger, depression, grief, suicidal ideation • Discusses professional issues including: confidentiality, ethics, record keeping

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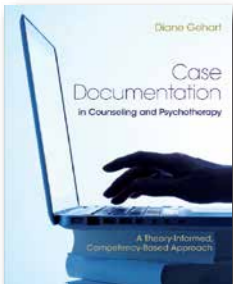
CASE DOCUMENTATION IN COUNSELING AND PSYCHOTHERAPY

A Theory-Informed, Competency-Based Approach

Diane R. Gehart, California State University, Northridge

© 2016, 560pp, Paperback, 9781305405219

ebook



CASE DOCUMENTATION IN COUNSELING AND PSYCHOTHERAPY teaches counselors and psychotherapists how to apply counseling theories in real-world settings. Written in a clear, down-to-earth style, the text provides a comprehensive introduction

to case documentation using four commonly used clinical forms: case conceptualization, clinical assessment, treatment plan, and progress note. These documents incorporate counseling theory and help new practitioners understand how to use theory in everyday practice. Case studies illustrate how to complete documentation using each of seven counseling models. Readers also learn about the evidence base for each theory as well as applications for specific populations. More than a text, this book can be used as a clinical reference manual by mental health professionals, providing practical overviews of theories, conceptualization, treatment planning, and documentation. Designed to produce measurable results that have value beyond the classroom, the text employs learning-centered, outcome-based pedagogy to engage students in an active learning process. Its case documentation assignments-created using national standards-help students apply concepts and develop professional skills early on in their training. Instructors are supported by syllabi templates, PowerPoint® slides, test banks, online lectures, scoring rubrics designed for accreditation assessment, and more.

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Part I: INTRODUCTION TO CASE DOCUMENTATION. 1. Introduction to Case Documentation. 2. Case Conceptualization. 3. Clinical Assessment. 4. Treatment Planning. 5. Progress Notes. 6. Evaluating Progress in Counseling. 7. The Competent Supervisee. Part II: THEORY-INFORMED CASE DOCUMENTATION. 8. Psychodynamic Counseling and Psychotherapy. 9. Individual Psychology and Adlerian Counseling. 10. Humanistic-Existential Counseling Approaches. 11. Cognitive-Behavioral Approaches. 12. Systemic Family Counseling and Therapy. 13. Solution-Based Counseling. 14. Postmodern and Feminist Counseling Approaches.

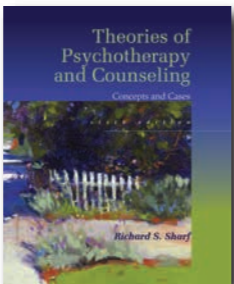
THEORIES OF PSYCHOTHERAPY & COUNSELING, 6E

Concepts and Cases

Richard S. Sharf, University of Delaware

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Reflecting the latest practices from the field, the comprehensive THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES, 6th Edition equips you with a solid understanding of the systematic theories of psychotherapy and counseling. A proven author and popular professor, Dr. Richard Sharf combines a thorough explanation of concepts with insightful case summaries and therapist-client dialogues that illustrate techniques and treatment in practice. He demonstrates how to apply theories to individual therapy or counseling for common psychological disorders-such as depression and generalized anxiety disorders-as well as how to apply them to group therapy. For major theories, the text includes basic information about background, personality theory, and theory

of psychotherapy to help you understand the application of psychotherapy theory. In addition, insight into the personal lives and philosophical influences of theorists helps explain how the theorists view human behavior.

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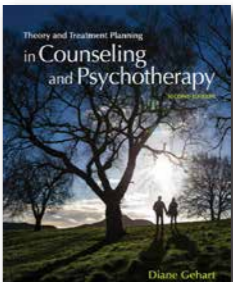
1. Introduction. 2. Psychoanalysis. 3. Jungian Analysis and Therapy. 4. Adlerian Therapy. 5. Existential Therapy. 6. Person-Centered Therapy. 7. Gestalt Therapy: An Experiential Therapy. 8. Behavior Therapy. 9. Rational Emotive Behavior Therapy. 10. Cognitive Therapy. 11. Reality Therapy. 12. Constructive Approaches. 13. Feminist Therapy: A Multicultural Approach. 14. Family Therapy. 15. Other Psychotherapies. 16. Integrative Therapies. 17. Comparison and Critique.

THEORY AND TREATMENT PLANNING IN COUNSELING AND PSYCHOTHERAPY, 2E

Diane R. Gehart, California State University, Northridge

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ebook



One of the first books in the field of counseling to use a competency-based approach for teaching counseling and psychotherapy theories, Gehart's text is designed to teach the skills and knowledge outlined in current CACREP

Standards. Featuring state-of-the-art, outcomes-based pedagogy, the text introduces counseling and psychotherapy theories using theory-informed case conceptualization as well as treatment planning. Assignments empower students to apply theoretical concepts and develop real-world skills as early as possible in their training, resulting in greater mastery of the material.

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Section I: INTRODUCTION TO THEORIES, COMPETENCIES, AND TREATMENT PLANNING. 1. Counseling Theory, Competency, Research, and You: Connecting the Dots. 2. Treatment Planning. Section II: COUNSELING AND PSYCHOTHERAPY THEORIES. 3. Psychoanalytic and Psychodynamic Counseling and Psychotherapy. 4. Jungian Analytic Psychology. 5. Alderian Individual Counseling. 6. Person-Centered Counseling and Psychotherapy. 7. Existential Counseling and Psychotherapy. 8. Gestalt Counseling and Psychotherapy. 9. Foundational Cognitive-Behavioral Approaches. 10. Evidence-Based Cognitive-Behavioral Approaches: Dialectic Behavior Therapy and Trauma-Focused Cognitive-Behavioral Therapy. 11. Systemic Family Counseling and Therapy. 12. Solution-Based Approaches. 13. Narrative and Collaborative Approaches. 14. Feminist and

Multicultural Counseling and Psychotherapy. Section III: THEORETICAL INTEGRATION AND CASE CONCEPTUALIZATION. 15. Introduction to Theoretical Integration. 16. Integrative Case Conceptualization.

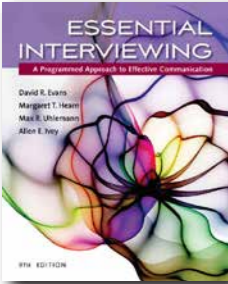
SOCIAL WORK & HUMAN SERVICES

DIRECT METHODS / PRACTICE WITH INDIVIDUALS / CLINICAL PRACTICE

ESSENTIAL INTERVIEWING, 9E
A Programmed Approach to Effective Communication
David R. Evans, University of Western Ontario; Margaret T. Hearn, University of Western Ontario; Max R. Uhlemann, University of Victoria; Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst

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Interviewing is one of the most important skills that you'll use in your career. This proven text gives you the tools you need to conduct successful interviews with diverse clients in a variety of professional settings, including social work, counseling, nursing, personnel work, and human services. With an emphasis on the three major stages of interviewing: exploration, clarification, and action, ESSENTIAL INTERVIEWING offers the same programmed-learning model of interviewing that has successfully trained countless members of the helping professions for nearly 30 years. The text makes interview skills clear and specific -- and exposes you to a variety of client situations and cultures. Each chapter highlights an ethical situation you may confront in your future career, further

grounding you in current standards of professional practice.

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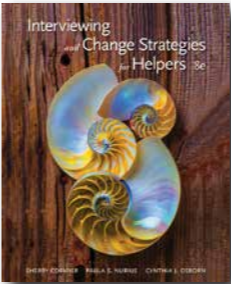
1. Programming a Foundation for Learning. Stage I: LISTENING AND EXPLORATION: HELPING CLIENTS IDENTIFY THEIR EXPERIENCES, ISSUES, AND PROBLEMS 2. Attending Behavior. 3. Questioning. 4. Reflecting Content. 5. Reflecting Feeling. 6. Integrating Your Listening and Exploration Skills. Stage II: CLARIFICATION: HELPING CLIENTS TO CLARIFY THEIR EXPERIENCES AND DEVELOP GOALS. 7. Confronting. 8. Communicating Feeling and Immediacy. 9. Self-Disclosure. 10. Interpreting. Stage III: ACTION: HELPING CLIENTS TO TAKE ACTION. 11. Information Giving. 12. Structuring for Exploration, Clarification, and Action. 13. Enlisting Cooperation. Stage IV: EFFECTIVE COMMUNICATION: FACILITATING CLARIFICATION, EXPLORATION, AND ACTION. 14. Putting It All Together. Additional Resources. Index.

INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, 8E

Sherry Cormier, West Virginia University, Department of Counseling Psychology; Paula S. Nurius, University of Washington, School of Social Work; Cynthia J. Osborn, Kent State University, Counseling and Human Development Services

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Fully updated to reflect the latest research and issues, INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, Eighth Edition introduces you to the knowledge, skills, values, and tools needed by today's professional helpers. The book's conceptual foundation reflects four critical areas for helpers: core skills and attributes, effectiveness and evidence-based practice, diversity issues and ecological models, and critical commitments and ethical practice, using an interdisciplinary approach that reflects the authors' extensive experience in the fields of counseling, psychology, social work, and health and human services. The text skillfully combines evidence-based interviewing skills and evidence-based intervention change strategies, thus preparing you to work with clients representing a wide range of ages, cultural backgrounds, and challenges in living.

CONTENTS

1. Building Your Foundation as a Helper. 2. Critical Commitments: Diversity Issues and Ethical Practice for Helpers. 3. Ingredients of an Effective Helping Relationship. 4. Listening. 5. Influencing Responses. 6. Assessing and Conceptualizing Client Problems and Contexts. 7. Conducting an Interview Assessment With Clients. 8. Constructing, Contextualizing, and Evaluating Treatment Goals. 9. Clinical Decision Making and Treatment Planning. 10. Strategies for Working With Resistance: Solution Focused Therapy and Motivational Interviewing. 11 Cognitive Change Strategies: Reframing,

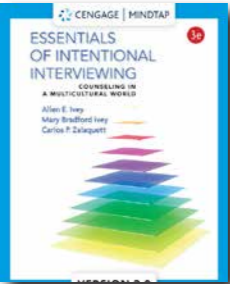
Cognitive Modeling, and Cognitive Restructuring. 12. Cognitive Approaches to Stress Management: Stress Processes, Problem Solving Therapy, and Stress Inoculation Training. 13. Self-Calming Approaches to Stress Management: Breathing, Muscle Relaxation, and Mindfulness Meditation. 14. Exposure Therapy for Anxiety, Fear, and Trauma. 15. Self-Management Strategies: Self-Monitoring, Stimulus Control, Self-Reward, and Self-Efficacy.

ESSENTIALS OF INTENTIONAL INTERVIEWING, 3E

Counseling in a Multicultural World
Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst; Mary Bradford Ivey; Carlos P. Zalaquett

© 2016, 340pp, Paperback, 9781305087330

CENGAGE | MINDTAP ebook



ESSENTIALS OF INTENTIONAL INTERVIEWING, 3rd Edition, is your guide to interviewing in the helping professions. This succinct, reader-friendly text focuses on what you really need to know to begin your journey toward becoming an effective professional in a diverse world. The Third Edition retains the authors' renowned microskills model, which revolutionized modern understanding of the counseling and therapy process by teaching vital interviewing skills step-by-step. This demystifying process breaks down counseling into manageable micro units and builds a bridge between theoretical understanding, mastery of the skills, and the practice of counseling. New to this edition are a chapter on crisis counseling, basic information on neuroscience as it relates to interviewing, new video content, and brief summaries of key theories of helping (with additional information and transcripts available online). In addition, MindTap-an online learning platform with a full array of text-specific study tools-is available with the new edition.

CONTENTS

Section I: OVERVIEW AND COMPETENCIES OF CULTURALLY SENSITIVE LISTENING. 1. Introduction: Foundations of Interviewing and Counseling. 2. Multicultural Competence, Ethics, Positive Psychology, and Resilience. 3. Attending, Empathy, and Observation Skills: Fundamentals of All Interviewing and Counseling Approaches. Section II: THE BASIC LISTENING SEQUENCE AND ORGANIZING AN EFFECTIVE INTERVIEW. 4. Questions: Opening Communication. 5. Encouraging, Paraphrasing, and Summarizing: Active Listening and Cognition. 6. Observing and Reflecting Feelings: The Heart of Empathic Understanding. 7. How to Conduct a Five-Stage Counseling Session Using Only Listening Skills. Section III: HELPING CLIENTS GENERATE NEW STORIES THAT LEAD TO ACTION: INFLUENCING SKILLS AND STRATEGIES. 8. Focusing the Interview: Exploring the Story from Multiple Perspectives. 9. Empathic Confrontation: Supporting While Addressing Client Conflict. 10. Reflection of Meaning and Interpretation/Reframing: Restorying Client Lives Through Meaning Making. 11. Empathic Self-Disclosure and Feedback: Relationship, Immediacy, and Genuineness. 12. Directives: Providing Information, Psychoeducation, and Decisional Counseling's Natural and Logical Consequences-Helping Clients Move to Action. Section IV: SKILL INTEGRATION, CRISIS COUNSELING, AND DEVELOPING YOUR OWN STYLE. 13. Skill Integration Through Examining Your Own Session, Treatment Plans, and Case Management. 14. Crisis Counseling and Assessing Suicide Potential. 15. Determining Personal Style in a World of Multiple Theories. Appendix I: The Ivey Taxonomy: Definitions of the Microskills Hierarchy and Predicted Results from Using Skills. Appendix II: The Family Genogram. Appendix III: Counseling, Neuroscience, and Microskills. Glossary.

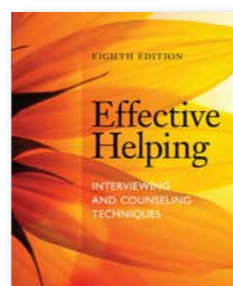
EFFECTIVE HELPING, 8E

Interviewing and Counseling Techniques

Barbara F. Okun, *Northeastern University and Clinical Instructor, Harvard Medical School*; Ricki E. Kantrowitz, *Westfield State College*

© 2015, 368pp, Paperback, 9781285161594

ebook



Learn the skills and strategies you need to be an effective and empathic helper with **EFFECTIVE HELPING: INTERVIEWING AND COUNSELING TECHNIQUES**, Eighth Edition. Today's helpers must have a wider, more diverse range of knowledge

and skills than ever before-including an understanding of culturally diverse human behavior and development, the process of change, the power of contemporary forces, and sound theories and methods of helping and communicating. This clear, applied, and respected book will help you master the skills of interviewing and relationship building to prepare you for the reality of what it's like to be a helper. It's also a resource you'll want to hold onto throughout your studies and well into your career.

CONTENTS

1. Introduction. 2. The Helping Relationship. 3. Communication Skills. 4. Stage 1: Building Relationships and Establishing Goals. 5. Helping Theory. 6. Current Theoretical Perspectives. 7. Introduction to Strategies. 8. Stage 2: Applying Strategies. 9. Crisis Theory and Intervention. 10. Issues Affecting Helping. Appendix A. Observer's Guide to Rating Communication Skills. Appendix B. Sample Psychotherapy Policies. Appendix C. Sample Client Information Sheet. Appendix D. What Is the HIPAA Privacy Rule?

INTERVIEWING FOR SOLUTIONS, 4E

Peter De Jong, *Calvin College*; Insoo Kim Berg

© 2013, 464pp, Paperback, 9781111722203

ebook



Written in a clear, informative, and informal style, **INTERVIEWING FOR SOLUTIONS** features a unique solutions-oriented approach to basic interviewing in the helping professions. Peter DeJong and Insoo Kim Berg's proven approach views

clients as competent, helps them to visualize the changes they want, and builds on what they are already doing that works. Throughout the book, the authors present models for solution-focused work, illustrated by examples and supported by research. Resources such as an instructional DVD with integrated exercises, demonstration interviews, tools for solution building with clients, and more are available to accompany the text.

CONTENTS

1. From Problem Solving to Solution Building. 2. Solution Building, The Basics. 3. Skills for Not Knowing and Leading from One Step Behind. 4. Getting Started: How to Pay Attention to What the Client Wants. 5. How to Amplify What Clients Want: The Miracle Question. 6. Exploring for Exceptions, Building on Client Strengths and Successes. 7. Formulating Feedback for Clients. 8. Later Sessions: Finding, Amplifying, and Measuring Client Progress. 9. Interviewing Clients in Involuntary Situations: Children, Dyads, and the Mandated. 10. Interviewing in Crisis Situations. 11. Outcomes. 12. Professional Values and Human Diversity. 13. Agency, Group, and Organizational Practice. 14. Applications. 15. Theoretical Implications.

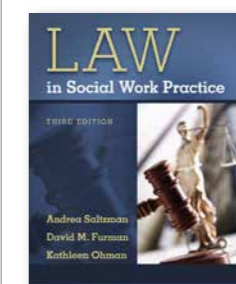
ETHICS & LEGAL ISSUES

LAW IN SOCIAL WORK PRACTICE, 3E

Andrea Saltzman, *University of California, Berkeley*; David M. Furman, *University of Denver*; Kathleen Ohman, *University of Illinois, Urbana-Champaign*

© 2016, 544pp, Paperback, 9781133312611

ebook



Written by an author team educated in both the law and social work, this book acquaints you with major state and federal laws, regulations, and court opinions that directly affect social work practice. **LAW IN SOCIAL WORK PRACTICE**, 3rd Edition

helps you understand how to work within the legal system to benefit clients and further client interests, recognize certain client problems as legal, and work effectively with lawyers, as well as how the law shapes and restricts clients' actions. It also addresses how the law regulates social work practice, and how to recognize and respect the rights of clients and others affected by a practitioner's actions.

CONTENTS

Part I: BASIC LEGAL CONCEPTS, PRINCIPLES, AND SKILLS FOR SOCIAL WORKERS. 1. Understanding the Law and the Legal System. 2. Skills in Finding, Reading, and Citing the Law. 3. Understanding the Hearing Process. 4. Skills for Competent Practice in the Hearing Process. 5. Understanding the Constitution. Part II: LAW IMPACTING ALL FIELDS OF SOCIAL WORK PRACTICE. 6. Regulation of Practice. 7. Confidentiality and Other Legal and Ethical Obligations. 8. Sanctions for Illegal, Unethical, and Unprofessional Practice. Part III: LAW RELATED TO SPECIFIC FIELDS OF SOCIAL WORK PRACTICE. 9. Criminal Justice. 10. Juvenile Justice. 11. Protection of Children. 12. Adoption of Children. 13. Parentage and Child Support. 14. Adult Domestic

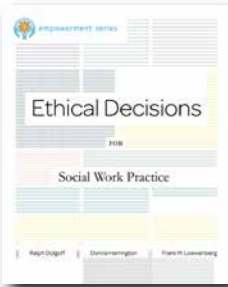
Relations. 15. Custody of Children. 16. Education of Children. 17. Health Care. 18. Commitment and Treatment of Persons with Mental Disorders. 19. Guardianship and Protection of Vulnerable Adults.

BROOKS/COLE EMPOWERMENT SERIES: ETHICAL DECISIONS FOR SOCIAL WORK PRACTICE, 9E

Ralph Dolgoff, University of Maryland, Baltimore; Donna Harrington, University of Maryland, Baltimore; Frank M. Loewenberg, Emeritus, Bar-Ilan University

© 2012, 336pp, Paperback, 9780840034106

ebook



With the ninth edition of **ETHICAL DECISIONS FOR SOCIAL WORK PRACTICE**, you will learn to recognize ethical issues and dilemmas, reason carefully about ethical issues, clarify your ethical aspirations at the level demanded by the profession, and achieve a more ethical stance in your practice. This classic social work text places ethical decision making within the context of professional ethics and provides useful guidelines, including two ethical screens to help social work practitioners identify priorities among competing ethical obligations. Developed specifically for social workers, the text features numerous case-like exemplars based on real-world practice and drawn from a variety of social work settings, as well as explicit discussion of the 2008 Educational Policy and Accreditation Standards (EPAS).

CONTENTS

- 1. Ethical Choices in the Helping Professions. 2. Values and Professional Ethics. 3. Guidelines for Ethical Decision Making. 4. Guidelines for Ethical Decision Making. 5. Client Rights and Professional Expertise. 6. Value Neutrality and Imposing Values. 7. The Professional Relationship: Limits, Dilemmas,

and Problems. 8. Confidentiality and Informed Consent. 9. Social Justice, Limited Resources, and Advocacy. 10. Organizational and Work Relationships. 11. Social Work With Selected Client Groups. 12. Changing World, Changing Dilemmas. 13. Whose Responsibility Are Professional Ethics?

FIELD /PRACTICUM / INTERNSHIP

THE HUMAN SERVICES INTERNSHIP, 4E

Getting the Most from Your Experience
Pamela Myers Kiser, Elon University

© 2016, 384pp, Paperback, 9781305087347

ebook



An internship can be transformative, and this book helps you make sure that's the case. With **THE HUMAN SERVICES INTERNSHIP: GETTING THE MOST FROM YOUR EXPERIENCE**, 4th Edition as your guide, you'll make a meaningful connection between your classroom learning and fieldwork experience. This practical, hands-on text features a unique six-step model that guides you in enhancing self-awareness, integrating the knowledge and values of the profession, recognizing challenging and dissonant situations, decision-making, and follow-through. With exercises and activities designed to get you thinking reflectively about your day-to-day internship experiences right from the start, the author offers you tools to analyze and apply the lessons you've learned to your future career. Chapters focused on ethics, diversity, communication skills, stress management, and other key topics help you integrate your classroom knowledge with your experiences in the field. Supporting you through every stage of the internship process, the book explains what to expect at various

points in the internship's development, offers tips for avoiding potential pitfalls, and includes examples of other students' experiences.

CONTENTS

- 1. Getting Started. 2. Getting Acquainted. 3. Developing Ethical Competence. 4. Learning to Learn from Experience: Learning Styles and the Integrative Processing Model. 5. Using Supervision. 6. Communicating in Your Internship. 7. Developing Cultural Competence. 8. Writing and Reporting within Your Field Agency. 9. Taking Care of Yourself. 10. Ending Your Internship. 11. Planning Your Career. Appendices.

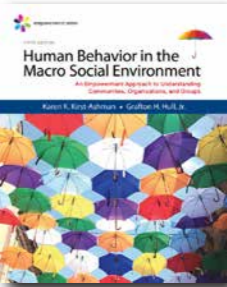
HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT

EMPOWERMENT SERIES: HUMAN BEHAVIOR IN THE MACRO SOCIAL ENVIRONMENT, 5E

Karen K. Kirst-Ashman, University of Wisconsin, Whitewater; Grafton H. Hull, Jr., University of Utah

© 2019, 656pp, Paperback, 9781305389502

CENGAGE | MINDTAP ebook



Go straight to the heart of what social work is all about--and learn how to promote positive change by building upon the strengths of macro systems. In **HUMAN BEHAVIOR IN THE MACRO SOCIAL ENVIRONMENT**, 5th Edition, Karen Kirst-Ashman and Grafton Hull provide a comprehensive overview of the subject while citing real-world practice and case studies to illustrate theories and their application. They focus on empowerment--encouraging communities, organizations and groups to promote change from the inside out. They also prompt you to think critically about how macro systems affect human behavior, and ultimately, how those systems shape the practice of social work. Up-to-date coverage of environmental justice, cognitive restructuring, building effective teams, faith-based social services and health care and many other topics reflects the latest developments and concerns in the field.

CONTENTS

- Preface. 1. Introduction to Human Behavior in the Macro Social Environment. 2. Values and Principles that Guide Generalist Practice in the Macro Social Environment. 3. Human Behavior in Groups: Theories and Dynamics. 4. Types of Groups in the Macro Social Environment. 5. Knowledge and Theories about Organizations. 6. Social Service Organizational Settings, Goals

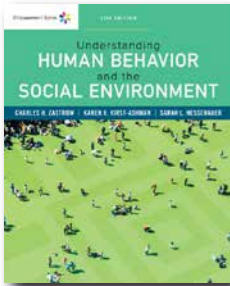
and Environmental Contexts. 7. Organizational Structure and Dynamics. 8. Human Behavior, Management, and Empowerment in Organizations. 9. Communities in the Macro Social Environment: Theories and Concepts. 10. Assessment of Geographic Communities and Empowerment. 11. Neighborhood Empowerment. 12. Diversity, Populations-at-Risk, and Empowerment in the Macro Social Environment. 13. Social Justice and the Global Community. References. Name Index. Subject Index.

EMPOWERMENT SERIES:
UNDERSTANDING HUMAN BEHAVIOR
AND THE SOCIAL ENVIRONMENT, 11E

Charles Zastrow; Karen K. Kirst-Ashman, University of Wisconsin, Whitewater; Sarah L. Hessenauer, University of Wisconsin-Whitewater

© 2019, 848pp, Paperback, 9781337556477

CENGAGE | MINDTAP ebook



UNDERSTANDING HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT, 11th Edition, looks at the lifespan through the lens of social work theory and practice, covering human development and behavior theories within the context of individual, family, group, organizational, and community systems. Using a chronological lifespan approach, the book presents separate chapters on biological, psychological, and social impacts at the different lifespan stages with an emphasis on strengths and empowerment. Part of the Brooks/Cole Empowerment Series, this edition is up to date and thoroughly integrates the core competencies and recommended behaviors outlined in the current Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

CONTENTS

- 1. Introduction to Human Behavior and the Social Environment. Part I: INFANCY AND CHILDHOOD.
- 2. Biological Development in Infancy and Childhood.
- 3. Psychological Development in Infancy and Childhood.
- 4. Social Development in Infancy and Childhood.
- 5. Ethnocentrism and Racism. Part II: ADOLESCENCE.
- 6. Biological Development in Adolescence.
- 7. Psychological Development in Adolescence.
- 8. Social Development in Adolescence.
- 9. Gender, Gender Identity, Gender Expression, and Sexism. Part III: YOUNG AND MIDDLE ADULTHOOD.
- 10. Biological Aspects of Young and Middle Adulthood.
- 11. Psychological Aspects of Young and Middle Adulthood.
- 12. Sociological Aspects of Young and Middle Adulthood.
- 13. Sexual Orientation and Gender Identity. Part IV: LATER ADULTHOOD.
- 14. Biological Aspects of Later Adulthood.
- 15. Psychological Aspects of Later Adulthood.

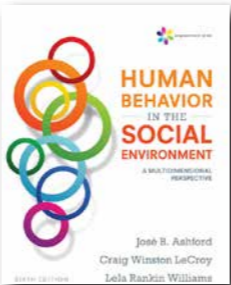
EMPOWERMENT SERIES: HUMAN
BEHAVIOR IN THE SOCIAL
ENVIRONMENT, 6E

A Multidimensional Perspective

José B. Ashford, Arizona State University; Craig W. LeCroy, Arizona State University; Lela Rankin Williams, Arizona State University

© 2018, 768pp, Hardback, 9781305860308

CENGAGE | MINDTAP ebook



This lively, comprehensive introduction to human behavior in the social environment offers a multidimensional approach, with discussion of integrative practice, theory, treatment, and services as well as matters pertaining to diversity. You'll find solid coverage of foundation knowledge, material on the biopsychosocial dimensions for assessing social functioning, and case studies to illuminate the applied aspects of case formulation processes. The sixth edition integrates the core competencies and recommended practice behaviors outlined in the 2015 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE), helping you connect foundation knowledge with practice concerns. Study tables and concept maps clarify major phases of biopsychosocial development. In short, this text's framework gives you a concrete tool for assessing human behavior from a perspective that reflects the values and knowledge base of the social work profession.

CONTENTS

- 1. Introduction to Human Behavior in the Social Environment.
- 2. An Integrative Multidimensional Framework for Assessing Current and Developmental Concerns.
- 3. Pregnancy.
- 4. Infancy.
- 5. Early Childhood.
- 6. Middle Childhood.
- 7. Adolescence.
- 8. Emerging and Young Adulthood.
- 9. Middle Adulthood.
- 10. Late and Very Late Adulthood.
- Epilogue: The Journey of Life. Glossary.

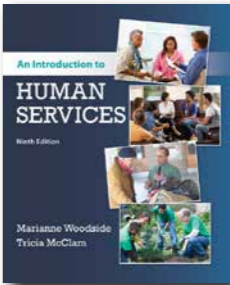
INTRODUCTION TO HUMAN
SERVICES

AN INTRODUCTION TO HUMAN
SERVICES, 9E

Marianne R. Woodside, University of Tennessee, Knoxville; Tricia McClam, University of Tennessee, Knoxville

© 2019, 336pp, Paperback, 9781337567176

CENGAGE | MINDTAP ebook



AN INTRODUCTION TO HUMAN SERVICES, 9th Edition offers a practical and comprehensive introduction to the human service profession. Drawing on their ' extensive experience, the authors define human services, review the historical development of advocacy, examine service delivery models and processes, and emphasize the skills needed to succeed. Students gain a solid grounding in serving the whole person, using an interdisciplinary approach, interacting with helper and client, preparing generalists, developing sensitivity to cross-cultural issues, and empowering clients. Case studies highlight the practical applications of key concepts and prepare students to address issues they're likely to encounter. This edition reflects the changing world of human services, the clients that human service professionals serve, and the cultural dimensions of human services and clients.

CONTENTS

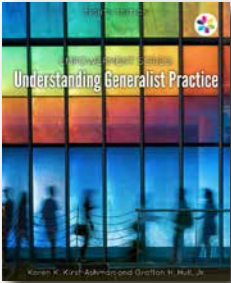
- Part I: DEFINING HUMAN SERVICES. 1. An Introduction to Human Services.
- 2. The Human Service Professional.
- Part II: GUIDING HUMAN SERVICE PRACTICE. 3. The History of Advocacy in Human Services.
- 4. Human Services and Ethical Practice.
- 5. Multicultural Dimensions of Helping.
- Part III: THE PRACTICE OF HUMAN SERVICES. 6. Models of Service Delivery.
- 7. The Helping Process.
- 8. The Client.
- Part IV: WORKING IN THE FIELD OF HUMAN SERVICES. 9. Working Within a System.
- 10. Human Services Today.

EMPOWERMENT SERIES:
UNDERSTANDING GENERALIST
PRACTICE, 8E

Karen K. Kirst-Ashman, University of Wisconsin, Whitewater;
Grafton H. Hull, University of Utah

© 2018, 704pp, Paperback, 9781305966864

CENGAGE | MINDTAP ebook



Organized around the coherent and cohesive Generalist Intervention Model, this guide to generalist social work practice incorporates the knowledge, skills, and professional values you need to work with individuals and families, as well as the foundation to work with groups, communities, and organizations. Updated to reflect current topics and practice, the book focuses on micro levels of social work practice while also discussing the interrelationship among the micro, mezzo, and macro levels. Part of the Brooks/Cole Empowerment Series, UNDERSTANDING GENERALIST PRACTICE, 8th Edition, clearly identifies content related to the latest Council on Social Work Education (CSWE) Educational Policy and Accreditation Standards (EPAS) with icons throughout the text. Learning objectives, which are correlated to chapter headings and summaries, guide your reading and reinforce your understanding.

CONTENTS

- 1. Introducing Generalist Practice: The Generalist Intervention Model.
- 2. Practice Skills for Working with Individuals.
- 3. Practice Skills for Working with Groups.
- 4. Skills for Working with Organizations and Communities.
- 5. Engagement and Assessment in Generalist Practice.
- 6. Planning in Generalist Practice.
- 7. Examples of Implementation in Generalist Practice.
- 8. Evaluation, Termination, and Follow-Up in Generalist Practice.
- 9. Understanding Families: Family Assessment.
- 10. Working with Families.
- 11. Values, Ethics, and the Resolution of Ethical Dilemmas.
- 12. Culturally Competent Social

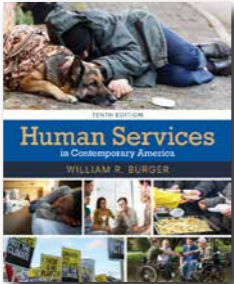
- Work Practice.
- 13. Gender-Sensitive Social Work Practice.
- 14. Advocacy.
- 15. Brokering and Case Management.
- 16. Recording in Generalist Social Work Practice.

HUMAN SERVICES IN
CONTEMPORARY AMERICA, 10E

William R. Burger, Kingsborough Community College of the
City University of New York

© 2018, 384pp, Paperback, 9781305966840

CENGAGE | MINDTAP ebook



Reflecting the latest policies and practices, HUMAN SERVICES IN CONTEMPORARY AMERICA, 10th Edition delivers a thorough examination of human services -- providing students with an insightful, realistic portrayal of the field. Using a unique multidisciplinary approach, the book offers a complete overview of the helping field, its available programs, and the practical skills workers can employ. It also illustrates how recent governmental policy shifts affect the way human services professionals work. The text is renowned for the way it presents the history and practice of human services through the lens of a social problems and policy perspective. Throughout, the author helps readers understand how social, economic, and political issues affect human service workers as well as the people they serve. Practical and relevant, the text is packed with captivating examples of human services work across the country and offers insightful information on selected careers within the field.

CONTENTS

- 1. Human Services in the United States Today.
- 2. Groups in Need.
- 3. Human Services in Historical Perspective.
- 4. Theoretical Perspectives.
- 5. The

- Human Services Worker.
- 6. Careers in Human Services.
- 7. Social Policy.
- 8. Prevention in Human Services.
- 9. Current Controversies and Issues.

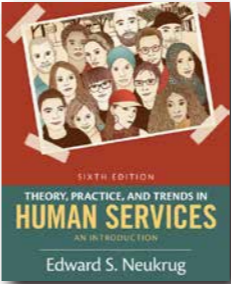
THEORY, PRACTICE, AND TRENDS IN
HUMAN SERVICES, 6E

An Introduction

Edward S. Neukrug, Old Dominion University

© 2017, 416pp, Paperback, 9781305271494

CENGAGE | MINDTAP ebook



This easy-to-understand text addresses critical topics in human services to provide you with a comprehensive overview of the field. You'll learn about professional issues and major theories related to human service work as well as about how to work with varying client populations and become a culturally competent helper. Major content areas include professional issues, standards in the profession (skill standards, ethics, accreditation, and credentialing), history, counseling theory, helping skills, human development, group and family counseling, community systems, consultation and supervision, and research, testing, and evaluation. The last chapter (on career development) gives you an opportunity to examine whether human services is the right field for you and helps you understand the career counseling process. The book is further distinguished by its experiential emphasis, unique use of personal vignettes, and focus on the development of the helper.

CONTENTS

- 1. Defining the Human Service Professional.
- 2. History and Current Issues in Human Services.
- 3. Standards in the Profession: Skill Standards, Credentialing, Program Accreditation, and Ethics.
- 4. Theoretical Approaches to Human Service

- Work.
- 5. The Helping Interview: Skills, Process, and Case Management.
- 6. Development of the Person.
- 7. Couples, Family, and Group Helping.
- 8. Organizational and Community Change and the Role of Consultation and Supervision.
- 9. Culturally Competent Helping and Diversity.
- 10. Working with Varied Client Populations.
- 11. Research, Evaluation, and Assessment.
- 12. Career Development, Processes, and Resources: Your Future in Human Services.
- Glossary.
- Appendix A: Websites of Professional Associations.
- Appendix B: Ethical Standards of Human Service Professionals.
- Appendix C: Overview of DSM-5 Diagnostic Categories.
- Appendix D: Consultation at a Mental Health Center.

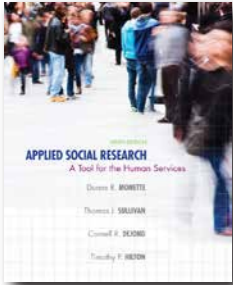
APPLIED SOCIAL RESEARCH, 9E

A Tool for the Human Services

Duane R. Monette, Northern Michigan University; Thomas J. Sullivan, Northern Michigan University; Cornell R. DeJong, Northern Michigan University

© 2014, 592pp, Hardback, 9781285075518

ebook



Presenting social science research methods within the context of human service practice, APPLIED SOCIAL RESEARCH is the ideal text for you as you pursue your studies in human services, counseling, social work, sociology, criminal justice, or community planning. With in-depth coverage of every topic needed to develop an understanding of social science research methods, APPLIED SOCIAL RESEARCH brings the subject to life for you by showing how research is increasingly used in practice today. In addition, this fully updated edition includes a thought-provoking Eye on Ethics feature and new and revised Research in Practice vignettes. Available with InfoTrac® Student Collections <http://gocengage.com/infotrac>.

CONTENTS

1. Research in the Human Services.
2. The Logic of Social Research.
3. Ethical Issues in Social Research.
4. Issues in Problem Formulation.
5. The Process of Measurement.
6. Sampling.
7. Survey Research.
8. Analysis of Available Data.
9. Field Research and Qualitative Methods.
10. Experimental Research.
11. Single-System Designs.
12. Evaluation Research.
13. Scaling.
14. Data Analysis I: Data Preparation and Presentation.
15. Data Analysis II: Descriptive and Inferential Statistics.
16. Analysis of Qualitative Data.
17. Writing for Research: Grant Proposals and Report Writing.
- Appendix A: A Guide to Library Use and Information Retrieval.
- Appendix B: Generating Random Numbers.
- Glossary.
- References.
- Name Index.
- Subject Index.

INTRODUCTION TO SOCIAL WORK / SOCIAL WELFARE

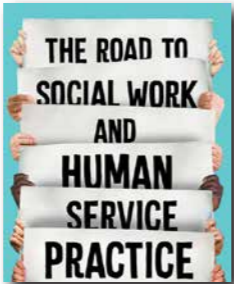
NEW EDITION

THE ROAD TO SOCIAL WORK & HUMAN SERVICE PRACTICE, 6E

Lesley Chenoweth, Griffith University; Donna McAuliffe, Griffith University

© 2021, 384pp, Paperback, 9780170446860

ebook



The Road to Social Work and Human Service Practice gives you a comprehensive introduction to the professions of social work and the human services, with a focus on practice. It outlines the key areas of knowledge, skills, values, ethics, practice contexts and contemporary debates. Perspectives from both clients and practitioners offer reflections on real-life social work and human services interventions, while new case studies show how theory can be applied to practice. Fully updated and revised, this text is an invaluable tool for those starting a career in the social work and human services sector.

CONTENTS

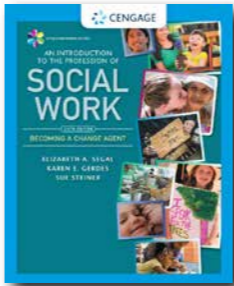
1. Starting the journey: An introduction to social work and human service practice
2. Surveying the landscape: Historical and philosophical foundations for practice
3. Locating the lighthouse: Values and ethics in practice
4. Treading carefully: Professional practice and ethical standards
5. Finding the right maps: The knowledge base of practice
6. Travelling many paths: Practice fields and methods
7. Negotiating the maze: The organisational context of practice
8. Plunging in: Engagement, assessment, intervention, termination and review
9. Different landscapes: Working with difference and diversity
10. New journeys

EMPOWERMENT SERIES: AN INTRODUCTION TO THE PROFESSION OF SOCIAL WORK, 6E

Elizabeth A. Segal, Arizona State University; Karen E. Gerdes, Arizona State University; Sue Steiner, California State University Chico

© 2019, 544pp, Paperback, 9781337567046

CENGAGE | MINDTAP ebook



What does it mean to be a social worker? Get an overview of the social work profession and learn about the role of the social worker in the social welfare system with Segal, Gerdes and Steiner's text. Through case studies, personal stories and exercises, AN INTRODUCTION TO THE PROFESSION OF SOCIAL WORK helps you apply concepts as well as understand what social workers do, what they need to know and the issues they face. Part of the Brooks/Cole Empowerment Series, the sixth edition is completely up to date. It also prepares you for a successful career by integrating the core competencies and recommended practice behaviors outlined in the most recent Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

CONTENTS

1. What Is Social Work?
2. The History of the Social Welfare System and the Social Work Profession.
3. Poverty and Economic Disparity.
4. Human Rights and Social and Economic Justice.
5. Dimensions of Diversity.
6. Generalist Social Work Practice.
7. Child Welfare: Working with Children and Their Families.
8. Gerontology: Working with People Who Are Older.
9. Health Care Services.
10. Mental Health Services.
11. School Social Work.
12. Substance Abuse.
13. Violence, Victims, and Criminal Justice.
14. Crisis, Trauma, and Disasters.
- Appendix A: NASW Code of Ethics.
- Glossary.

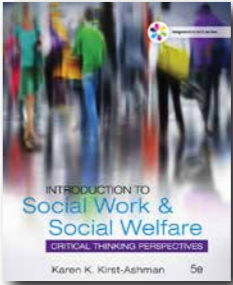
EMPOWERMENT SERIES: INTRODUCTION TO SOCIAL WORK & SOCIAL WELFARE, 5E

Critical Thinking Perspectives

Karen K. Kirst-Ashman, University of Wisconsin, Whitewater

© 2017, 608pp, Hardback, 9781305388390

CENGAGE | MINDTAP ebook



Designed to give you a solid introduction to the profession of social work, INTRODUCTION TO SOCIAL WORK AND SOCIAL WELFARE, 5th Edition helps you understand the issues that social workers address every day. Using a clear and engaging writing style, author Karen K. Kirst-Ashman presents a balanced overview within a unifying theme of critical thinking that will train you to use evaluative skills in your coursework and beyond. In addition, you'll study more efficiently and effectively with accompanying digital resources that provide you with opportunities to complete self-assessments as well as pre- and post-tests for each chapter. Thoughtful case studies throughout the text help to prepare you for your career by showing you what social work practice looks like in different contexts and with different populations.

CONTENTS

- Part I: THE PROFESSION OF SOCIAL WORK.
1. Introduction to Social Work and Social Welfare.
 2. Social Work Values and Ethics.
 3. Empowerment and Human Diversity.
- Part II: SOCIAL WORK PRACTICE.
4. The Process of Generalist Practice.
 5. Practice Settings.
- Part III: SOCIAL WELFARE POLICY.
6. An Overview of Social Welfare and Social Work History.
 7. Policy, Policy Analysis, Policy Practice, and Policy Advocacy: Foundations for Service Provision.
 8. Policies and Programs to Combat Poverty.
- Part IV: CLIENT POPULATIONS AND CONTEXTS.
9. Social Work and Services for Children and Families.
 10. Social Work and Services for Older Adults.
 11. Social Work and

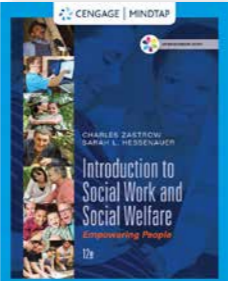
Services for People with Disabilities. 12. Social Work and Services in Health Care. 13. Social Work and Services in Mental Health. 14. Social Work and Substance Use, Abuse, and Dependence. 15. Social Work and Services for Youths and in the Schools. 16. Social Work and Services in the Criminal Justice System. Epilogue: Your Values and Your Future: Applying Critical Justice System. References. Name Index. Subject Index.

**EMPOWERMENT SERIES:
INTRODUCTION TO SOCIAL WORK
AND SOCIAL WELFARE, 12E**
Empowering People

Charles Zastrow

© 2017, 640pp, Hardback, 9781305388338

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Offering a contemporary, comprehensive overview of the Social Work profession, Zastrow's bestselling **INTRODUCTION TO SOCIAL WORK AND SOCIAL WELFARE: EMPOWERING PEOPLE** gives you a glimpse into contemporary society with a realistic view of social problems. By presenting positive strategies in the context of the core values, ethics, skills, and knowledge base of today's professional social worker, Zastrow encourages you to think critically about new and workable ways to solve problems and empower clients. Case studies, exhibits and tables on social problems give you hands-on experience applying concepts and comparing and contrasting important issues. The twelfth edition includes comprehensive Council on Social Work Education (CSWE) core content that aligns with the latest Educational Policy and Accreditation Standards (EPAS), as well as insightful coverage of new and emerging issues, making it the number one book for social work students.

CONTENTS

Part I: INTRODUCTION: SOCIAL WELFARE AND SOCIAL WORK. 1. Social Welfare: Its Business, History, and Future. 2. Social Work as a Profession and a Career. 3. Generalist Social Work Practice. Part II: SOCIAL PROBLEMS AND SOCIAL SERVICES. 4. Poverty and Public Welfare. 5. Emotional/Behavioral Problems and Counseling. 6. Family Problems and Services to Families. 7. Sexual Orientation, Gender Identity, and Services to Lesbian, Gay, Bisexual Transgender

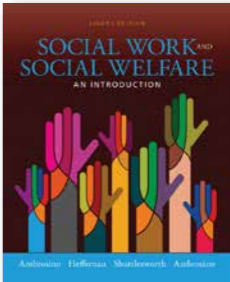
and Questioning (LGBTQ) Individuals. 8. Drug Abuse and Drug Treatment Programs. 9. Crime, Juvenile Delinquency, and Correctional Services. 10. Problems in Education and School Social Work. 11. Work-Related Problems and Social Work in the Workplace. 12. Racism, Ethnocentrism, and Strategies for Advancing Social and Economic Justice. 13. Sexism and Efforts for Achieving Equality. 14. Aging and Gerontological Services. 15. Health Problems and Medical Social Services. 16. Physical and Mental Disabilities and Rehabilitation. 17. Overpopulation, Misuse of the Environment, and Family Planning.

**EMPOWERMENT SERIES: SOCIAL
WORK AND SOCIAL WELFARE, 8E**

Rosalie Ambrosino, *The University of Texas at San Antonio*;
Joseph Heffernan, *Retired, University of Texas at Austin*; Guy
Shuttlesworth, *Emeritus, University of Texas at Austin*; Robert
Ambrosino, *The University of Texas at San Antonio*

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CENGAGE | MINDTAP ebook



Integrating the latest accreditation standards and practices from the field, the eighth edition of bestselling **SOCIAL WORK AND SOCIAL WELFARE** gives you a solid understanding of the social work profession and the role the profession plays in the social welfare system. Illustrating that there are many reasons why social problems occur, the text explores the history, values, and economic, political, and cultural factors that surround these issues, as well as the attempts to solve or address them. The authors refrain from presenting a biased political perspective but instead challenge you to think critically about issues in a new way--giving you a more in-depth comprehension and appreciation for this important profession. Packed with real-world examples, this edition includes chapter-opening vignettes about social workers in specific settings, discussions about career opportunities for social workers, and updates on such key issues as health care, mental health, immigration, and criminal justice.

CONTENTS

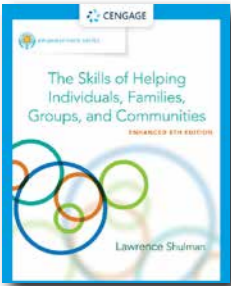
Part I: UNDERSTANDING SOCIAL WORK AND SOCIAL WELFARE: KEY CONCEPTS AND PERSPECTIVES. 1. Social Welfare, Past and Present. 2. Social Work and Other Helping Professions. 3. The Ecological/Systems Perspective. 4. Diversity and Social Justice. Part II: SOCIAL WORK PRACTICE: METHODS OF INTERVENTION. 5. Social Work with Individuals, Families, and Groups. 6. Generalist Practice with Agencies and the Community. Part III: FIELDS OF

PRACTICE AND POPULATIONS SERVED BY SOCIAL WORK. 7. Poverty, Income Assistance, and Homelessness. 8. Mental Health, Substance Abuse, and Developmental Disabilities. 9. Health Care. 10. The Needs of Children, Youth, and Families. 11. Services to Children, Youth, and Families. 12. Older Adults: Needs and Services. 13. Criminal Justice. 14. Social Work in Rural Settings. 15. Social Work in the Workplace. 16. The Globalization of Social Work: What Does the Future Hold? Appendix: A Final Word to Our Readers. Glossary. Index.

METHODS / PRACTICE OF
SOCIAL WORK: GENERALIST

EMPOWERMENT SERIES, 8E
The Skills of Helping Individuals, Families, Groups, and Communities, Enhanced
Lawrence Shulman, State University of New York, Buffalo
© 2020, 888pp, Hardback, 9781305259003

CENGAGE | MINDTAP ebook



Shulman’s text introduces a model for the helping process based on an “interactional” approach, which uses a variety of theories and skills to build on the client-helper relationship. By presenting the core processes and skills in the chapters on work with individuals, Shulman shows how common elements exist across stages of helping and across different populations. These processes and skills reappear in the discussions of group, family, and community work.

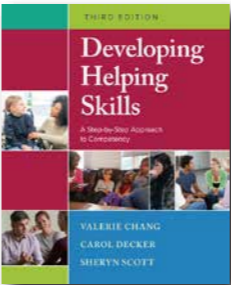
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Preface. Part I: A MODEL OF THE HELPING PROCESS. 1. An Interactional Approach to Helping. 2. Oppression Psychology, Resilience, and Social Work Practice. Part II: SOCIAL WORK WITH INDIVIDUALS. 3. The Preliminary Phase of Work.

4. Beginnings and the Contracting Skills. 5. Skills in the Work Phase. 6. Endings and Transitions. Part III: SOCIAL WORK WITH FAMILIES. 7. The Preliminary and Beginning Phases in Family Practice. 8. The Middle and Ending Phases in Family Practice. 9. Variations in Family Practice. Part IV: SOCIAL WORK WITH GROUPS. 10. The Preliminary Phase in Group Practice: The Group as a Mutual-Aid System. 11. Beginning Phase with Groups. 12. The Middle Phase of Group Work. 13. Working with the Individual and the Group. 14. Endings and Transitions with Groups. Part V: MACRO SOCIAL WORK PRACTICE: IMPACTING THE AGENCY/SETTING, THE COMMUNITY, AND EFFECTING SOCIAL CHANGE. 15. Professional Impact and Helping Clients Negotiate the System. 16. Social Work Practice in the Community--Philosophy, Models, Principles, and Practice. Part VI: PRACTICE MODELS AND EVIDENCE-BASED PRACTICE. 17. Evidence-Based Practice and Additional Social Work Practice Models.

DEVELOPING HELPING SKILLS, 3E
A Step-by-Step Approach to Competency
Valerie Nash Chang, Indiana University, Emeritus; Carol L. Decker, Indiana University; Sheryn T. Scott, Azusa Pacific University
© 2018, 368pp, Paperback, 9781305943261

CENGAGE | MINDTAP ebook



Whether you are preparing for social work, psychology, counseling, marriage and family therapy, pastoral counseling, human services, or a related helping profession, this book presents the fundamental knowledge and skills you need. The authors’ multilayered learning system integrates reading and discussion with self-assessment and practice. DEVELOPING HELPING SKILLS prepares professionals in training for generalist practice with individuals, families, and groups, including entire communities and organizations. The text also includes a case that helps you learn to think like a professional. Finally, role playing in practice interviews as well as evaluation tools allow you to assess your progress and determine your readiness to apply your skills in real-life settings. If you use the MindTap online learning experience, you’ll have access to videos demonstrating application of the skills, flashcards, notetaking, a mobile app, and other resources to help you succeed in the course.

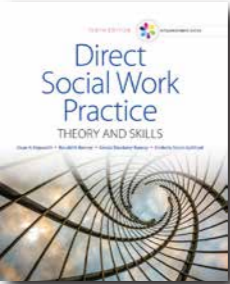
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Introduction. Section I: FOUNDATION. 1. Understanding Yourself and Others. 2. Ways of Understanding and Perceiving Self and Others. 3. Values, Ethics, and Legal Obligations. 4. Professionalism and Professional Relationships. Section II: BUILDING PROFESSIONAL RELATIONSHIPS. 5. Developing Relationships. 6. Foundational Interpersonal Skills. 7. Beginning and Ending a Meeting. 8. Demonstrating Active Listening. Section III: EXPLORING AND ASSESSING WITH

CLIENTS. 9. Using Questions. 10. Exploring and Discovering. 11. Thinking about Readiness and Motivation. Section IV: DEFINING THE FOCUS. 12. Identifying Key Problems or Challenges. 13. Establishing Goals. Section V: DOING, EVALUATING, AND ENDING THE WORK. 14. Taking Action. 15. Evaluating and Ending Professional Relationships. Appendix A: Practice Evaluation Scales. Appendix B: Overall Practice Evaluation Form. Glossary. References.

EMPOWERMENT SERIES: DIRECT
SOCIAL WORK PRACTICE, 10E
Theory and Skills
Dean H. Hepworth, Emeritus, University of Utah and Arizona State University; Ronald Rooney, University of Minnesota; Glenda Dewberry Rooney, Augsburg College; Kim Strom-Gottfried, University of North Carolina at Chapel Hill
© 2017, 704pp, Hardback, 9781305633803

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Considered the classic source in its field, DIRECT SOCIALWORKPRACTICE: THEORY AND SKILLS prepares you for effective real-world practice. Packed with case examples, illustrations, and proven learning experiences from the authors and other social work practitioners, the book integrates the major theories and skills that direct social work practitioners need to understand and master. Part of the Brooks/ Cole Empowerment Series, the tenth edition is completely up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2015 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

CONTENTS

Part I: INTRODUCTION. 1. The Challenges of Social Work. 2. Direct Practice: Domain, Philosophy, and Roles. 3. Overview of the Helping Process. 4. Operationalizing the Cardinal Social Work Values. Part II: EXPLORING, ASSESSING, AND PLANNING. 5. Building Blocks of Communication: Conveying Empathy and Authenticity. 6. Verbal Following, Exploring, and Focusing Skills. 7. Eliminating Counterproductive Communication Patterns. 8. Assessment: Exploring and Understanding Problems and Strengths. 9. Assessment: Intrapersonal, Interpersonal, and Environmental Factors. 10. Assessing Family Functioning in Diverse Family and Cultural Contexts. 11. Forming and Assessing Social Work Groups. 12. Developing Goals and Formulating a Contract. Part III: THE CHANGE-ORIENTED PHASE. 13. Planning and Implementing Change-Oriented Strategies. 14. Developing Resources, Organizing, Planning, and Advocacy as Intervention Strategies. 15. Enhancing Family Functioning and Relationships. 16. Intervening in Social Work Groups. 17. Additive Empathy, Interpretation, and Confrontation. 18. Managing Barriers to Change. Part IV: THE TERMINATION PHASE. 19. The Final Phase: Evaluation and Termination.

THE SOCIAL WORK SKILLS WORKBOOK, 8E

Barry R. Cournoyer, Indiana University

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CENGAGE | MINDTAP ebook



THE SOCIAL WORK SKILLS WORKBOOK, Eighth Edition, enables you to develop proficiency in professionalism and the essential social work skills. After introducing 10 dimensions of professionalism, the book offers multiple opportunities

to rehearse, practice, and self-assess social work skills needed in a contemporary practice -- helping you become a more confident, ethical, and effective helper. Each social work skill supports one or more of the 43 knowledge and value statements and the 31 practice behaviors that elaborate core competencies in the 2015 Educational Policy and Accreditation Standards (EPAS) of the Council on Social Work Education (CSWE). The skills also align with nationally standardized licensing exams. The text includes explanations grounded in contemporary research, assessment tools and processes, and experiential components that help you get a realistic sense of the field. Case examples and skill-building exercises cultivate your professionalism and expertise.

CONTENTS

Preface. Goals. Acknowledgments. Dedication. Part I: PROFESSIONALISM. 1. Introduction. 2. Introduction to Professionalism. 3. Critical Thinking, Scientific Inquiry, and Lifelong Learning. 4. Diversity and Difference: Human Rights; Social, Economic, and Environmental Justice; and Policy-Practice. 5. Social Work Values and Ethical Decision-Making. PART II: SOCIAL WORK SKILLS. 6. Talking and Listening -- The Basic Interpersonal Skills. 7. Preparing. 8. Beginning. 9. Exploring. 10. Assessing. 11. Contracting. 12. Working and Evaluating. 13. Ending. APPENDICES. 1. The

Social Work Skills Learning Portfolio. 2. The Social Work Skills Test (Part 1 and Part 2). 3. The Social Work Skills Self-Appraisal Questionnaire. 4. The Critical Thinking Questionnaire. 5. The Lifelong Learning Questionnaire. 6. The Interview Rating Forms -- Client Version. 7. Experiential Interview Exercise -- Guidelines and Forms. 8. Alphabetized List of Feeling Words. 9. Description, Assessment, and Contract (DAC): Lynn Chase. 10. The Social Work Skills Interview Rating Form. 11. Table of Social Work Skills. 12. Table of Social Work Skills Supporting the EPAS Competencies. 13. Self-Appraisal of Proficiency: EPAS Competency-Based Knowledge and Values, and Practice Behaviors. 14. Self-Appraisal of Proficiency in the ASWB Knowledge, Skills, and Abilities (Bachelor's Level). 15. Self-Appraisal of Proficiency in the ASWB Knowledge, Skills, and Abilities (Master's Level).

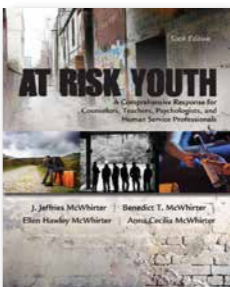
METHODS / PRACTICE WITH CHILDREN / CHILD WELFARE

AT RISK YOUTH, 6E

J. Jeffries McWhirter, Arizona State University; Benedict T. McWhirter, University of Oregon; Ellen Hawley McWhirter, University of Oregon

© 2017, 448pp, Paperback, 9781305670389

ebook



This text provides the conceptual and practical information on key issues and problems that you will need to prepare effectively for work with at-risk youth. Each chapter has resources that direct you to interesting and informative You Tube, TEDTalk, and research

sites to expand upon and illustrate the written information. The authors describe and discuss the latest research-supported, evidence-based prevention and intervention techniques that will help you perform your job successfully and improve the lives of young people at risk.

CONTENTS

Part I: AT-RISK CHILDREN AND YOUTH: THE ECOLOGY OF PROBLEMS. 1. An Introduction to At-Risk Issues. 2. Environmental/Societal Factors That Contribute to Risk. Part II: FAMILIES, SCHOOLS, SKILLS. 3. Family Problems of At-Risk Children and Youth. 4. School Issues That Relate to At-Risk Children and Youth. 5. Individual Characteristics of High-Risk and Low-Risk Children and Youth. Part III: AT-RISK CATEGORIES. 6. School Dropout. 7. Substance Use and Addiction. 8. Risky Sexual Behavior: Teenage Pregnancy and STDs. 9. Youth Violence: Antisocial Behavior, Delinquency, and Youth Gangs. 10. Youth Suicide. Part IV: PREVENTION, INTERVENTION, AND TREATMENT APPROACHES. 11. A Prevention/Early Intervention/Treatment Framework and Other Environmental Considerations. 12. Core

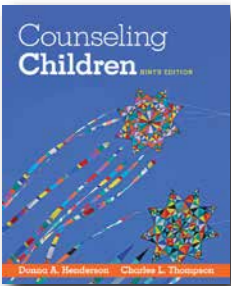
Components of Programs for Prevention and Early Intervention. 13. Peer Interventions. 14. Family Interventions.

COUNSELING CHILDREN, 9E

Donna A. Henderson, Wake Forest University; Charles L. Thompson, Late of, University of Tennessee, Knoxville

© 2016, 768pp, Hardback, 9781285464541

ebook



COUNSELING CHILDREN covers the most practical and up-to-date methods for developing effective approaches to counseling children. To help prepare you for your career, the authors translate theory into practice by focusing on the application of ideas and current knowledge. This easy-to-read guide includes useful strategies and case studies to provide you with a realistic look at the counseling field. It also presents a development approach to counseling that considers age and stage differences in counseling children, adolescents, and adults. The ninth edition includes 2014 ACA ethical standards, best practice guidelines, and fresh ideas that facilitate your understanding of the world of the child. Expanded coverage of children who have special concerns and of family interventions provides you with effective ways to deliver interventions across multiple settings.

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Part I: INTRODUCTION TO COUNSELING CHILDREN. 1. Counseling. 2. Introduction to a Child's World. 3. The Counseling Process. 4. Legal and Ethical Considerations. Part II: COUNSELING THEORIES AND TECHNIQUES. 5. Psychoanalytic Counseling. 6. Person-Centered Counseling. 7. Gestalt Therapy. 8. Behavioral Counseling. 9. Reality Therapy: Counseling with Choice Theory. 10. Brief Counseling: Solution Focused. 11. Individual

Psychology. 12. Rational-Emotive-Behavioral Therapy. 13. Cognitive Behavioral Therapy. 14. Transactional Analysis. 15. Family Counseling. 16. Consultation and Collaboration. 17. Play Therapy. 18. Group Counseling with Children. 19. Counseling Children with Special Concerns. 20. Counseling Children with Special Needs.

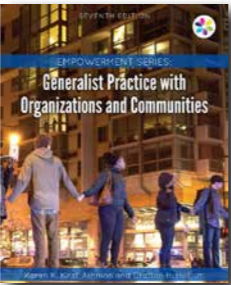
METHODS / PRACTICE WITH COMMUNITIES

EMPOWERMENT SERIES: GENERALIST PRACTICE WITH ORGANIZATIONS AND COMMUNITIES, 7E

Karen K. Kirst-Ashman, University of Wisconsin, Whitewater; Grafton H. Hull, Jr., University of Utah

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Get a practical, comprehensive, and clearly written introduction to the fundamentals of macro practice with EMPOWERMENT SERIES: GENERALIST PRACTICE WITH ORGANIZATIONS AND COMMUNITIES, 7th Edition. Updated throughout, the book reflects the Council on Social Work Education's (CSWE) latest accreditation standards as well as contemporary issues in social work literature. The authors emphasize the practical skills you'll need to work effectively in the area of macro practice – providing leadership, working with supervisors, managing conflict, working with the media, using new technologies, fundraising, grant writing, and managing stress. You'll learn how to use one-on-one and group practice skills for community and organizational change. Realistic vignettes and practical features – hands-on tips, sample forms, and a running case study – deepen your expertise and enhance your performance in the field. This edition is available with the MindTap online learning solution.

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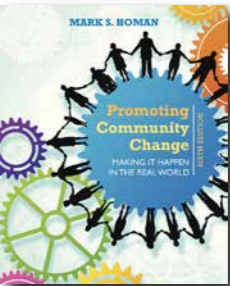
1. Introduction to Generalist Practice with Organizations and Communities. 2. Stress and Time Management. 3. Using Micro Skills with Organizations and Communities. 4. Group Skills for Organizational and Community Change. 5. Understanding Organizations. 6. Decision Making for Organizational Change. 7. Implementing Organizational Change: Agency Policy, Projects, and Programs. 8. Understanding Neighborhoods and Communities. 9. Macro Practice in Communities. 10. Evaluating Macro Practice. 11. Advocacy and Social Action with Populations-at-Risk. 12. Ethics and Ethical Dilemmas in Practice with Organizations and Communities. 13. Using Supervision. 14. Developing and Managing Agency Resources.

PROMOTING COMMUNITY CHANGE: MAKING IT HAPPEN IN THE REAL WORLD, 6E

Mark S. Homan, Retired, Pima Community College

© 2016, 624pp, Paperback, 9781305101944

ebook



Improve the lives of individual clients and their communities with the skills you learn in PROMOTING COMMUNITY CHANGE, 6th Edition. This practical--and often humorous--text addresses the real-world issues facing professionals in social work, human services, and community health. It also emphasizes the role a strengthened community can play in preventing and solving the problems commonly experienced by individuals and families. By teaching you to identify the issues related to change, this text provides you with the tools you need to bring clients, families, and other community members together to build healthier communities for themselves, their families, and their neighbors.

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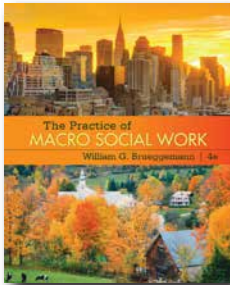
Preface. Part I: RESPONDING TO THE NEED FOR COMMUNITY CHANGE. 1. Understanding the Challenge to Change. 2. Theoretical Frameworks for Community Change. 3. Relating Community Change to Professional Practice. 4. Putting Yourself in the Picture. Part II: PUTTING THE PIECES TOGETHER. 5. Knowing Your Community. 6. People--The Most Valuable Resource. 7. Power. 8. Powerful Planning. 9. Raising Other Resources. 10. Getting the Word Out. 11. Building the Organized Effort. 12. Taking Action-Strategies and Tactics. Part III: A CLOSER LOOK AT TYPICAL CHANGE CONTEXTS. 13. Enhancing the Quality of Neighborhoods. 14. Increasing the Effectiveness of Health and Human Services Organizations. 15. Lobbying for Change. References. Index.

THE PRACTICE OF MACRO SOCIAL WORK, 4E

William G. Brueggemann, Kyushu University of Health and Welfare, Japan

© 2014, 552pp, Paperback, 9780495602286

ebook



Intended for undergraduate and graduate social work students who want to make a difference in today's modern society, this comprehensive text explores the theory and methods in nine arenas of macro social work at the community, organizational, societal, and global levels of practice. THE PRACTICE OF MACRO SOCIAL WORK, Fourth Edition, challenges you to use your concern, values, and critical thinking skills to assist those who struggle and have been excluded from making decisions that affect their lives--and to empower these less fortunate individuals to reclaim a healthy social environment for themselves and their children. The book's generalist orientation provides an organizational framework as well as history, biographical material on leading macro social workers, illustrative contemporary examples, and factual data that offers real life detail. Most important is the depth and wealth of practical information that assists you in understanding how to help people engage in solving social problems, and in influencing social change to bring about a more just society and humane global civilization. Available with InfoTrac® Student Collections <http://gocengage.com/infotrac>.

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1. Overview of the Practice of Macro Social Work. Part I: PRACTICE OF HELPING INDIVIDUALS AND GROUPS SOLVE PROBLEMS AND MAKE SOCIAL CHANGE. 2. Action-Social Model of Macro Social Work. 3. Helping Individuals and Groups: Generalist Social Work Practice. 4. Conventional and Social Problems. 5. Solving Problems and Making Social

Change. Part II: SOCIAL WORK PRACTICE WITH COMMUNITIES. 6. Community. 7. The Practice of Community Research and Planning. 8. The Practice of Community Development. 9. The Practice of Community Organizing. Part III: SOCIAL WORK PRACTICE WITH ORGANIZATIONS. 10. Social Organizations. 11. Creating New Social Organizations. 12. The Practice of Social Administration. 13. The Practice of Organization Development. Part IV: SOCIAL WORK PRACTICE AT THE NATIONAL AND INTERNATIONAL LEVELS. 13. Advocacy and Social Action: Making a Good Society. 14. The Practice of Social Work at the Global Level.

METHODS / PRACTICE WITH FAMILIES

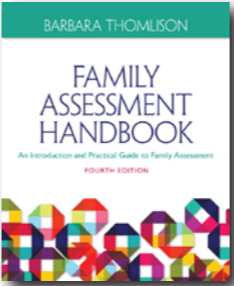
FAMILY ASSESSMENT HANDBOOK, 4E

An Introductory Practice Guide to Family Assessment

Barbara Thomlison, Florida International University

© 2016, 304pp, Paperback, 9781285443973

ebook



Prepare to work effectively with families with FAMILY ASSESSMENT HANDBOOK: AN INTRODUCTION AND PRACTICAL GUIDE TO FAMILY ASSESSMENT, Fourth Edition. Providing practical information and theoretical foundations established on evidence-based methodology, the text presents a step-by-step approach to family practice that teaches you to be a critical thinker for the study and practice of family work. You'll learn to develop multiple views of a problem, and to integrate common skills from traditional, post-modern, and evidence-based systemic family models. The evidence base for this edition reflects a resilience-based and integrated family systems approach to practice. First, you'll study relevant systems theory and concepts that guide family practice, building a foundation that will assist you in case assessment. Next, you'll be introduced to evidence-based assessment measures and interventions for common family issues. You'll also study the important role of reflection and disclosure writing skills for engaging families. New cases demonstrate the process of assessment and interventions, and exercises help you hone your skills. In addition, you'll find examples of assessment reports, intervention contracts, and capstone assessment case presentations in Appendices.

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Part I: INTRODUCING FAMILY ASSESSMENT AND INTERVENTION. 1. Family Contexts. 2.

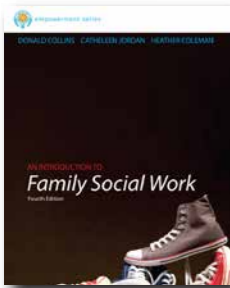
A Framework for Understanding Families. 3. The Family System. 4. Core Tasks of Family Assessment. 5. Setting Goals and Selecting Family Interventions. Part II: EFFECTIVE FAMILY STRENGTHENING INTERVENTIONS: FAMILIES COPING WITH DIFFICULT LIFE STRESSORS. 6. Standardized Measures. 7. Common Practice Approaches to Family Practice. 8. Families, Life Stressors, and Older Adults. 9. Evidence-Based Interventions for Strong Families. Part III: THE ROLE OF REFLECTIONS AND DISCLOSURE WRITING SKILLS FOR ENGAGING WITH FAMILIES. 10. Reflective Thinking and Reflective Writing. 11. Getting Connected With Your Own Family Systems. Part IV: PRACTICING FAMILY ASSESSMENT THROUGH CASE STUDIES. 12. Sharon and Her Family. 13. The Foxx Family: Physical Abuse, Aggression, and Parent/Child Management. 14. The Fernandez Family: Supporting an Older Adult. 15. The Del Sol Family: Marital Conflict and Parenting Concerns. 16. The McCoy Family: Coping with Role Change after a Mother's Death. 17. The Jacques Family: Assessment and Intervention in Intimate Partner Violence. 18. Brief Case Studies: Brittany and Her Family, Melissa and Her Family, Jeanine and Her Family. Appendix A: Checklist of Ethical Concerns. Appendix B: Contract for Goals and Service. Or, Sample Assessment and Plan for Service ?? noted in manuscript of final preface, dated 8-11-14? Appendix C: Assessment Report. Or, "Sample Assessment Reports" as noted in final preface (manuscript)? References. Index.

**BROOKS/COLE EMPOWERMENT
SERIES: AN INTRODUCTION TO
FAMILY SOCIAL WORK, 4E**

Donald Collins, *University of Calgary*; Cathleen Jordan,
University of Texas, Arlington; Heather Coleman, *University of
Calgary*

© 2013, 512pp, Paperback, 9781133312628

ebook



AN INTRODUCTION TO
FAMILY SOCIAL WORK,
Fourth Edition provides a
strong foundation in the
concepts and skills you will
need to succeed in practice
with families. The book
offers engaging case
studies, end-of-chapter
exercises, illustrations, and
graphics to familiarize you with the topics at hand.

CONTENTS

1. The Field of Family Social Work.
 2. What is Family?
 3. Family Systems.
 4. Family Development and the Life Cycle.
 5. Family Strengths and Resilience.
 6. Practical Aspects of Family Social Work.
 7. The Beginning Phase.
 8. Qualitative Family Assessment.
 9. Quantitative Family Assessment.
 10. Family Systems Interventions.
 11. The Intervention Phase.
 12. Interventions at the Child and Parental Levels.
 13. Interventions with Couples and Gender Sensitive Practice.
 14. The Termination Phase.
- References.

**METHODS / PRACTICE WITH
GROUPS**

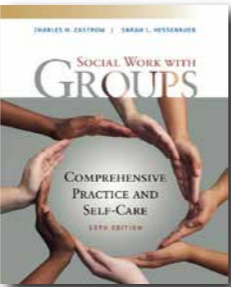
**EMPOWERMENT SERIES: SOCIAL
WORK WITH GROUPS, 10E**

Comprehensive Practice and Self-Care

Charles Zastrow; Sarah L. Hessenauer, *University of
Wisconsin-Whitewater*

© 2019, 672pp, Paperback, 9781337567916

CENGAGE | MINDTAP ebook



Build effective group
leadership skills with the
experiential and self-
evaluation exercises in
SOCIAL WORK WITH
GROUPS. The authors
discuss topics that are
central to understanding
group leadership: stages of
groups, group dynamics,
verbal and nonverbal communication, types of
groups, and diversity in groups. With support from
this book, your classroom becomes a “lab” where
you can experience what it’s like to work in and lead
many kinds of groups. This edition also emphasizes
self-care -- with 30 strategies that you can use to
improve your, and your clients’, well-being.

CONTENTS

1. Groups: Types and Stages of Development.
 2. Social Group Work and Social Work Practice.
 3. Group Dynamics: Leadership.
 4. Group Dynamics: Goals and Norms.
 5. Verbal and Nonverbal Communication.
 6. Task Groups.
 7. Working with Diverse Groups.
 8. Self-Help Groups.
 9. Social Work with Families.
 10. Organizations, Communities, and Groups.
 11. Educational Groups: With a Focus on Self-Care.
 12. Treatment Groups.
 13. Treatment Groups with Diverse and Vulnerable Populations.
 14. Termination and Evaluation of a Group.
- Appendix A: Group Treatment Theories Resource Manual. Module 1. Rational Therapy in Groups. Module 2. Behavior Therapy in Groups. Module 3. Reality Therapy in Groups. Module 4. Dialectical

Behavior Therapy in Groups. Appendix B: Answers
to Group Exercises D-F in Chapter 6.

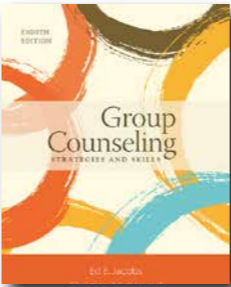
GROUP COUNSELING, 8E

Strategies and Skills

Ed E. Jacobs, *West Virginia University, Morgantown*; Christine
J. Schimmel, *West Virginia University*; Robert L. Masson, *West
Virginia University, Morgantown*; Riley L. Harvill

© 2016, 496pp, Paperback, 9781305087309

CENGAGE | MINDTAP ebook



GROUP COUNSELING:
STRATEGIES AND
SKILLS, Eighth Edition,
provides an in-depth look at
group counseling with an
emphasis on practical
knowledge and techniques
for effective group
leadership. The authors
discuss the many facets of

group counseling and provide examples of how
each skill can be applied in a wide range of group
settings to produce effective and efficient group
sessions. The book focuses on the skills necessary
for starting and ending a session, as well as on how
to make the middle phase productive and
meaningful. Its practical, active approach is
supported by nearly 50 video segments-including
several new ones-that demonstrate specific skills
as well as the integration of multiple skills and
techniques. Through its integration of traditional
theories and concepts of group process with
thoughtful strategies and specific skills, this reader-
friendly book and video clips meet the needs of
practicing or future counselors, social workers,
psychologists, and others who are leading or
preparing to lead groups in a variety of settings.

CONTENTS

1. Introduction.
2. Stages of Groups, Group Process, and Therapeutic Forces.
3. Purpose of Groups.
4. Planning.
5. Getting Started: The Beginning State and Beginning Phase.
6. Basic Skills for Group

Leaders. 7. Focus. 8. Cutting Off and Drawing
Out. 9. Rounds and Dyads. 10. Exercises. 11.
Introducing, Conducting, and Processing Exercises.
12. Leading the Middle Stage of a Group. 13. Using
Counseling Theories in Groups. 14. Counseling and
Therapy in Groups. 15. Closing a Session or Group.
16. Dealing with Problem Situations. 17. Working
with Specific Populations.

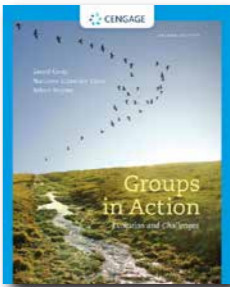
GROUPS IN ACTION, 2E

Evolution and Challenges (with Workbook, CourseMate
with DVD, 1 term (6 months) Printed Access Card)

Gerald Corey, *California State University, Fullerton (Emeritus)*;
Marianne Schneider Corey, *Licensed Therapist, Private
Practice*; Robert Haynes

© 2014, 128pp, Paperback, 9781285095059

ebook



STUDENT DESCRIPTION:
On GROUPS IN ACTION’s
exciting videos, you will see
Marianne and Gerald Corey
in action as they
demonstrate their
integrative approach to
group work. You’ll watch a
real group move through its
various stages and will

observe group members discuss real issues and
present reactions in the group context. These
compelling videos were filmed at a three-day
intensive group and show the unfolding of a live
group as the group members build “a circle of trust.”
The videos highlight the development of the group
process by showing segments of the group work
that occurred over the three-day session. Throughout
the video, the Coreys demonstrate a wide variety
of techniques and skills, including how to deal with
members’ hesitation and resistance, their feelings
of not being “good” enough, their fears of being
judged, their difficulties with intimate relationships,
and their unresolved issues with parents. A new
addition to these videos is a series of lecturettes
featuring Dr. Gerald Corey. The accompanying
exercises and explorations are directly linked to the

videos and the book, GROUPS: PROCESS AND PRACTICE, thus enabling you to build your skills and apply them to various situations. GROUPS IN ACTION is available as a DVD, CourseMate Website Printed Access Code, and Workbook package.

CONTENTS

PROGRAM 1: EVOLUTION OF A GROUP. Segment 1: Forming a Group. Segment 2: The Initial Stage. Segment 3: The Transition Stage. Segment 4: The Working Stage. Segment 5: The Ending Stage. PROGRAM 2: CHALLENGES FACING GROUP LEADERS. Segment 1: Challenges Dealing with Difficult Behaviors in Group. Segment 2: Challenges of Addressing Diversity Issues. PROGRAM 3: LECTURETTES ON THEORIES AND TECHNIQUES OF GROUP COUNSELING.

RESEARCH METHODS / STATISTICS / WRITING / EVALUATION

EMPOWERMENT SERIES: RESEARCH METHODS FOR SOCIAL WORK, 9E

Allen Rubin; Earl R. Babbie, Chapman University, Berkeley

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If you're intimidated by the thought of taking research methods, Rubin and Babbie's classic bestseller can help you overcome the fear factor often associated with this course with its reader-friendly presentation of all aspects of the research endeavor. If you're not intimidated, you'll still appreciate the authors' clear and often humorous writing style as well as the book's depth and breadth of coverage. RESEARCH METHODS FOR SOCIAL WORK, Ninth Edition, strikes an optimal balance of quantitative and qualitative research techniques -- illustrating how the two methods complement one another and can be integrated in the same study. Relevant examples from real-world settings highlight the connections between research and social work practice. Comprehensive, friendly, accurate, and integrating the best of technology, this text is widely considered the best text for the research methods course -- and when you read it, you'll see why.

CONTENTS

Part I: AN INTRODUCTION TO SCIENTIFIC INQUIRY IN SOCIAL WORK. 1. Why Study Research? 2. Evidence-Based Practice. 3. Factors Influencing the Research Process. 4. Comparing Quantitative, Qualitative, and Mixed Methods of Inquiry. Part II: THE ETHICAL, POLITICAL, AND CULTURAL CONTEXT OF SOCIAL WORK RESEARCH. 5. The Ethics and Politics of

Social Work Research. 6. Culturally Competent Research. Part III: PROBLEM FORMULATION AND MEASUREMENT. 7. Problem Formulation. 8. Conceptualization in Quantitative and Qualitative Inquiry. 9. Measurement. 10. Constructing Measurement Instruments. Part IV: DESIGNS FOR EVALUATING PROGRAMS AND PRACTICE. 11. Causal Inference and Experimental Designs. 12. Quasi-Experimental Designs. 13. Single-Case Evaluation Designs. 14. Program Evaluation. Part V: DATA-COLLECTION METHODS WITH LARGE SOURCES OF DATA. 15. Sampling. 16. Survey Research. 17. Analyzing Existing Data: Quantitative and Qualitative Methods. Part VI: QUALITATIVE RESEARCH METHODS. 18. Qualitative Research: General Principles. 19. Qualitative Research: Specific Methods. 20. Qualitative Data Analysis. Part VII: ANALYSIS OF QUANTITATIVE DATA. 21. Descriptive Data Analysis. 22. Inferential Data Analysis. Part VIII: WRITING RESEARCH PROPOSALS AND REPORTS. 23. Writing Research Proposals and Reports. Appendix A: Using the Library. Appendix B: Statistics for Estimating Sampling Error. Appendix C: Critically Appraising Meta-Analyses.

EMPOWERMENT SERIES: ESSENTIAL RESEARCH METHODS FOR SOCIAL WORK, 4E

Allen Rubin; Earl R. Babbie, Chapman University, Berkeley

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Reader friendly and clear, Rubin and Babbie's concise and social work-specific research methods text provides you with the tools you need to understand the essential content for the course. Illustrations and examples throughout show you how you can apply research to practice. Outlines, introductions, boxed features, chapter endings with main points, review questions and exercises, and Internet exercises provide you with the information and practice you need to succeed in the course. As part of the Cengage Empowerment Series, ESSENTIAL RESEARCH METHODS FOR SOCIAL WORK, 4th Edition, thoroughly integrates the core competencies and recommended practice behaviors outlined in the current Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

CONTENTS

Part I: AN INTRODUCTION TO SCIENTIFIC INQUIRY IN SOCIAL WORK. 1. Why Study Research? 2. Evidence-Based Practice. Part II: THE RESEARCH PROCESS. 3. Quantitative, Qualitative, and Mixed Methods of Inquiry. 4. Factors Influencing the Research Process. Part III: ETHICAL AND CULTURAL ISSUES IN SOCIAL WORK RESEARCH. 5. Ethical Issues in Social Work Research. 6. Culturally Competent Research. Part IV: PROBLEM FORMULATION AND MEASUREMENT. 7. Problem Formulation. 8. Measurement in Quantitative and Qualitative Inquiry. 9. Quantitative and Qualitative Measurement Instruments. Part V: SAMPLING AND SURVEYS.

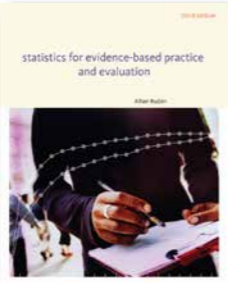
10. Surveys. 11. Sampling: Quantitative and Qualitative Approaches. Part VI: DESIGNS FOR EVALUATING PROGRAMS AND PRACTICE. 12. Experiments and Quasi-Experiments. 13. Single-Case Evaluation Designs. 14. Program Evaluation. Part VII: ADDITIONAL QUALITATIVE AND QUANTITATIVE RESEARCH METHODS. 15. Additional Methods in Qualitative Inquiry. 16. Analyzing Available Records: Quantitative and Qualitative Methods. Part VIII: DATA ANALYSIS. 17. Quantitative Data Analysis. 18. Qualitative Data Analysis. Appendix A: Using the Library. Appendix B: Writing Research Proposals. Appendix C: Writing Social Work Research Reports. Appendix D: Random Numbers. Appendix E: Using Effect Sizes to Bridge the Gap Between Research and Practice. Glossary. Bibliography. Index.

STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION, 3E

Allen Rubin

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ebook



Both practical and easy to read, Rubin's social work-specific STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION provides you with a step-by-step guide that will help you succeed in your course. Practice illustrations and exercises

support your ability to study and retain core concepts, while practical examples provide you with the opportunity to see how and when data analysis and statistics are used in the real world.

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Part 1: INTRODUCTION AND EVIDENCE-BASED PRACTICE. 1. Why Study Statistics? 2. Use of Statistics in Evidence-Based Practice. 3. Review of Key Research Methodology Concepts and Terms. Part 2: DESCRIPTIVE STATISTICS. 4. Frequency Distributions. 5. Graphs and Charts. 6. Measures of Central Tendency. 7. Measures of Dispersion. 8. Types of Distributions. 9. z-Scores, Percentiles, and Effect Size. Part 3: INFERENTIAL DATA ANALYSIS: CONCEPTUAL FOUNDATION. 10. Probability and Sampling Distributions. 11. Hypothesis Testing and Statistical Significance. 12. Type I and Type II Errors. 13. Interpreting the Strength and Importance of Relationships. Part 4: INFERENTIAL DATA ANALYSIS: PARAMETRIC AND NONPARAMETRIC PROCEDURES. 14. The t-Test. 15. Analysis of Variance. 16. Cross-Tabulation and Chi-Square. 17. Correlation. 18. Regression Analysis. 19. Applications to Single-System Evaluation Designs. Appendix A: Review of Some Math Basics. Appendix B: Statistical Symbols. Appendix C: A Conceptual Overview of Factor Analysis. Appendix D: A Conceptual Overview of Discriminant Analysis. Appendix E:

A Conceptual Overview of Logistic Regression. Appendix F: A Conceptual Overview of Multilevel Modeling (Hierarchical Linear Models). Appendix G: A Conceptual Overview of Path Analysis. Appendix H: A Conceptual Overview of Structural Equation Modeling. Appendix I: A Conceptual Overview of Event History Analysis (Survival Analysis). Appendix J: Reporting Your Statistical Findings. Appendix K: Preparing Data for Analysis. Appendix L: Hypothetical Data Set for SPSS. Appendix M: SPSS Instructions and Exercises. Glossary. References. Index.

SOCIAL WELFARE POLICY AND HISTORY

EMPOWERMENT SERIES, 4E

Social Welfare Policy and Social Programs, Updated

Elizabeth A. Segal, Arizona State University

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Segal's EMPOWERMENT SERIES: SOCIAL WELFARE POLICY AND SOCIAL PROGRAMS, ENHANCED, 4th Edition, does more than enable you to identify, describe, and analyze social welfare policies—it also draws you into an examination of the values and beliefs that drive

our social welfare system. The author demonstrates how the myriad values of diverse groups in America have influenced current policies, and shows that analysis takes place through the lens of these often opposing values. Strategies for how these policy insights can be applied to influence the policy-making process are also presented. The dual themes of critical thinking and critical evaluation provide the framework of the book, and Segal's inclusion of international perspectives on values around social welfare policies and social programs heightens your awareness of the global implications of social work around the world.

CONTENTS

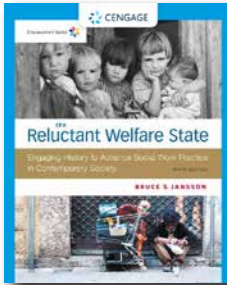
Part I: UNDERSTANDING SOCIAL WELFARE. 1. Social Welfare Policy and Underlying Values. 2. Historical Foundations of Social Welfare in America. 3. Conceptual Foundations of Social Welfare Policy. 4. Analyzing and Researching Social Welfare Policies. 5. The Delivery of Social Welfare Services. Part II: CRITICAL CONCERNS THAT AFFECT ALL ARENAS OF SOCIAL WELFARE. 6. Social Justice and Civil Rights. 7. Poverty and Economic Inequality. 8. Economics, Employment, Budgets, and Taxes. Part III: KEY SOCIAL WELFARE POLICIES AND PROGRAMS. 9. Social Insurance. 10. Aging and Social Welfare Policy. 11. Children and Families. 12. Health Care Policy. Part IV: BUILDING ON OUR KNOWLEDGE OF SOCIAL WELFARE POLICY AND SOCIAL PROGRAMS. 13. United States Social Welfare Policies and International Comparisons. 14. Policy Practice and the Impact of Social Welfare Policies.

EMPOWERMENT SERIES: THE
RELUCTANT WELFARE STATE, 9E

Bruce S. Jansson, School of Social Work, University of Southern California

© 2019, 624pp, Hardback, 9781337565639

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Social welfare programs often get blamed for the nation's budget woes. Is that fair? Gain insight into our "reluctant" social welfare system from a top scholar on the subject. Bruce Jansson analyzes the evolution of the American welfare state from colonial times to the present--placing social policy in its political, cultural and societal context. Rather than passively reading, you'll interact with the issues, oppressed populations, ethical choices, social and ideological conflicts, advocates and policies in preceding eras and in the contemporary period. You'll see how vulnerable populations and social reformers have achieved progressive reforms through policy advocacy. THE RELUCTANT WELFARE STATE also helps you develop the core competencies and practice behaviors outlined in the Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

CONTENTS

1. The Symbiotic and Uneasy Relationship: Clients, Social Workers, and the Welfare State. 2. Making the American Welfare State More Humane--Past, Present, and Future. 3. Fashioning a New Society in the Wilderness. 4. Social Welfare Policy in the 19th Century: 1789–1902. 5. Social Reform in the Progressive Era. 6. Social Policy to Address the Worst Economic Catastrophe in U.S. History. 7. The Era of Federal Social Services: The New Frontier and the Great Society. 8. The Paradoxical Era: 1968–1980. 9. The Conservative Counterrevolution in the Era of Reagan and Bush, Sr. 10. Reluctance Illustrated: Policy Uncertainty During the Clinton

Administration. 11. George W. Bush's Quest for Realignment. 12. Would President Barack Obama Reverse the Cycle of History? 13. President Donald Trump: Populist or Conservative?

EMPOWERMENT SERIES: BECOMING
AN EFFECTIVE POLICY ADVOCATE, 8E

Bruce S. Jansson, School of Social Work, University of Southern California

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CENGAGE | MINDTAP ebook



Jansson's BECOMING AN EFFECTIVE POLICY ADVOCATE teaches you the ins and outs of conducting policy practice, preparing you to become an effective policy advocate during your own career. The eighth edition's coverage includes discussion of such events and issues as Barack Obama's presidency, the presidential primaries and election of 2016, the battle over equality among national politicians in 2016, and many issues facing social agencies. By going beyond the traditional foundational approach to policy, this text helps you develop the skills you need to become an advocate for social change. It offers you practical guidance on how to develop social media campaigns, and discusses ways you can participate in reducing inequality -- the issue that drew the attention of millions of millennials in the presidential election of 2016.

CONTENTS

Preface. Part I: BECOMING MOTIVATED TO BECOME A POLICY ADVOCATE AND A LEADER. 1. Joining a Tradition of Social Reform. 2. Articulating Four Rationales for Participating in Policy Advocacy. Part II: SURMOUNTING CYNICISM BY DEVELOPING POLICY-ADVOCACY

SKILLS. 3. Obtaining Skills and Competencies for Policy Advocacy. Part III: NAVIGATING THE ECOLOGY OF POLICY IN THE U.S. AND A GLOBAL WORLD. 4. Understanding the Ecology of Policy in Governmental, Electoral, Community, and Agency Settings. 5. Expanding Policy Advocacy Across National Borders. Part IV: COMMITTING TO PROBLEMS AND SOLUTIONS THROUGH BUILDING AGENDAS AND ENGAGING IN POLICY ANALYSIS. 6. Committing to an Issue: Building Agendas. 7. Analyzing Problems in the First Step of Policy Analysis. 8. Developing Policy Proposals in Second, Third, and Fourth Steps of Policy Analysis. 9. Presenting and Defending Policy Proposals in the Fifth and Sixth Steps of Policy Analysis. Part V: ADVOCATING FOR CHANGE. 10. Developing and Using Power in the Policy-Enacting Task. 11. Developing Political Strategy and Putting It Into Action in the Policy-Enacting Task. 12. Engaging in Ballot-Based Policy Advocacy. Part VI: TROUBLESHOOTING AND ASSESSING POLICIES. 13. Troubleshooting the Implementation of Policies in Task 7. 14. Toward Evidence-Based Policy During Task 8.

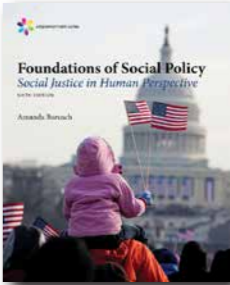
EMPOWERMENT SERIES:
FOUNDATIONS OF SOCIAL POLICY, 6E

Social Justice in Human Perspective

Amanda S. Barusch, University of Utah and University of Otago

© 2018, 576pp, Hardback, 9781305943247

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Reflecting the idea that social justice is a primary mission of the social work profession, this text provides a thorough grounding in policy analysis -- with coverage of policy practice and a unique emphasis on the human dilemmas inherent in the pursuit of social justice.

Aligned with current standards and core competencies, FOUNDATIONS OF SOCIAL POLICY, 6th Edition introduces you to philosophical perspectives on what constitutes social justice, and identifies values and assumptions reflected in contemporary policy debates. Students have said they like how this book deepens their understanding of current developments, including topics straight from the headlines. The book also introduces you to people whose lives are influenced by U.S. policies, as well as to those who have shaped the policies.

CONTENTS

Preface. Part I: POLICY ANALYSIS: FRAMEWORKS AND TOOLS. 1. Social Justice and Social Workers. 2. The Government's Role. 3. Policy Analysis and Policy Practice. Part II: COLLECTIVE RESPONSES TO SOCIAL PROBLEMS. 4. The Social Security Act. 5. Poverty and Inequality. 6. Health. 7. Mental Illness. 8. Disability. 9. Crime and Criminal Justice. Part III: VULNERABLE POPULATIONS: DISCRIMINATION AND OPPRESSION. 10. People of Color. 11. Gay, Lesbian, Bisexual, and Trans Individuals. 12. Children. 13. Women. 13. Older Adults. 14. Working Americans. Conclusion.

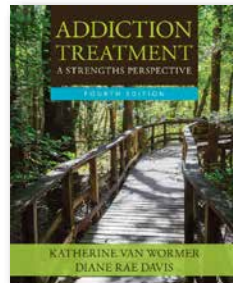
SPECIAL TOPICS

ADDICTION TREATMENT, 4E

Katherine van Wormer, *University of Northern Iowa*; Diane Rae Davis, *Eastern Washington University*

© 2018, 696pp, Paperback, 9781305943308

CENGAGE | MINDTAP ebook



ADDICTION TREATMENT covers the biological, psychological, and social aspects of alcoholism, eating disorders, compulsive gambling, and other addictions. The authors bridge the gap between the popular twelve-step and harm-reduction

approaches, thus illuminating how you, as a future practitioner, can guide your clients down a trusted path that is tailored towards the client's particular needs. Through a number of first-person narratives about the experience of addiction, you will discover a realism and depth not commonly found in textbooks. Interesting and relevant topics -- such as the case against so-called underage drinking laws and an inside story of working in a casino -- draw you into the material and illustrate the importance of reducing harm within the biopsychological framework that ties the text together.

CONTENTS

Part I: INTRODUCTION. 1. The Nature of Addiction. 2. Historical Perspectives. Part II: THE BIOLOGY OF ADDICTION. 3. Substance Misuse, Dependence, and the Body. 4. Substance Misuse with a Co-Occurring Mental Disorder or Disability. 5. Gambling, Eating Disorders, Shopping, and Other Behavioral Addictions. Part III: THE PSYCHOLOGY OF ADDICTION. 6. Addiction Across the Life Span. 7. Screening and Assessment. 8. Strengths- and Evidence-Based Helping Strategies. 9. Mutual Help Groups and Spiritual/Religious Resources. Part IV: THE SOCIAL ASPECTS OF ADDICTION. 10. Family Risks and Resiliencies. 11. Ethnicity, Culture,

and the Socioeconomic Determinants of Addiction. 12. Gender and Sexual Orientation Differences. 13. Public Policy. Appendix.

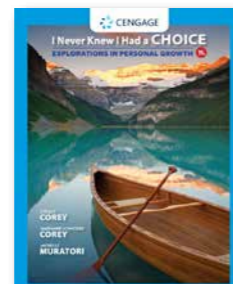
I NEVER KNEW I HAD A CHOICE, 11E

Explorations in Personal Growth

Gerald Corey, *California State University, Fullerton (Emeritus)*; Marianne Schneider Corey, *Licensed Therapist, Private Practice*; Michelle Muratori, *Center for Talented Youth at Johns Hopkins University, Baltimore, Maryland*

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Honest and inspiring, *I NEVER KNEW I HAD A CHOICE: EXPLORATIONS IN PERSONAL GROWTH*, 11th Edition, will motivate you to focus on your personal growth and create real change. The text covers a broad range of key topics, including personal style of

learning, the effects of childhood and adolescence experiences on current behavior and choices, meeting the challenges of adulthood and autonomy, and many other issues related to personal growth and development. The warm yet research-based discussion of significant dimensions of life will help you examine the choices you've made, expand your awareness of the choices available to you, and choose where to go from here. As you work through the text's self-inventories, exercises, and activities -- and read the first-person accounts of the difficult choices real people have made -- you'll gain invaluable insight into your life, beliefs, and attitudes in a personally empowering way.

CONTENTS

1. Invitation to Personal Learning and Growth. 2. Reviewing Your Childhood and Adolescence. 3. Adulthood and Autonomy. 4. Your Body and Wellness. 5. Managing Stress. 6. Love. 7. Relationships. 8. Becoming the Woman or Man You

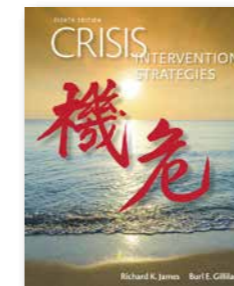
Want to Be. 9. Sexuality. 10. Work and Recreation. 11. Loneliness and Solitude. 12. Death and Loss. 13. Meaning and Values.

CRISIS INTERVENTION STRATEGIES, 8E

Richard K. James, *University of Memphis*; Burl E. Gilliland, *Late of University of Memphis*

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CENGAGE | MINDTAP ebook



This authoritative, best-selling text presents the latest skills and techniques for handling crisis situations. The authors' task model clearly illustrates and elucidates the process of dealing with people in crisis, from defining the problem to obtaining commitment.

Using this model, the authors build specific strategies for handling a myriad of different crisis situations, accompanied in many cases with the dialogue that a practitioner might use when working with the individual in crisis. This book puts you on the front lines with the crisis worker throughout the chapters, and then illuminates the techniques and strategies the worker used. New videos in MindTap (available with the text) correlate with the text and demonstrate crisis intervention techniques, ensuring that you not only understand the theoretical underpinnings of crisis intervention theories, but also know how to apply them in crisis situations.

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Part I: BASIC TRAINING: CRISIS INTERVENTION THEORY AND APPLICATION. 1. Approaching Crisis Intervention. 2. Culturally Effective Helping. 3. The Intervention and Assessment Models. 4. Tools of the Trade. 5. Crisis Case Handling. 6. Telephone and Online Crisis Counseling. Part II: HANDLING SPECIFIC CRISES: GOING INTO THE

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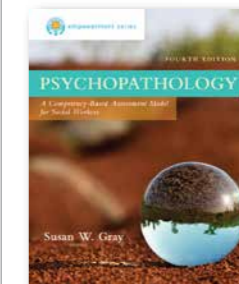
EMPOWERMENT SERIES: PSYCHOPATHOLOGY, 4E

A Competency-based Assessment Model for Social Workers

Susan W. Gray, *Barry University*; Marilyn R. Zide, *Late of Barry University*

© 2017, 480pp, Paperback, 9781305101937

ebook



Written by a practicing social worker, *PSYCHOPATHOLOGY* offers a compelling look at the current state of knowledge about mental disorders. The authors' accessible narrative blends with detailed, realistic vignettes to give you an

inside look at what it means to practice psychopathology today. Part of the Cengage Empowerment Series, the fourth edition is completely up to date and thoroughly integrates the new DSM-V. It also integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

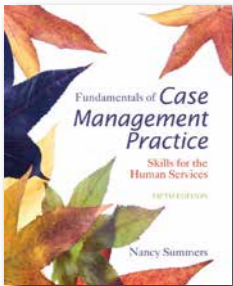
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1. An Introduction to the Competency-Based Assessment Model. 2. Neurodevelopmental Disorders. 3. Schizophrenia Spectrum and Other Psychotic Disorders. 4. Bipolar and Related Disorders. 6. Anxiety Disorders. 7. Obsessive-Compulsive and Related Disorders. 8. Trauma- and Stressor-Related Disorders. 9. Dissociative Disorders. 10. Somatic Symptom and Related Disorders. 11. Feeding and Eating Disorders. 12. Elimination Disorders. 13. Disruptive, Impulse-Control, and Conduct Disorders. 14. Substance-Related and Addictive Disorders. 15. Neurocognitive Disorders. 16. Personality Disorders.

FUNDAMENTALS OF CASE MANAGEMENT PRACTICE, 5E
Skills for the Human Services

Nancy Summers, Harrisburg Community College
© 2016, 544pp, Paperback, 9781305094765

CENGAGE | MINDTAP ebook



This text/workbook is a step-by-step guide through the case management process, from intake and assessment to referrals and termination. The fifth edition focuses on what is most important for students to consider, document, and pass along in each step of the human services process. Chapters walk students through each step of the case management process, while realistic exercises drawn from active professionals expose students to a broad range of true-to-life circumstances and difficulties. This edition is available with MindTap™, a seamless online learning experience that combines readings, multimedia, activities, and assessments into a singular Learning Path that guides students through the course.

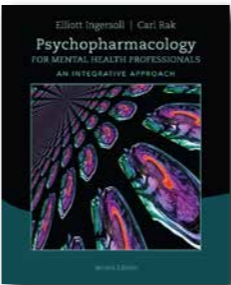
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Section 1: FOUNDATIONS FOR THE BEST PRACTICE IN CASE MANAGEMENT. 1. Case Management: Definition and Responsibilities. 2. Ethics and Other Professional Responsibilities for Human Service Workers. 3. Applying the Ecological Model: A Theoretical Foundation for Human Services. Section 2: USEFUL CLARIFICATIONS AND ATTITUDES. 4. Cultural Competence. 5. Attitudes and Boundaries. 6. Clarifying Who Owns the Problem. Section 3: EFFECTIVE COMMUNICATION. 7. Identifying Good Responses and Poor Responses. 8. Listening and Responding. 9. Asking Questions. 10. Bringing Up Difficult Issues. 11. Addressing and Disarming Anger. 12. Collaborating with People for Change. 13. Putting It All Together: Exercises. Section 4: MEETING CLIENTS AND ASSESSING THEIR STRENGTHS AND NEEDS. 14. Documenting Initial Inquiries. 15. The First Interview. 16. Social Histories and Assessment Forms. 17. Using the DSM. 18. The Mental Status Examination. 19. Receiving and Releasing Information. Section 5: DEVELOPING A PLAN WITH A CLIENT. 20. Developing a Service Plan at the Case Management Unit. 21. Preparing for a Service Planning Conference or Disposition Planning Meeting. 22. Making the Referral and Assembling the Record. 23. Documentation and Recording. Section 6: MONITORING SERVICES AND FOLLOWING THE CLIENT. 24. Monitoring the Services or Treatment. 25. Developing Goals and Objectives at the Provider Agency. 26. Terminating the Case.

PSYCHOPHARMACOLOGY FOR MENTAL HEALTH PROFESSIONALS, 2E

An Integrative Approach
R. Elliott Ingersoll, Cleveland State University; Carl F. Rak, Cleveland State University
© 2016, 432pp, Paperback, 9781285845227

ebook



Master the basics of psychopharmacology with

PSYCHOPHARMACOLOGY FOR MENTAL HEALTH PROFESSIONALS, Second Edition. Concise yet comprehensive, this counseling text covers the basic principles of psychopharmacology, commonly prescribed psychotropic drugs for adults, and psychotropic medications prescribed to children. Psychological, cultural, and social issues related to psychopharmacology are also addressed. Numerous case examples, study questions, bolded key terms, and a glossary help you understand and applying the material. Practical information about how to talk with clients about medication and compliance as well as hands-on information about how to approach collaboration with prescribing professionals prepares you to apply what you have learned to practice. This edition includes new material on psychosocial treatments that complement the most prescribed medications, expanded discussion of medication of children and the elderly, a new chapter on drug replacement therapies, reference to changes in the DSM-5, and more.

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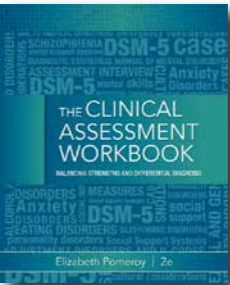
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CLINICAL ASSESSMENT WORKBOOK, 2E

Balancing Strengths and Differential Diagnosis
Elizabeth Pomeroy, University of Texas, Austin
© 2015, 480pp, Paperback, 9781285748887

ebook



This practical workbook facilitates your understanding of the DSM-5 and other texts related to the diagnoses of mental disorders, enhancing your ability to assess your clients' strengths and to diagnose any emotional difficulties the clients may be experiencing. THE CLINICAL ASSESSMENT WORKBOOK: BALANCING STRENGTHS AND DIFFERENTIAL DIAGNOSIS, 2nd Edition, offers a wealth of real life examples and exercises, providing you with the opportunity to practice your assessment skills in a classroom environment prior to entering the field as a mental health professional. You'll learn the various diagnostic categories of the DSM-5-along with dual diagnoses, symptom formulation, and the overlap between diagnostic categories-as well as how to apply these categories to clients you will be seeing in practice.

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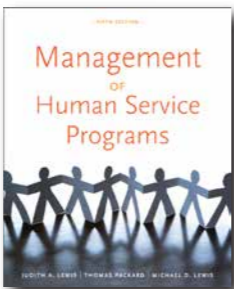
1. Introduction. 2. Neurodevelopmental Disorders. 3. Schizophrenia Spectrum and Other Psychotic Disorders. 4. Bipolar and Related Disorders. 5. Depressive Disorders. 6. Anxiety Disorders. 7. Obsessive-Compulsive and Related Disorders. 8. Trauma- and Stressor-Related Disorders. 9. Dissociative Disorders. 10. Somatic Symptom and Related Disorders. 11. Feeding and Eating Disorders. 12. Sleep-Wake Disorders (Breathing-Related Sleep Disorders, Parasomnias) 13. Sexual Dysfunctions. 14. Gender Dysphoria. 15. Disruptive, Impulse-Control, and Conduct Disorders. 16. Substance-Related and Addictive Disorders. 17. Non-Substance-Related Disorders/Gambling Disorder. 18. Neurocognitive Disorders (Major and Mild Neurocognitive Disorders). 19. Personality Disorders. 20. Paraphilic Disorders. 21. Medication-Induced Movement Disorders and Other Adverse Effects of Medication. 22. Other Conditions That May Be a Focus of Clinical Attention.

MANAGEMENT OF HUMAN SERVICE PROGRAMS, 5E

Judith A. Lewis, *Governors State University*; Thomas R. Packard, *San Diego State University*; Michael D. Lewis

© 2012, 320pp, Paperback, 9780840034274

ebook



Practical and easy to use, this human services text provides important guidelines for working within agencies. The authors address important topics germane to management and administration, including evidence-based and empirically based

practice, as well as challenges of management, environments of human service agencies, program design, organizational theory and design, human resources, supervisory relationships, finances, information systems, program evaluation, organizational change, leadership, and achieving and maintaining organizational excellence. To help you view issues in action, the authors have included a case example in each chapter, along with reflection questions to help you reflect on how you would handle the scenario.

CONTENTS

1. Facing the Challenges of Management. 2. The Environments of Human Service Organizations. 3. Planning and Program Design. 4. Organizational Theory for Human Service Organizations. 5. Organization Design. 6. Developing and Managing Human Resources. 7. Building Supervisory Relationships. 8. Managing Finances to Meet Program Goals. 9. Designing and Using Information Systems. 10. Evaluating Human Service Programs. 11. Leading and Changing Human Service Organizations. 12. Achieving and Maintaining Organizational Excellence.

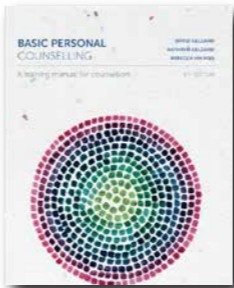
THEORIES

BASIC PERSONAL COUNSELLING: A TRAINING MANUAL FOR COUNSELLORS, 8E

David Geldard; Kathryn Geldard, *Retired*; Rebecca Yin Foo

© 2017, 400pp, Paperback, 9780170364362

ebook



Basic Personal Counselling is an easy to read introduction to counselling that reflects current best practice. It teaches core interviewing skills and provides a framework of practical examples and training group exercises to enable students to

progressively build a skill repertoire. The book is designed to prepare students for field placement and therefore has a strong vocational focus. • Introduces counselling skills in a logical sequence and provides practical examples of the skills in action • Discusses the process of change involved in counselling • Provides approaches for counselling people with specific problems such as anger, depression, grief, suicidal ideation • Discusses professional issues including: confidentiality, ethics, record keeping

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Part 1. The nature and purpose of counselling 1. What is counselling 2. The counselling relationship 3. Influence of the counsellor's values Part 2. Foundation skills 4. Learning foundation skills 5. Joining and listening 6. Reflection of content (paraphrasing) 7. Reflection of feelings 8. Reflection of content and feelings 9. Use and abuse of questions 10. Summarising 11. Matching language and metaphor 12. Creating comfortable closure Part 3. Promoting change 13. Various approaches to counselling 14. Working collaboratively 15. An integrative approach to helping a person to change 16. Combining skills to facilitate the change

process Part 4. Additional skills for promoting change 17. Normalising 18. Using the 'here and now' experience 19. Confrontation 20. Challenging self-destructive beliefs 21. Externalising 22. Solution-focused counselling skills 23. Exploring polarities 24. Reframing 25. Making decisions 26. Facilitating action 27. Experiential counselling skills 28. Facilitating relaxation Part 5. Dealing with particular problems 29. Counselling those troubled by addiction 30. Counselling those troubled by anger 31. Counselling those troubled by depression 32. Counselling those troubled by grief and loss 33. Crisis intervention 34. Responding to suicidal intentions Part 6. Technology and counselling 35. Telephone counselling 36. Internet counselling Part 7. Professional issues 37. The counselling environment 38. Keeping records of counselling sessions 39. Cultural issues 40. Confidentiality and other ethical issues 41. Counsellor training and the need for supervision 42. Looking after yourself

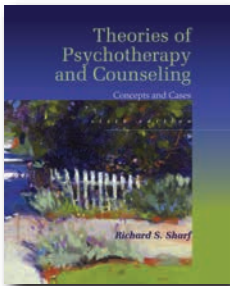
THEORIES OF PSYCHOTHERAPY & COUNSELING, 6E

Concepts and Cases

Richard S. Sharf, University of Delaware

© 2016, 816pp, Paperback, 9780357671047

ebook



Reflecting the latest practices from the field, the comprehensive THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES, 6th Edition equips you with a solid understanding of the systematic theories of psychotherapy and

counseling. A proven author and popular professor, Dr. Richard Sharf combines a thorough explanation of concepts with insightful case summaries and therapist-client dialogues that illustrate techniques and treatment in practice. He demonstrates how to apply theories to individual therapy or counseling for common psychological disorders-such as depression and generalized anxiety disorders-as well as how to apply them to group therapy. For major theories, the text includes basic information about background, personality theory, and theory of psychotherapy to help you understand the application of psychotherapy theory. In addition, insight into the personal lives and philosophical influences of theorists helps explain how the theorists view human behavior.

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- 3. Jungian Analysis and Therapy.
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- 10. Cognitive Therapy.
- 11. Reality Therapy.
- 12. Constructive Approaches.
- 13. Feminist Therapy: A Multicultural Approach.
- 14. Family Therapy.
- 15. Other Psychotherapies.
- 16. Integrative Therapies.
- 17. Comparison and Critique.

Notes



Cengage Learning Asia Pte Ltd

151 Lorong Chuan #02-08

New Tech Park (Lobby H)

Singapore 556741

T (65) 6410 1200

F (65) 6410 1208

E asia.info@cengage.com

URL www.cengageasia.com